

Young Child 4 - 12 years old

The American Academy of Pediatrics recommends that you take your young child to see the doctor for a check-up at the following ages:

- 4 years
- 5 years
- 6 years
- 8 years
- 10 years
- 11 years
- 12 years

The American Academy of Pediatrics recommends the following tests and check-ups for young children:

At every check-up, your doctor should do the following:

- Review your child's health history
- Measure the height and weight
- Check the eye sight and hearing
- Assess how your child is developing and behaving
- Physical exam
- Talk with you about your child's growth and how to prevent accidents
- Blood pressure

There are also some check-ups that your child may only need once or twice:

Immunizations

- Between 3 and 5 years old

Urine Test

- When your child is 5 years old

Ask the doctor if your child would benefit from the following check-ups:

- Tuberculosis Test
- Cholesterol Screening

Making sure that your child has regular check-ups is one way to help keep him or her healthy. Sometimes it is hard to take the time to go to the doctor, but your child's health is worth it.

As a member of your health plan, you have chosen a Primary Care Doctor for your child. If you don't know who your child's Primary Care Doctor is, call your health plan.

If it is time for a check-up, call and make an appointment today!

Be Prepared

KEEP THESE PHONE NUMBERS HANDY

Fill in the numbers below so you can get the right medical care when you need it.

My Doctor

In case of Emergency, call 911 or

Poison Control

Pharmacy

After Hours Clinic

