



## Resource Guide

Subject:	Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT) & Behavioral Health Treatment (BHT) Coverage for Medi-Cal Members under the Age of 21
Facility Site Review Source:	Department of Health Care Services (DHCS) All Plan Letter 20-006, Site Reviews: Facility Site Review and Medical Record Review or any superseding APL
Relevant Law/Standard:	DHCS APL 19-010 and DHCS APL 19-014
Agency/Organization Source:	Department of Health Care Services
Agency/Organization URL	<a href="https://www.dhcs.ca.gov/services/Pages/EPSDT.aspx">https://www.dhcs.ca.gov/services/Pages/EPSDT.aspx</a>

### Background:

The Department of Health Care Services (DHCS) and the Department of Managed Health Care (DMHC) published a number of new requirements in 2020.

### Responsibilities:

- Ensure appropriate authorization of services for eligible Medi-Cal members.
- Ensure that the definition of medical necessity aligns with the APL.
- Use the current AAP/Bright Futures periodicity schedule and guidelines for the provision of services.
- Ensure BHT services are provided by the appropriate provider.
- Ensure that behavioral treatment plans are reviewed, revised, and/or modified at least every six months.

### Resources:

- **DHCS APL 19-010 EPSDT**  
<https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2019/APL19-010.pdf>
- **DHCS APL 19-014 BHT**  
<https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2019/APL19-014.pdf>
- **AAP Bright Futures**  
<https://brightfutures.aap.org/Pages/default.aspx>
- **Early and Periodic Screening, Diagnostic, and Treatment Services**  
<https://www.dhcs.ca.gov/services/Pages/EPSDT.aspx>
- **Recommendations for Preventive Pediatric Health Care**  
[https://downloads.aap.org/AAP/PDF/periodicity\\_schedule.pdf](https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf)

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