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*July 1st, 2020*

**Our July Update includes information on:**

1. SFHP Statement on Racial Equality and Community Health
2. FSR Provider Pearls: Skin Cancer Prevention Behavioral Counseling
3. SFHP Website Update: *New FSR Content Added!*
4. Pharmacy Updates: Fluoroquinolones Effects, RMD Reproductive Health
5. Medically Tailored Meals (MTM) Interventions with Project Open Hand
6. Preventive Services

## *1. SFHP Statement on Racial Equality and Community Health*

**We would like to make you aware of the important message to our members regarding racial equality and community health from SFHP's CEO, John F. Grgurina, Jr.:**

June 12, 2020

Dear SFHP Members,

I wanted to take the time to recognize the events of these past weeks and how these times remind us that we still have a long way to go towards fixing injustice and achieving true equity for our Black community. I know many of our members, employees, and providers are in pain, angry and so very sad. We want our members to know that we are here for you. We at San Francisco Health Plan (SFHP)

many others, but also contribute to the disproportionate negative impact of the COVID-19 pandemic on communities of color across the nation.

Even though SFHP's work focuses on health care; we understand that community health cannot occur until we heal the wounds of racism within all systems. We care deeply about your health and stand with our community partners and providers in making the work to achieve equity in the delivery of healthcare move ahead.

Our mission at SFHP is grounded in improving the lives of our members and we are dedicated to doing better and being part of the solution. We want to be sure you have access to the support you need, so if your physical or mental health is suffering from the combined impact of the pandemic and the events of these last weeks, the SFHP network of clinics, doctors, nurses and therapists are here for you. Please reach out for support and contact your Primary Care Provider if you are worried about your health. Please refer to the list of resources [below](#). Lastly, I ask each of you to, in some way, be good to yourself. These last few months have been a roller coaster for our country and each of us individually, and we will need strength, compassion and empathy to make it through.

Be Well,  
John F. Grgurina, Jr.  
CEO

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## *2. FSR Provider Pearls: Skin Cancer Prevention Behavioral Counseling*



This month's Provider Pearl is about skin cancer prevention behavioral counseling. According to the CDC there were 82,476 cases skin melanoma reported in 2016 ([Source](#)). The cause of the majority of cases of skin cancer is overexposure to ultraviolet (UV) light ([Source](#)).

taking every opportunity to help providers and their staff prepare for these new Facility Site Review criteria.

USPSTF recommends that young adults, adolescents, and parents of young children be counseled to minimize exposure to Ultraviolet (UV) radiation for persons aged 6 months to 24 years to reduce their risk of skin cancer ([Source](#)).

Behavioral Counseling to Prevent Skin Cancer		
Population	USPSTF recommendation grade	
<p><b>Counseling about minimizing exposure to ultraviolet radiation to reduce skin cancer risk</b></p>  <p><b>CHILDREN AND ADULTS</b> Aged 6 months to 24 years who have fair skin</p>	 <p>Recommended</p>	
 <p><b>ADULTS</b> Aged 25 years and older who have fair skin</p>	 <p>Recommendation depends on the patient's situation.</p>	
<p><b>Counseling about skin self-examination to reduce skin cancer risk</b></p>  <p><b>ADULTS</b></p>		 <p>Statement</p> <p>There is <b>insufficient</b> evidence to make a recommendation.</p>

**Tip:** Incorporating preventive counseling in the electronic health record can provide clinical decision support and guide discussions during the provision of anticipatory guidance. In a 2014 Journal of the American Medical Informatics Association article, it was found that 34% more counseling topics were documented at pediatric care visits when a fully-functional electronic health record system is utilized ([Source](#)).

Graphic Source: [Behavioral Counseling for Skin Cancer Prevention, JAMA](#)

If you have any questions, your FSR team is here to help. Please find contact information below.

manager, office manager, nurse manager, or operations person, can take the time to independently self-monitor clinic practices with the aid of SFHP checklists and DHCS Standards at least annually, we can all work together to strive toward improved quality standards in office practice operations.

**For any questions about the Facility Site Review or Medical Record Review processes or tools, please contact Jackie at [jhagg@sfhp.org](mailto:jhagg@sfhp.org) or by her direct line at 1(415) 615-5637.**

### *3. SFHP Website Update: New FSR Content Added!*



The San Francisco Health Plan (SFHP) is taking every opportunity to help providers and their staff prepares for changes coming in the California Department of Health Care Services (DHCS) All Plan Letter 20-006 Site Reviews: Facility Site Review and Medical Record Review. Due to the COVID-19 pandemic, the effective

date of July 1, 2020 for these standards has been pushed back for several months. We will keep you updated and provide an actual effective date once that information is received from DHCS.

The FSR Team hopes that you will take this additional time to access the SFHP FSR website content. There has been new content added, including a comprehensive FSR Binder for offices that can either be utilized online or printed. This binder includes item by item information aligned with Site Review Survey and Medical Record Review criteria. You can find sample compliance checklists, policies, protocols, and other resources that you can incorporate into your existing clinic practices.

We would encourage you to become familiar with the newly updated Facility Site Review page as all of the resources there will prepare and assist you with DHCS FSR compliance.

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### Facility Site Reviews of Primary Care Provider Sites

Thank you for participating in the SFHP Primary Care Provider Network and partnering with us to offer our members the high quality care they need.



<p>Facility Site Review Survey</p> <p>Download Checklist</p> <p>View Resources</p>	<p>Medical Record Review Survey Library</p> <p>Download Checklist</p> <p>View Resources</p>	<p>Physical Accessibility Review Survey</p> <p>Download Checklist</p> <p>View Resources</p>	<p>Training &amp; Resources</p> <p>Download FSR Binder</p> <p>View Resources</p>
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For any questions about Facility Site Review, please contact [fsr@sfhp.org](mailto:fsr@sfhp.org).

## 4. Pharmacy Updates: Fluoroquinolones Effects, RMD Reproductive Health

### Adverse Effects from Fluoroquinolones

A Medi-Cal Drug Safety Communication entitled “Improving Quality of Care: Update of Risks Associated with Use of Fluoroquinolones” has been published on the DHCS website. The bulletin reiterates the warning that fluoroquinolones may contribute to the spread of antibiotic-resistant bacteria and may also result in serious side effects. Providers should not prescribe systemic fluoroquinolones to patients who have other treatment options for acute bacterial sinusitis, acute bacterial exacerbation of chronic

[drug safety communication.](#)

### **Reproductive Health in Rheumatic and Musculoskeletal Diseases**

The American College of Rheumatology recently published the organization's first guideline on how to manage reproductive health issues in patients with rheumatic and musculoskeletal diseases (RMDs). Patients with RMDs face unique challenges as pregnancy may be associated with serious maternal or adverse fetal outcomes. This guideline reviews medication use in men and women for preconception, and in women during pregnancy and while breastfeeding. More information including the full guideline is available in this [DHCS educational article](#).

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## *5. Medically Tailored Meals (MTM) Interventions with Project Open Hand*

Providers can refer certain SFHP Medi-Cal members for two separate medically tailored meals (MTM) interventions for people with either Congestive Heart Failure (CHF) or COVID-19. These programs are provided by Project Open Hand, a nutrition service agency serving San Francisco.

Through a statewide DHCS funded pilot, providers can refer Medi-Cal members with Congestive Heart Failure, directly to Project Open Hand for an MTM intervention. Those who are eligible and enrolled into the program will receive 12 weeks of medically tailored meals in addition to four Medical Nutrition Therapy sessions with a Registered Dietician to manage their CHF. Specific eligibility information and provider referral packet can be found [here](#).

Secondly, through an SFHP funded pilot, providers can refer SFHP Medi-Cal members with Covid-19 or those exhibiting Covid-19 symptoms, directly to Project Open Hand for an MTM intervention. Those who are eligible and enrolled into the program will receive 3 weeks of medically tailored meals. For the referral form please contact Tuyen Tran, Social Determinants of Health Program Manager, at [tbtran@sfhp.org](mailto:tbtran@sfhp.org).

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## *6. Preventive Services*

Adult SFHP members are entitled to receive all of the Preventive identified by the U.S Preventive Services Task Force (USPTF) as "A" and "B" recommendations.

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visit <https://www.uspreventiveservicestaskforce.org/uspstf/>.

Please review any SFHP member materials related to preventive services displayed in your office and discard any materials that do not reference the current USPTF recommendations.

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Please do not hesitate to contact Provider Relations at **1(415) 547-7818 ext. 7084**, [Provider.Relations@sfhp.org](mailto:Provider.Relations@sfhp.org) or Chief Medical Officer **Jim Glauber, MD, MPH**, at [jglauber@sfhp.org](mailto:jglauber@sfhp.org).  
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