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## Pharmacy Services San Francisco Health Plan Pharmacy & Therapeutics Committee

Wednesday, January 16, 2019 7:30AM – 9:30AM 50 Beale St., 13th Floor, San Francisco, CA 94119

Meeting called by:	Lisa Ghotbi, Pharm. D	Minutes: Sheila Zeno, CPhT (SFHP Pharmacy Analyst) Back-up: Andrew Costiniano, CPhT (SFHP Pharmacy Specialist)  Type of meeting: Quarterly			
Meeting Objective:	Vote on proposed formulary and prior authorization(PA) criteria changes				
Attendees:	Voting Members:  Lisa Ghotbi, Pharm. D (SFHP Director of Pharmacy)  James Glauber, MD (SFHP Chief Medical Officer) Off-site vote  Ted Li, MD  Ronald Ruggiero, Pharm. D  Maria Lopez, Pharm. D  Linda Truong, Pharm. D  Robert (Brad) Williams, MD	Others in Attendance: Kaitlin Hawkins, Pharm. D (SFHP Pharmacist) Ralph Crowder, R.Ph (SFHP Pharmacist) Jessica Shost, Pharm. D (SFHP Pharmacist) Kent Truong, Pharm. D (SFHP Resident Pharmacist) Betty Liang (SFHP Pharmacy Student) Jenna Heath, Pharm. D (PerformRx Pharmacist)			
Members Absent:	Shawn Houghtaling, Pharm. D Nicholas Jew, MD Jamie Ruiz, MD Steven Wozniak, MD Joseph Pace, MD	Nicholas Jew, MD  Jamie Ruiz, MD  Steven Wozniak, MD			
Meeting Materials:	Summary of all approved changes are posted under "Materials" section at <a href="https://www.sfhp.org/files/meeting_agendas/PnT_Committee/PnTMaterialsJanuary2019.pdf">https://www.sfhp.org/files/meeting_agendas/PnT_Committee/PnTMaterialsJanuary2019.pdf</a> SFHP formulary is located at <a href="https://www.sfhp.org/providers/pharmacy-services/sfhp-formulary/">https://www.sfhp.org/providers/pharmacy-services/sfhp-formulary/</a> SFHP prior authorization criteria are located at <a href="https://www.sfhp.org/files/providers/formulary/SFHP_Prior_Auth_Criteria.pdf">https://www.sfhp.org/files/providers/pharmacy-services/sfhp-formulary/SFHP_Prior_Auth_Criteria.pdf</a>				

	Topic	Brought By	Discussion	Action
1.	Call to Order	Lisa Ghotbi	The meeting was called to order at 7:45 am.	Conflict of Interest checked and instructions given.
			Conflict of interest check	Introduction agenda topics done.
			Agenda overview	
2.	Informational Updates	Lisa Ghotbi	Topics:	
			DMHC Prescription Drug Cost Transparency Report (SB 17,	
			2018) (pp. 183 - 216 of January 16, 2019 P&T Packet)	
3.	Review and Approval of October 17,	Lisa Ghotbi	The committee approved the minutes as presented.	VOTE:
	2018 P&T minutes			Review and Approval of October 17, 2018 P&T
	(pp.5 - 15 of January 16, 2019 P&T			<u>Minutes</u>
	Packet)			Approved recommendations as presented.
				Motion: Ronald Ruggiero, Pharm. D
				Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action		
			****Adjourn to Closed Session****			
	Closed Session pursuant to Welfare and Institutions Code Section 14087.36 (w)					
4.	Discussion and Recommendation for	Kaitlin Hawkins	The following drug classes were reviewed for pertinent	VOTE:		
	Change to SFHP Formulary and Prior	Kent Truong	literature (including meta-analyses and pivotal clinical	Formulary Maintenance Items:		
	Authorization Criteria for Select Drug		trials), guideline updates, and drug additions to or removals	Approved recommendations as presented.		
	Classes.		from market since last class review.			
			Major recommendations included the following:			
	Formulary Maintenance Items:		Formulary Recommendations:	MMultiple Sclerosis Class Review		
	Neurology: Multiple Sclerosis		(Medi-Cal, HealthyKids HMO, HealthyWorkers HMO)	Motion: Ronald Ruggiero, Pharm. D		
	(pp.16 - 30 of January 2019 P&T		None	<u>Vote:</u> Unanimous approval (7/7)		
	Packet)		Prior Authorization (PA) Criteria Recommendations:			
	,		None			
			Drug Utilization Review (DUR) Recommendations:			
			None			
			Committee Discussion:			
			The committee had no comments or questions.			
5.	Formulary Maintenance Items:		Formulary Recommendations:	VOTE:		
	Neurology: Parkinson's Disease		(HealthyKids HMO)	Formulary Maintenance Items:		
	(pp.16 - 30 of January 2019 P&T		Remove amantadine from formulary T3-F/PA	Approved recommendations as presented.		
	Packet)		PA Criteria Recommendations:			
			None			
			DUR Recommendations:	(Parkinson's Disease Class Review		
			None	Motion: Ronald Ruggiero, Pharm. D		
			Committee Discussion:	<u>Vote:</u> Unanimous approval (7/7)		
			The committee had no comments or questions.			
6.	Formulary Maintenance Items:		Formulary Recommendations:	VOTE:		
	Neurology: Alzheimer's Disease and		(Medi-Cal, HealthyKids HMO, HealthyWorkers HMO &	Formulary Maintenance Items:		
	Dementia		Healthy San Francisco)	Approved recommendations as presented.		
	(pp.16 - 30 of January 2019 P&T		None			
	Packet)		PA Criteria Recommendations:	Alzheimer's Disease and Dementia Class Review		
			None	Motion: Ronald Ruggiero, Pharm. D		
			DUR Recommendations:	<u>Vote:</u> Unanimous approval (7/7)		
			• None			
			Committee Discussion:			
<u> </u>			The committee had no comments or questions.	Vote		
7.	Formulary Maintenance Items:		Formulary Recommendations:	VOTE:		
	Endocrinology: Lipodystrophy		(Medi-Cal, HealthyKids HMO, HealthyWorkers HMO &	Formulary Maintenance Items:		
	disorders		Healthy San Francisco)	Approved recommendations as presented.		
	(pp.16 - 30 of January 2019 P&T		• None			
	Packet)		PA Criteria Recommendations:	<u>Lipodystrophy disorders Class Review</u>		
			None     None	Motion: Ronald Ruggiero, Pharm. D		
			DUR Recommendations:	<u>Vote:</u> Unanimous approval (7/7)		
			None     Committee Discussion			
			Committee Discussion:			
0	Farmenton Malata		The committee had no comments or questions.	VOTE.		
8.	Formulary Maintenance Items:		Formulary Recommendations:	VOTE:		
	Psychiatry: Opioid, Nicotine &		(Medi-Cal, HealthyKids HMO, HealthyWorkers HMO &	Formulary Maintenance Items:		

	Topic	Brought By	Discussion	Action
	Alcohol Dependence Disorders (pp.16 - 30 of January 2019 P&T Packet)		Healthy San Francisco)  None PA Criteria Recommendations: None DUR Recommendations: None Committee Discussion: The committee had no comments or questions.	Approved recommendations as presented.  Opioid, Nicotine & Alcohol Dependence Disorders Class Review Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)
9.	Neurology: Calcitonin Gene-Related Peptide (CGRP) Receptor Antagonists (pp.31 - 43 of January 2019 P&T Packet)	Jenna Heath	The plan presented class reviews & monograph with recommendations for Neurology medications.  Major recommendations included the following:  Formulary Recommendations: (Medi-Cal, Healthy Kids HMO & Healthy Workers HMO)  • Add Emgality™ to formulary tier 3 as the preferred CGRP RA and require prior authorization to ensure appropriate diagnosis and use of preferred alternatives  • Remove Aimovig™ from formulary due to preferred alternative Emgality™ and grandfather current users  PA Criteria Recommendations:  • Update Calcitonin Gene-Related Peptide (CGRP) Receptor Antagonists criteria to reflect formulary changes above  DUR Recommendations:  • None  Committee Discussion:  The committee had no comments or questions.	VOTE: Neurology: Approved recommendations as presented.  Calcitonin Gene-Related Peptide (CGRP) Receptor Antagonists Class Review  Motion: Robert (Brad) Williams, MD Vote: Unanimous approval (7/7)
10.	Neurology Epidiolex (cannabidiol) Monograph (pp.44 - 50 of January 2019 P&T Packet)	Jenna Heath	Formulary Recommendations: (Medi-Cal, Healthy Kids HMO & Healthy Workers HMO)  • Keep Epidiolex® non-formulary at this time PA Criteria Recommendations:  • None DUR Recommendations:  • None Committee Discussion: The committee had no comments or questions.	VOTE: Neurology Approved recommendations as presented.  Epidiolex (cannabidiol) Monograph Motion: Robert (Brad) Williams, MD Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action
11.	Endocrinology Growth Hormone Disorders Class Review (pp.51 - 67 of January 2019 P&T Packet)	Kaitlin Hawkins	The plan presented class reviews and recommendations for Endocrinology medications.  Major recommendations included the following Formulary Recommendations: (Medi-Cal, Healthy Kids HMO & Healthy Workers HMO)  Add Zomacton® to formulary tier 4, preferred for its labeled indications  Remove Serostim® and Zorbtive® from formulary due to lack of utilization and no clear place in therapy  Remove non-preferred formulations of growth hormone from formulary due to preferred alternatives available for other indications: Genotropin®, Humatrope®, Omnitrope®, Saizen®  Remove Increlex® from formulary due to lack utilization and lack of criteria  Add octreotide 50mcg/mL, 100mcg/mL, and 500mcg/mL vial to formulary due to comparative costeffectiveness  Remove Somatuline® Depot and Sandostatin® LAR Depot from formulary as these should be administered by a HCP available through the medical benefit  Prior Authorization Criteria Recommendations:  Update Somatropin (Growth Hormone) criteria to reflect formulary changes above, to streamline requirements, and to remove indications for nonformulary products with limited/no place in therapy  Update Octreotide and Somavert® criteria to reflect formulary changes above  DUR Recommendations:  None  Committee Discussion:  The committee had a discussion and determined to keep HIV/AIDS wasting syndrome on criteria as a covered diagnosis.	VOTE: Endocrinology Approved recommendations as presented with the exception of keeping HIV/AIDS wasting syndrome on criteria as a covered diagnosis.  Growth Hormone Disorders Class Review Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)
12.	Endocrinology Androgens Class Review (pp.68 – 81 of January 2019 P&T Packet)	Kaitlin Hawkins	Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO & Healthy San Francisco):  None PA Criteria Recommendations: Remove specific criteria for testosterone (Axiron®) solution pump due to comparable cost-effectiveness with other non-preferred options DUR Recommendations: None Committee Discussion: The committee had a discussion regarding testosterone propionate on formulary and all transdermal being on Tier 1. It was determined that research will be done and a follow-	VOTE: Endocrinology Approve recommendations as presented.  Androgens Class Review Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action
			up will be presented at a later meeting.	
13.	Pulmonology Cystic Fibrosis Class Review (pp. 82 - 94 of January 2019 P&T Packet)	Kaitlin Hawkins	The plan presented a class review and recommendations for Pulmonology medications.  Major recommendations included the following:  Formulary Recommendations: (Medi-Cal, Healthy Kids HMO Healthy Workers HMO and Healthy San Francisco):  Remove Bethkis® (tobramycin) 300mg/4mL and tobramycin 300mg/5mL (Kitabis Pak®) from formulary due to lack of utilization and cost-effective alternative available  PA Criteria Recommendations:  Update Cystic Fibrosis criteria based on formulary changes above, and to allow Kalydeco® (ivacaftor) use in newly indicated age range  DUR Recommendations:  None  Committee Discussion:  The committee had no comments or questions.	VOTE: Pulmonology Approve recommendations as presented.  Cystic Fibrosis Class Review Motion: Ted Li, MD Vote: Unanimous approval (7/7)
12.	Supplements Electrolytes, Vitamins and Minerals Abbreviated Review (pp.95 - 112 of January 2019 P&T Packet)	Kaitlin Hawkins	The plan presented a class review and recommendations for Supplemental medications.  Major recommendations included the following:  Formulary Recommendations:  (Medi-Cal, Healthy Kids HMO Healthy Workers HMO and Healthy San Francisco):  Add prenatal vitamins to formulary as a class to reduce barriers to use  Remove all quantity limits  Consider dollar limit per prescription based on further analysis to prevent fraud/waste/abuse  Add thiamine mononitrate (B1) 100mg tab to formulary based on rejected claims and cost-effectiveness  Remove PA requirement from calcitriol 1mcg/mL oral solution and maintain on formulary tier 1, with age limit to allow appropriate pediatric use  Remove quantity limits from the following due to lack of abuse potential:  Calcium phos/vit D3 (Risacal-D®) 105mg-120u tab  b complex/folic acid/c (Nephrovite®) 0.8mg tab  Add age limits to the following medications to allow appropriate pediatric use:  ergocalciferol (vit D2) 8,000u/mL PO drops (OTC)  Tri-Vi-Sol® 750u-35mg-400u/mL PO drops	VOTE: Supplements Approve recommendations as presented.  Electrolytes, Vitamins and Minerals Abbreviated Review Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action
			(OTC)	
13.	Cardiology Heart Failure & Angina Class Review (pp.113 - 124 of January 2019 P&T Packet)	Jenna Heath	The plan presented a class review and recommendations for Cardiology medications.  Major recommendations included the following:  Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO and Healthy San Francisco):  None PA Criteria Recommendations:  None DUR Recommendations:  None Committee Discussion: The committee had no comments or questions.Committee Discussion: The committee had no comments or questions.	VOTE: Cardiology Approve recommendations as presented.  Heart Failure & Angina Class Review Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)
14.	Immunology Takhzyro (lanadelumab-flyo) Monograph (pp.125 -131 of January 2019 P&T Packet)	Kaitlin Hawkins		VOTE: Immunology Approve recommendations as presented with the addition to add that member can have 1 pack per month.  Takhzyro (lanadelumab-flyo) Monograph Motion: Ronald Ruggiero, Pharm. D Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action
15.	Drug Utilization Review (DUR)  DUR Program Updates  Prospective Program Reports (pp.132 - 142 of January 2019 P&T Packet)	Jessica Shost Kaitlin Hawkins	requirement to use danazol and Cinryze® prior to Haegarda® or Takhzyro™  DUR Recommendations:  None  Committee Discussion:  After discussion the committee determined to add to criteria requiring minimum one attack per month for approval.  DUR Program Updates  Prospective Program Reports:  Top Drug Claims Data annual report  Prospective DUR quarterly report Q2.2018  Committee Discussion:  The committee requested the Specialty cost to be added to the Darmacy Trand Papert	Non-Voting Items
	<u> </u>		the Pharmacy Trend Report. ****RECONVENE IN OPEN SESSION****	<u> </u>
19.	Summary of Closed Session	Lisa Ghotbi	Reconvened Open session around 9:05 am	Non-voting item
20.	Annual Pharmacy Policies and Procedures (P&Ps) Review (pp.143 - 167 January 2019 P&T Packet)	Ralph Crowder	The plan presented changes to the Pharmacy Policy and Procedures (P&P) for P&T committee annual review and approval:  Pharm-01: Pharmacy and Therapeutics Committee  Document Changes:  Added Healthy San Francisco to affected lines of business based on current policy  Clarified section III, line 10 to indicate P&T approves own minutes before QIC review  Updated Health Improvement to current name Health Outcomes Improvement in affected departments  Pharm-02: Pharmacy Prior Authorization  Document Changes:  Updated branding for HW and HK  Updated procedure statement to reflect full delegation of PA processing to PBM (effective 4/1/2019)  Updated Medi-Cal TAT requirements based on DHCS auditor feedback  Updated section 1.B, line iv to reflect full delegation  Updated section 2 to reflect full delegation  Merged sections 2.A and 2.B to describe the full review and notification process  Clarified language on sections 2.D and 2.E  Updated section 3 to reflect full delegation  Added section 4 to describe SFHP oversight of PBM as part of full delegation  Clarified language on section 5 (now section 6) to reflect continuity of care/grandfathering	VOTE: Annual Pharmacy Policy and Procedure Review Approve recommendations as presented.  Motion: Maria Lopez, Pharm. D. Vote: Unanimous approval (7/7)

	Topic	Brought By	Discussion	Action
			requirements and criteria based on auditor	
			feedback	
			<ul> <li>Corrected language on section 6 (now section 7)</li> </ul>	
			for closed requests	
			<ul> <li>Updated monitoring section to reflect oversight of</li> </ul>	
			full delegation	
			<ul> <li>Updated related documents to include PBM</li> </ul>	
			policies and procedures	
			Pharm-07: Emergency Medication Supply	
			Document Changes:	
			Updated template for consistency	
			Added Healthy San Francisco to affected lines of	
			business based on current procedure	
			<ul> <li>Clarified wording on applicable drug classes to be consistent based on reimplementation review</li> </ul>	
			Pharm-08: Annual Review of Formulary, Prior Authorization	
			Criteria, and Policy	
			Document Changes:	
			Renamed policy for clarity	
			Added Healthy San Francisco to affected lines of	
			business based on current procedure	
			<ul> <li>Updated Monitoring line 4 to reflect current</li> </ul>	
			procedure: Healthy Kids HMO and Healthy	
			Workers HMO formularies are submitted to	
			DMHC upon request	
			<u>Pharm-13</u> : After-Hours Pharmacy Access	
			Document Changes:	
			Updated Care Coordination to current name Care	
			Management in affected departments	
			<u>Pharm-15</u> : Generic Drug Management [new policy]	
			New Policy developed to address factors affecting generic utilization rate	
			Committee Discussion:	
			The committee had no comments or questions.	
21.	Review and Approval of Prior	Kaitlin Hawkins	The plan presented Prior Authorization interim changes of	VOTE:
	Authorization Criteria Interim		(New Criteria, Revised Existing Criteria & a table of criteria	Review and Approval of Prior Authorization Criteria
	Changes		that were evaluated per the Annual review process where	Interim Changes
	(pp.168 – 169 January 2019 P&T		no clinical changes were mad) for review and approval that	Approve recommendations as presented.
	Packet)		will be implemented on 2/20/2019:	· · ·
				Motion: Maria Lopez, Pharm. D.
			Committee Discussion:	<u>Vote:</u> Unanimous approval (7/7)
			The committee had no comments or questions.	

	Topic	Brought By	Discussion	Action
22.	Review and Approval of Interim Formulary Changes and Formulary Placement for New Drugs to Market	Kaitlin Hawkins	The plan presented interim formulary changes and formulary status for new drugs to market.	VOTE:  Review and Approval of Interim Formulary Changes and Formulary Placement for New Drugs to Market
	(pp.170 – 173 of January 2019 P&T Packet)		Committee Discussion: The committee had no comments or questions.	Approve recommendations as presented.
			,	Motion: Maria Lopez, Pharm. D. <u>Vote:</u> Unanimous approval (7/7)
23.	Informational Update on New Developments in the Pharmacy Market (pp.174– 182 of January 2019 P&T Packet)	Jenna Heath	The plan provided information on new developments in the pharmacy market.  (For detail of changes, please see pages 174 - 182 of P&T packet.)	Non-voting item
24.	Adjournment	Lisa Ghotbi	The meeting adjourned at 9:29 am. 2019 P&T Committee Meeting dates are:  • Wednesday, April 17, 2019  • Wednesday, July 17, 2019  • Wednesday, October 16, 2019	

Respectfully submitted by:

Lisa Ghotbi, Pharm. D. Pharmacy Director March 5, 2019

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Date