

# How to get services in your care network

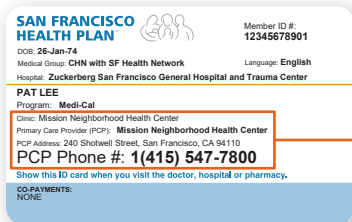
**Community Health Network** is made up of independent non-profit community clinics and the San Francisco Health Network (SFHN). SFHN is a community of top-rated clinics, hospitals including Zuckerberg San Francisco General Hospital and Laguna Honda Hospital, urgent care, behavioral health, dental, and specialty care services, and programs that connect San Franciscans to health care in over 20 San Francisco neighborhoods. SFHN connects you to more than 2,000 medical providers, including doctors from University of California, San Francisco (UCSF) School of Medicine, one of the nation's finest medical schools. Many of our staff speak multiple languages including Spanish, Chinese, and Tagalog. For more information, visit [sfhealthnetwork.org](http://sfhealthnetwork.org).



## Routine & Preventive Care

### Primary Care Provider (PCP)

Your PCP is your first point of contact for non-emergency, routine, and urgent medical needs.



Your PCP's phone number and address is on your Member ID Card

### Pharmacy Services

Go to [sfhpprovidersearch.org](http://sfhpprovidersearch.org) to find a pharmacy in your Medical Group.



### Mental Health Care

If you need to talk to someone, you can get an appointment with a psychologist or psychiatrist by calling **Beacon Health Options** at **1(855) 371-8117**.



### Hospital Care

**Zuckerberg San Francisco General Hospital and Trauma Center**  
**1(415) 206-8338**  
**1001 Potrero Avenue**



Unless it is an emergency, you must first contact your PCP. An emergency is when you have a condition that endangers your life, are in extreme or intense pain, have serious difficulty breathing, or may have a broken bone.

**If you have a medical emergency, call 911 or go to the closest emergency room for help.**

## Afterhours Care

### Urgent Care

Call your PCP's office anytime, day or night, to get medical advice. You should get a PCP urgent care appointment within 48 hours of your request.



When you need to be seen by a doctor right away because you are sick or hurting, or have symptoms like discomfort, fever, or slight pain:

### ZSFG - Adult Urgent Care Center

**1(415) 206-8052**

**1001 Potrero Avenue**

**M-F 8:00am-8:00pm; SAT-SUN 8:00am-4:00pm**

Or you can go to any Urgent Care Clinic near you.

### Teladoc® Talk to a Doctor 24/7 FREE

You can have a phone or video consultation with a Teladoc doctor, 24 hours a day, 7 days a week.



**1(800) 835-2362**

**[sfhp.org/teladoc](http://sfhp.org/teladoc)**

## Dental & Vision Care

For information on dental services, call **Denti-Cal** at **1(800) 322-6384**



For information on vision care, call **VSP Vision Care** at **1(800) 877-7195**



**Please check your Member Handbook to see what benefits are included in your plan.**

See the other side for who to call for Customer Service



Keep this handy for when you need it!

# Who Do I Call?

**SAN FRANCISCO  
HEALTH PLAN™**



*Here for you*

## Call SFHP Customer Service

**1(415) 547-7800**

**1(800) 288-5555** (toll-free)

**1(415) 547-7830** (TDD/TTY)



San Francisco Health Plan Customer Service answers questions you may have about your health care benefits and services. We can help you find information on health care choices that are available for you and your family.

- Change your PCP (doctor)
- Replace SFHP ID cards
- Assist with billing issues
- Update your contact information
- Report a complaint
- If you are having trouble scheduling appointments
- Resolve prescription drug and durable medical equipment issues
- Apply for:
  - Medi-Cal
  - Covered California
- Answer medical benefits questions
- And more

## Medi-Cal

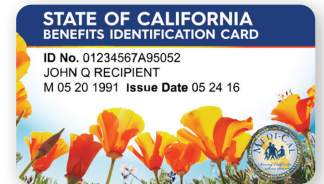
Call **Medi-Cal**

**1(415) 863-9892**

## Medi-Cal Office

They make sure that you are qualified and tell you when to reapply.

- Applying for Medi-Cal
- Renewing your Medi-Cal
- Reinstatement if your coverage has stopped
- Approval for coverage
- If your application is on hold pending renewal
- Replace Benefits Identification Card (BIC)



## Get Connected to Your Health Information



Access your health information anytime from anywhere you have internet access with SFHP HealthLink, our safe and secure Medi-Cal Member Portal:

- **Search** our health education library
- **Request** a new ID Card
- **View** your medications
- **Change** your PCP
- **Get** program and benefit updates
- **See** your personal health record
- **And more!**

**SFHP HealthLink helps you stay on top of your health care!**



**SAN FRANCISCO  
HEALTH PLAN™**



*Here for you*

**Medi-Cal**

See the other side for how to get services in your care network

