

Baby and Toddler | Birth to Three Years

The American Academy of Pediatrics recommends that you take your baby to see the doctor for a check-up at the following ages:

- Newborn
- 2-4 days
- by 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 2 years
- 3 years

The American Academy of Pediatrics recommends the following tests and check-ups for babies:

At every check-up, your doctor should do the following:

- Review your baby's health history
- Measure the height and weight
- Measure the size of your baby's head
- Check your baby's eye sight and hearing
- Assess how your baby is growing and behaving
- Talk with you about your baby's development and how to prevent accidents
- Physical Exam
- Check to see if your baby needs immunizations (shots)

There are also some check-ups your baby may need only once or twice:

Lead Screening

- At 9 to 12 months and 24 months of age

Anemia Test (PKU)

- At 6 to 12 months and 15 months of age

When your baby is 12 months old, ask the doctor if your baby would benefit from the following check-ups:

- Tuberculosis Test
- Referral to see the dentist

Making sure that your baby has regular check-ups is one way to help keep him or her healthy. Sometimes it is hard to take the time to go to the doctor, but your baby's health is worth it.

As a member of your health plan, you have chosen a Primary Care Doctor for your baby. If you don't know who your baby's Primary Care Doctor is, call your health plan.

If it is time for a check-up, call and make an appointment today!

Be Prepared

KEEP THESE PHONE NUMBERS HANDY

Fill in the numbers below so you can get the right medical care when you need it.

My Doctor

In case of Emergency, call 911 or

Poison Control

Pharmacy

After Hours Clinic

