

Provider Update

SAN FRANCISCO
HEALTH PLAN™



Here for you

November 1, 2014

Please See These Important Updates From San Francisco Health Plan.

Pharmacy Update

Effective 11/15/14, quantity limits will be applied on all types of topical tretinoin products. Tretinoin 0.01% and 0.025% gel will each have a quantity limit of 15 grams per month and tretinoin 0.025%, 0.05% and 0.1% cream will each have a quantity limit of 20 grams per month. Members currently using higher quantities will be grandfathered until 3/15/15 and will need to get a prescription for a formulary quantity limit after 3/15/15 or have a prior authorization submitted by their provider explaining why higher quantity is needed.

Effective 11/15/14, SFHP will be making several formulary changes to the topical steroids drug class. Please refer to "Topical Steroids Formulary Status" table linked below for a complete list of products within this class and the new formulary status. Members currently using products that will become non-formulary will be grandfathered on their existing regimen until further notice. You can find the ["Topical Steroids Formulary Status"](#) table [here](#).

Eye Exams for Patients with Diabetes

All members with diabetes have access to visits with a VSP network eye doctor every year. Members from all SFHP medical groups can call VSP at (800) 877-7195 or visit the website at www.vsp.com to find a VSP provider. We encourage all diabetic members to receive their necessary diabetes screenings before December 31, 2014. If you would like a list of your SFHP patients who are due for eye exams or other diabetes screenings, please contact Sierra Miley-Boland at sboland@sfhp.org or (415) 615-5180.

SFHP's Clinical Practice Guidelines have been Updated

Please note the new guidelines posted for [Preventive Services for Adults](#), [Preventive Services for Pediatrics](#), [Adult Depression in Primary Care](#), and [ADHD in Primary Care for School-Age Children and Adolescents](#).

If you would like laminated posters of [SFHP Adult Preventive Health Care Guidelines](#) or [SFHP Pediatric Preventive Health Care Guidelines](#) for your practice please contact Sierra Miley-Boland at sboland@sfhp.org or (415) 615-5180.

SBIRT Training Opportunities are Periodically Updated

SBIRT is a comprehensive health promotion approach for delivering early intervention and treatment services to people with, or at risk of developing, alcohol use disorders.

The SBIRT benefit has three components:

- **Universal Screening** identifies people with potential alcohol use disorders.
- **Brief Intervention** is provided to a beneficiary when the universal screening indicates moderate risk for an alcohol use disorder.
- Brief Intervention utilizes motivational interviewing techniques focused on motivating people toward positive behavioral change.
- **Referral to Treatment** provides a referral to specialty care for persons deemed to be at high risk for an alcohol use disorder.

Please check the SBIRT Training links on the [DHCS web page](#) and visit the [registration site](#) to sign up.

New Incentive for Patients with Hypertension

As part of a pilot program to be launched in November, SFHP members with hypertension will now qualify for a \$25 gift card if they get a blood pressure (BP) check from their PCP by 12/31/14. To promote the program, SFHP will be sending a mailer and providing an automated reminder call to all SFHP members with hypertension. The mailer will contain a fact sheet about BP control, and an incentive form to be completed by the member's PCP or clinic staff. The incentive form also requires that the member create a brief "healthy

heart action plan” by writing down what they will do to maintain a normal BP or lower a high BP. You can find a preview of the materials attached.

We hope that this exciting pilot program will motivate members with hypertension to learn more about managing their condition. Your questions and feedback are welcome - please contact Cassie Caravello at ccaravello@sfhp.org, or (415) 615-5149. Please see the link to the [Fact Sheet](#) and [incentive mailer here](#).

Care Coordination Helpline Update

Are you seeing a SFHP member who is struggling with medical follow-up or psychosocial barriers to good care? Our Care Coordination team can help. Our staff will answer all your questions, take your referrals, or get back to you within 2 business days if they need to research an answer. Our program is set up for members belonging to the CHN and UCSF networks, but we can talk with you and connect you to other resources if necessary. Contact Care Coordination at 415-615-4515.

Ebola Information for Healthcare Professionals

SFHP would like to share some useful resources to our providers regarding the Ebola virus. Please see links below:

- [Ebola Open Letter](#) from DHHS
- [Ebola Information for Healthcare Professionals and Healthcare Settings](#) from DHHS
- [Ebola Information for Healthcare Workers and Settings](#) from the CDC

Smoking Cessation Resource for Pregnant Women

The Department of Healthcare Services (DHCS) requests your assistance in enrolling pregnant women and new mothers in Text4baby, a **free** mobile health program of the National Healthy Mothers, Healthy Babies Coalition. In order to improve postpartum care and smoking cessation for pregnant women in California, DHCS, including the Medi-Cal program, has partnered with Text4baby to customize Text4baby messages with links to local resources and services. Please see the following links for more information: [Link to](#)

[letter from DHCS explaining how Text4baby works](#); [Link to Quit4Baby info sheet](#).

Flouride Varnish FAQ

Fluoride varnish is a Medi-Cal benefit for eligible CHDP children under six years of age. It is a low-cost and highly effective treatment that can be applied in minutes during the well child visit. Dental caries is the single most common chronic childhood disease, with striking disparities among various disadvantaged and underserved population subgroups.

What is fluoride varnish?

- A protective resin coating of sodium fluoride
- Painted on teeth in \approx 1 minute
- 1 application cuts decay risk in half. Application is easy and painless.

Who can apply fluoride varnish?

- As of 2010, CA law allows any person trained in application to apply fluoride varnish in a public health setting under a dentist's or physician's prescription based on either an individual or a population level (e.g., a blanket prescription for all children attending public health events)
- Training slides are available at [this link](#) .
- For further training information, contact Margaret Fisher, R.D.H.A.P., B.S., at (415) 575-5719 or margaret.fisher@sfdph.org (Oral Health Consultant for CHDP Child Health & Disability Prevention Program & CCHP Child Care Health Project at SFDPH)

Why is Fluoride Varnish Important?

- Parents can transmit decay causing bacteria to their child via saliva by sharing eating utensils/straws, or cleaning the pacifier by mouth.
- Bacteria live in sticky plaque attached to surfaces of the teeth. Any sugary food

like milk, juice, cookies, and crackers feed the bacteria making acid. Acid destroys the tooth.

- Sleeping with bottle: baby doesn't completely swallow all the liquid. Sugary drinks, including milk, can pool around teeth. Anything other than water can cause a problem.
 - Whether the community water is fluoridated or not, fluoride varnish is still recommended.
 - No recent dental visit – a Dental Home should be established by age one.
 - Poor Homecare – parent should brush their own teeth, and child's teeth twice a day.
 - Children with special health care needs have many health care problems and dental needs may be overlooked.
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Should you have any other concerns or need assistance with Provider Relations or Health Services issues, please do not hesitate to contact Provider Relations at (415) 547-7818 x 7084
Provider.Relations@sfhp.org or
James Glauber, MD, Chief Medical Officer, at jglauber@sfhp.org.

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