2014 HEDIS Criteria

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

Q: Which members are included in the sample? How is someone considered compliant?
A: Members who are between 3-17 years of age as of December 31st of the measurement year

Q: What documentation is needed in the medical record?
A: Documentation in the medical record must include the following:

**BMI**
- Evidence of height, weight and BMI percentile (percentile or percentile plotted on age-growth chart)
  - Children under age 16 must have BMI percentile or percentile on age/growth chart. BMI value alone is not acceptable for members 3-15 years old.
  - For adolescents ages 16 & 17 on the date of service, a BMI value is acceptable (along with notation of height and weight).

**Counseling for Nutrition**
- Evidence of at least ONE of the following (with date discussed):
  - Discussion of eating habits
  - Checklist indication nutrition was addressed
  - Counseling or referral for nutrition education
  - Educational materials on nutrition
  - Anticipatory guidelines for nutrition

**Counseling for Physical Activity**
- Evidence of at least ONE of the following (with date discussed):
  - Discussion of current physical activity behaviors
  - Checklist indicating physical activity was addressed
  - Counseling or referral for physical activity
  - Member received educational materials on physical activity
  - Anticipatory guidance for physical activity

Q: How to improve score for this HEDIS measure?
A: Some ideas for improving HEDIS scores for this measure are:
- MAKE IT EASY TO REMEMBER TO PROVIDE AND DOCUMENT CARE: Use standardized templates in charts and in electronic records that allow check-boxes for standard counseling activities.
- INCLUDE THE REST OF THE CARE TEAM IN THE CARE: Train support staff to provide counseling under physician/nurse guidance. Staff can distribute health education information under standing orders.
- Ensure proper documentation in medical record.
- TRAIN CODING STAFF: Use correct diagnosis and procedure codes.

Q: What codes are used?
A: Codes used to identify BMI percentile, counseling for nutrition and physical activity:

<table>
<thead>
<tr>
<th>Description</th>
<th>CPT</th>
<th>ICD-9-CM Diagnosis</th>
<th>HCPCS</th>
</tr>
</thead>
<tbody>
<tr>
<td>BMI Percentile</td>
<td>V85.5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Counseling for Nutrition</td>
<td>97802-97804</td>
<td>V65.3</td>
<td>G0270, G0271, G0447, S9449, S9452, S9470</td>
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<tr>
<td>Counseling for Physical Activity</td>
<td>V65.41</td>
<td>S9451, G0447</td>
<td></td>
</tr>
</tbody>
</table>

B: Codes used to identify exclusions:

<table>
<thead>
<tr>
<th>Description</th>
<th>ICD-9-CM Diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnancy</td>
<td>630-679, V22, V23, V28</td>
</tr>
</tbody>
</table>

Note: 2014 HEDIS Criteria is derived from the NCQA HEDIS 2014 Technical Specifications, Volume 2
Adapted with permission from LA Care’s Procedure and Diagnosis Codes document: [https://www.lacare.org/providers/resources/hedis](https://www.lacare.org/providers/resources/hedis)