

**DIABETES CARE FLOW SHEET**

Patient Name: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Type of Diabetes: I / II (circle one)

Gender: M / F (circle one)

Age of Onset: \_\_\_\_\_

Smoker: Y / N (circle one)

Write the dates of service in the shaded area.

Place a check under the dates of service for the exams, labs, or interventions completed for each visit.

Dates of Service														
<b>PHYSICAL EXAM</b>														
BP (Goal: <130/85; Every Visit)														
Retinal Exam Performed (Yearly)														
Weight (Every Visit)														
Foot Exam (Every Visit: Vascular, Skin Condition, Sensation)														
<b>LAB</b>														
HbA1c (Quarterly)														
Lipid Profile (Yearly: Chol, Tri, HDL, LDL)														
Urine Dipstick (Glucose, Ketones, Protein)														
Serum Creatinine (If Proteinuria Present)														
Complete Urinalysis														
Microalbuminuria (Yearly)														
<b>INTERVENTION</b>														
Self-Monitoring Logs Reviewed (Every Visit)														
Smoking Counseling														
Referred for Retinal Exam (Yearly)														
Referred to Diabetes Educator														
Referred to a Podiatrist														
Referred to Dietitian														
ACE Inhibitor														
Pneumovax Vaccine														
Influenza Vaccine														
<b>CURRENT MEDS</b>														
Insulin														
Oral Hypoglycemic														
Other:														
Other:														

Write the name of the physician, nurse practitioner, or physician assistant in the Dr/NP/PA box below.  
Place initials in the box(es) to the right for those date(s) where care was given.

PROVIDER														
Dr/NP/PA:														
Dr/NP/PA:														
Dr/NP/PA:														
Dr/NP/PA:														

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Adapted from: American Diabetes Association. (1996). Standards of Medical Care for Patients with Diabetes Mellitus. *Diabetes Care*. 19:8-14. And Diabetes Control and Complications Research Group. (1993). The Effect of Intensive Treatment of Diabetes on the Development and Progressions of Long-Term Complications in Insulin-Dependent Diabetes Mellitus. *New England Journal of Medicine*. 329:977-986.