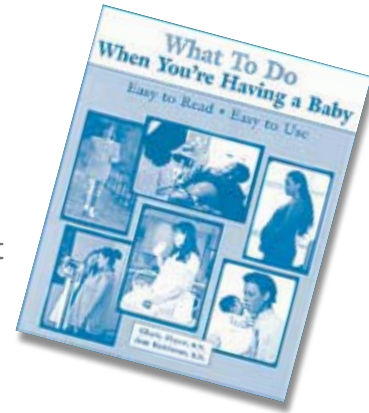


SEE YOUR DOCTOR EARLY

If you're pregnant, go in to see your provider early and we'll send you a \$25 Gift Card!

You will also get a free book as part of the Your Body, Your Baby program.

The first three months of your pregnancy are very important for you and your baby. Your first visit is a great time to ask questions, learn about healthy eating, and find out how your baby is growing. See your provider or midwife early to keep your baby—and yourself—healthy.



To receive your \$25 gift card, you must visit your provider within your first trimester **(the first 12 weeks of pregnancy)** or within the first 40 days of enrollment with San Francisco Health Plan.

You can get a second \$25 gift card

If you go in to **see your provider 3-8 weeks after you have your baby.** You can call us at **(800)-288-5555** once you have your baby for information.

For more information call **(800) 288-5555**
Monday–Friday 8:30am to 5:30pm

Tear off and have your provider complete the form below.
Return it in the enclosed envelope to receive your \$25 gift card.



**SAN FRANCISCO
HEALTH PLAN™**

Here for you

Please send my free book and \$25 gift card for (check one):



Member Information

Member Name: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Birth Date: _____ / _____ / _____

SFHP ID#: _____

Please have your provider complete this section

Date of Initial Prenatal Check-up: _____ / _____ / _____

Due date: _____ / _____ / _____

Clinic/Office Name: _____

Clinic/Office Phone Number: (_____) _____ - _____

Clinic/Office Signature or Stamp: _____