SAN FRANCISCO HEALTH PLAN Here for you	Pharmacy Services San Francisco Health Plan Pharmacy & Therapeutics Committee Wednesday, July 18, 2018 7:30AM – 9:30AM 50 Beale St., 13 th Floor, San Francisco, CA 94119		
Meeting called by:	James Glauber, MD	Minutes: Sheila Zeno, CPhT (SFHP Pharmacy Analyst) Back-up: Andrew Costiniano, CPhT (SFHP Pharmacy Specialist)	
Meeting Objective:	Vote on proposed formulary and prior authorization(PA) criteria changes	Type of meeting: Quarterly	
Attendees:	Voting Members: James Glauber, MD (SFHP Chief Medical Officer) <i>Lisa Ghotbi, Pharm. D (SFHP Director of Pharmacy)</i> Ronald Ruggiero, Pharm. D Nicholas Jew, MD Jamie Ruiz, MD Linda Truong, Pharm. D. Robert (Brad) Williams, MD Ted Li, MD Maria Lopez, Pharm. D. Joseph Pace, MD	Others in Attendance: Kaitlin Hawkins, Pharm. D (SFHP Pharmacist) Ralph Crowder, R.Ph. (SFHP Pharmacist) Tammie Chau, Pharm. D (SFHP Pharmacist) Jessica Shost, Pharm. D (SFHP Pharmacist) Jessica Shost, Pharm. D (SFHP Pharmacist) Jenna Heath, Pharm. D (SFHP Resident Pharmacist) Jenna Heath, Pharm. D (PerformRx Pharmacist) Andrew Maiorini, Pharm. D, FAHM (PerformRx Pharmacist) Diabetes Consultants: Sarah Kim, MD (Associate Clinical Professor, UCSF Division of Endocrinology & Director, ZSFG Adult Diabetes Clinic & Adult Weight Management Clinic) Elizabeth Murphy, MD, PHD (Professor UCSF Division of Endocrinology) Lisa Kroon, Pharm. D, CDE, FAPhA (Professor and Chair T.A. Oliver Chair in Clinical Pharmacy, UCSF)	
Members Absent: Meeting Materials:	Shawn Houghtaling, Pharm. D. Steven Wozniak, MD Summary of all approved changes are posted under "Materials" section at http://www.sfhp.org/providers/formulary/pharmacy-therapeutics-committee/		
	SFHP formulary is located at http://www.sfhp.org/providers/formulary/sfhp-formulary/ SFHP prior authorization criteria are located at http://www.sfhp.org/files/providers/formulary/Prior_Auth_Criteria.pdf		

	Торіс	Brought By	Discussion	Action
1.	Call to Order	James Glauber	 The meeting was called to order at 7:30 am. Conflict of interest check Agenda overview 	Conflict of Interest checked and instructions given. Introduction agenda topics done.
2.	Informational Updates	James Glauber	 Topics: New SFHP Clinical Pharmacist; Jessica Shost, Pharm D Opiate Seven (7)-day edits: After much pre-work with our providers there have been no requests to go beyond the edit. 	

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			 NCQA has a new opiate HEDIS measure this year that will cause us to look at opiate filling patterns for 15 days and 30 days refills. Request for Proposal (RFP) status: There has been a six (6) month project for RFP to consider a new Pharmacy Benefit Manager (PBM) after our five (5) year relationship with our current PBM. After eight (8) PBMs submitted their applications for consideration, it has been determined that we are extending our relationship with our current PBM, Perform RX for three (3) years. 	
3.	Review and Approval of April 18, 2018 P&T minutes (pp.5 - 13 of July 2018 P&T Packet)	James Glauber	The committee approved the minutes as presented.	VOTE: <u>Review and Approval of April 18, 2018 P&T Minutes</u> Approved recommendations as presented. <u>Motion</u> : Ted Li, MD 2 nd : Nicholas Jew, MD <i>Vote: Unanimous approval (10/10)</i>
4.	Discussion of Consent Calendar- for future meetings	James Glauber	The committee has successfully completed annual class reviews in our standard template for about 2 years. Under the consent calendar, we will use a template the focuses on updates in literature, guidelines, market (if available) with a high-level utilization review for certain classes with limited to no changes.	Non-voting item
		Closed Session pu	<u>****Adjourn to Closed Session****</u> rsuant to Welfare and Institutions Code Section 14087.36 (w)	
5.	Discussion and Recommendation for Change to SFHP Formulary and Prior Authorization Criteria for Select Drug Classes. Cardiology: Antiarrhythmics Class Review (pp.14 - 31 of July 2018 P&T Packet)	Jenna Heath	The plan presented therapeutic review and recommendations for Cardiology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, HealthyKids HMO, HealthyWorkers HMO & Healthy San Francisco) • None Prior Authorization (PA) Criteria Recommendations: • None, no active criteria Drug Utilization Review (DUR) Recommendations: • None Committee Discussion: The committee had no comments or questions.	VOTE: <u>Cardiology:</u> Approved recommendations as presented. <u>Antiarrhythmics Class Review</u> <u>Motion</u> : Lisa Ghotbi, Pharm. D 2 nd : Ronald Ruggiero, Pharm. D <u>Vote</u> : Unanimous approval (10/10)
6.	Pulmonology: Lonhala [™] Magnair [™] Monograph (pp.32 – 36 of July 2018 P&T Packet)	Jenna Heath	The plan presented therapeutic review and recommendations for Pulmonology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, HealthyKids HMO, HealthyWorkers HMO & Healthy San Francisco) • None PA Criteria Recommendations: • None DUR Recommendations: • None	VOTE: <u>Pulmonology:</u> Approved recommendations as presented. <u>Lonhala[™] Magnair[™] Monograph</u> <u>Motion</u> : Joseph Pace, MD 2 nd : Ted Li, MD <u>Vote</u> : Unanimous approval (10/10)

	Торіс	Brought By	Discussion	Action
			Committee Discussion:	
_			The committee had no comments or questions.	1075
7.	Pulmonology: Symdeko™ Monograph (pp.37 - 45 of July 2018 P&T Packet)	Jessica Shost	 Formulary Recommendations: (Medi-Cal, HealthyKids HMO, HealthyWorkers HMO & Healthy San Francisco) Add Symdeko[™] to formulary tier 4 due to limited alternatives, prior authorization required to ensure appropriate diagnosis PA Criteria Recommendations: Update Cystic Fibrosis criteria to include Symdeko[™] and remove hepatic function laboratory requirement DUR Recommendations: 	VOTE: <u>Pulmonology</u> : Approved recommendations as presented. <u>Symdeko[™] Monograph</u> <u>Motion</u> : Nicholas Jew, MD 2 nd : Ted Li, MD <u>Vote</u> : Unanimous approval (10/10)
			None Committee Discussion: The committee had no comments or questions.	
8.	Nephrology Jynarque® Monograph (<i>pp.</i> 46 - 50 of July 2018 P&T Packet)	Jenna Heath	The plan presented therapeutic monograph and recommendations for Nephrology medication. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, HealthyKids HMO, HealthyWorkers HMO & Healthy San Francisco) • Maintain Jynarque® as non-formulary PA Criteria Recommendations: • None DUR Recommendations: • None Committee Discussion: The committee had no comments or questions.	VOTE: <u>Nephrology</u> Approved recommendations as presented. <u>Jynarque® Monograph</u> <u>Motion:</u> Ronald Ruggiero, Pharm. D 2 nd : Ted Li, MD <u>Vote</u> : Unanimous approval (10/10)
9.	Obstetrics/Gynecology Contraceptives Abbreviated Review (pp.51 - 58 of July 2018 P&T Packet)	Jessica Shost	 The plan presented therapeutic monograph and recommendations for Obstetrics/Gynecology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO & Healthy San Francisco) Add Depo-subcutaneous Provera[®] and Balcoltra[®] to formulary tier 2 Add Taytulla[®] (norethindrone-ethinyl estradiol-iron) 1mg-20mcg(24)/75mg(4) capsule to formulary tier 2 Remove quantity limits from norethindrone/ethinyl estradiol (Microgestin[®]), norgestimate/ethinyl estradiol (Microagestel/ethinyl estradiol (Trivora-28[®]), and norethindrone/ethinyl estradiol (Aranelle[®]) PA Criteria Recommendations: None; no active criteria DUR Recommendations: Pharmacy education: 12-month contraceptive and emergency contraceptive benefit reminder via faxblast 	VOTE: <u>Obstetrics/Gynecology</u> Approved recommendations as presented. <u>Contraceptives Abbreviated Review</u> <u>Motion:</u> Robert (Brad) Williams, MD 2 nd : Lisa Ghotbi, Pharm. D <u>Vote</u> : Unanimous approval (10/10)

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			Provider education: 12-month contraceptive benefit reminder via newsletter Committee Discussion: The committee had no comments or questions.	
10.	Endocrinology Diabetes Class Review (pp.59 - 111 of July 2018 P&T Packet)	Kaitlin Hawkins	 The commendations for Endocrinology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO & Healthy San Francisco) Add alogliptin, alogliptin-metformin, and alogliptin-pioglitazone to formulary tier 3 with step therapy (metformin) required due to comparative cost-effectiveness Add Ozempic® to formulary tier 3 with step therapy (metformin) required to maintain a weekly GLP-1 RA option and due to cardiovascular and comparative efficacy data Add Synjardy® XR and Invokamet® XR to formulary due to comparative cost-effectiveness Add Tresiba® to formulary tier 3 with step therapy (Basaglar) required Remove quantity limits from the following, to align with other formulations/diabetes medications: 	VOTE: Endocrinology Approved recommendations as presented except Humalog® Mix 50-50 Kwikpen and Levemir® FlexTouch pen will not be removed. Diabetes Class Review Motion: Ronald Ruggiero, Pharm. D 2 ^{ne} : Lisa Ghotbi, Pharm. D Vote: 9 Approved & 1 Opposed (9/10)

	Торіс	Brought By	Discussion	Action
			 new starts of Novolog® and Apidra®, with grandfathering for current users Change Novolog® and Apidra® to formulary tier 3, prior authorization required Education Recommendations: Provide education to members, providers and pharmacies to promote the formulary preferred Basglar & alogliptin PA Criteria Recommendations: Update DPP-4 inhibitors, GLP-1 receptor agonists, SGLT2 inhibitors, Short-Acting Insulins and Long-Acting Insulins criteria with formulary changes Update Non-Formulary Test Strips and Non-Formulary Blood Glucose Meters criteria with formulary changes above DUR Recommendations: Due to high sulfonylurea utilization, review use over time to assess for new starts versus continued use Committee Discussion: The committee had a discussion with the (3) three diabetes consultants who reviewed the class review presented and provided feedback and expertise in this field. The discussion included: Limitations of DPP-4 inhibitor class efficacy and place in therapy. Information regarding the continued utility of sulfonylureas in the treatment regimen. Use of Levemir and Humalog Mix 50-50 in certain patients warranting current formulary status Tresiba use in select populations based on extended duration of action Education program to promote effective prescribing and A1C control as well as formulary preferred product 	
11.	Dermatology Acne Class Review (<i>pp</i> .112 – 130 of July 2018 P&T Packet)	Jenna Heath	 The plan presented therapeutic monograph and recommendations for Dermatology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Kids HMO & Healthy San Francisco): Remove prior authorization requirement from sulfacetamide sodium/sulfur 10%-5% (w/w) cleanser and maintain on formulary tier 1 with quantity limit 117mL per 30 days Add Azelex® 20% topical cream to formulary tier 3 with prior authorization required based on current drug-specific criteria Remove adapalene (Differin®) 0.1% cream, lotion and gel (Rx) from formulary due to cost-effective alternative 	VOTE: <u>Dermatology</u> Approve recommendations as presented. <u>Acne Class Review</u> <u>Motion:</u> Maria Lopez, Pharm. D 2 nd : Nicholas Jew, MD <u>Vote</u> : Unanimous approval (10/10)

	Торіс	Brought By	Discussion	Action
			 formulations available, with grandfathering Remove sulfacetamide (Klaron[®]) 10% lotion suspension from formulary due to limited utilization and availability of cost-effective alternative formulations, with grandfathering PA Criteria Recommendations: Update Topical Retinoids criteria and Sulfacetamide Solution/Suspension/Cleanser criteria to reflect formulary recommendations DUR Recommendations: None Committee Discussion: The committee had no comments or questions. 	
12.	 Dermatology Topical Corticosteroids Abbreviated Review (pp. 131 - 143 of July 2018 P&T Packet) 	Kaitlin Hawkins	 Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO, and Healthy San Francisco): Increase quantity limits for the following based on safety labeling and prior authorization requests: halobetasol propionate 0.05% ointment and cream; to #120g per 30 days clobetasol propionate 0.05% ointment, cream, 0.05% gel; to #120g per 30 days clobetasol propionate 0.05% solution; to #100mL per 30 days clobetasol propionate 0.05% solution; to #100mL per 30 days betamethasone dipropionate (augmented) 0.05% ointment, lotion and gel; to #120g per 30 days Add the following medications to formulary with quantity limits based on limited availability of alternatives: fluocinolone acetonide 0.01% oil (#119mL per 30 days) fluocinolone acetonide 0.01% oil/shower cap (#119mL per 30 days) fluocinolone acetonide 0.01% solution (#120mL per 30 days) fluocinolone acetonide 0.01% solution (#120mL per 30 days) fluocinolone acetonide 0.05% shampoo (#118mL per 30 days) clobetasol propionate 0.05% shampoo (#118mL per 30 days) fluocinonide 0.05% cream (#240g per 30 days) betamethasone dipropionate 0.05% cream (#240g per 30 days) betamethasone dipropionate 0.05% cream (#240g per 30 days) betamethasone valerate 0.1% ointment (#240g per 30 days) Increase quantity limit to #240g per 30 days for the 	VOTE: <u>Dermatology</u> Approve recommendations as presented. <u>Topical Corticosteroids Abbreviated Review</u> <u>Motion</u> : Maria Lopez, Pharm. D. <u>2nd</u> : Joseph Pace, MD <u>Vote</u> : Unanimous approval (10/10)

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			 following to align with other strengths mometasone furoate 0.1% ointment betamethasone dipropionate 0.05% lotion fluticasone propionate 0.05% cream Remove Trianex® (triamcinolone) 0.05% ointment from formulary based on cost-effective alternatives and lack of utilization Add quantity limits to the following to align with other formulary medications: hydrocortisone 2.5% cream/PR applicator (#60g per 30 days) hydrocortisone acetate 1% cream OTC (#240g per 30 days) hydrocortisone 1% lotion OTC (#240g per 30 days) hydrocortisone 1% lotion OTC (#240g per 30 days) PA Criteria Recommendations: Update Topical Steroids criteria to reflect formulary changes DUR Recommendations: None Committee Discussion: The committee had no comments or questions. 	
13.	Otorhinolaryngology Allergenic Extracts Class Review (pp. 144 - 153 of July 2018 P&T Packet)	Jenna Heath	 The committee had no comments of questions. The plan presented therapeutic monograph and recommendations for Otorhinolaryngology medications. Major recommendations included the following: Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO, and Healthy San Francisco): Change Oralair® from T5 non-formulary to not listed for MCAL PA Criteria Recommendations: Update Therapeutic Allergenic Extracts criteria to include Odactra[™] DUR Recommendations: None Committee Discussion: The committee had no comments or questions. 	VOTE: <u>Otorhinolaryngology</u> Approve recommendations as presented. <u>Allergenic Extracts Class Review</u> <u>Motion:</u> Lisa Ghotbi, Pharm. D <u>2nd:</u> Nicholas Jew, MD <u>Vote:</u> Unanimous approval (10/10)
14.	Otorhinolaryngology Miscellaneous Otic Preparations Abbreviated Review (pp.154 - 157 of July 2018 P&T Packet)	Kaitlin Hawkins	 Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO and Healthy San Francisco): Add fluocinolone acetonide 0.01% otic oil to formulary tier 2 due to limited alternatives, with yearly fill limit to ensure appropriate use PA Criteria Recommendations: Retire Dermotic[®] (fluocinolone acetonide 0.01% otic oil) criteria since now on formulary, PA is no longer required DUR Recommendations: 	VOTE: <u>Otorhinolaryngology</u> Approve recommendations as presented: <u>Miscellaneous Otic Preparations Abbreviated Review</u> <u>Motion:</u> Lisa Ghotbi, Pharm. D <u>2nd:</u> Nicholas Jew, MD <u>Vote:</u> Unanimous approval (10/10)

	Торіс	Brought By	Discussion	Action
			• None Committee Discussion: The committee had no comments or questions.	
15.	Neurology • Aimovig [™] Monograph (pp.158 -166 of July 2018 P&T Packet)	Jenna Heath	 The plan presented a monograph and recommendations for a Neurology medication. Major recommendations are listed below. Formulary Recommendations: (Medi-Cal, Healthy Kids HMO, Healthy Workers HMO): Add Aimovig™ to formulary tier 3 with prior authorization required due to cost effective alternatives available PA Criteria Recommendations: New Aimovig™ criteria are proposed, to require previous treatment failure(s) and/or contraindications to formulary alternatives DUR Recommendations: None Committee Discussion: The committee had no comments or questions. 	VOTE: <u>Neurology</u> Approve recommendations as presented. <u>Aimovig™ Monograph</u> <u>Motion:</u> Linda Truong, Pharm. D 2 nd : Lisa Ghotbi, Pharm. D <u>Vote:</u> Unanimous approval (10/10)
16.	Topical • Miscellaneous Rectal Preparations Abbreviated Review (pp.167 -171 of July 2018 P&T Packet)	Kaitlin Hawkins	 The plan presented a monograph and abbreviated class review with recommendations for Topical medications. Major recommendations are listed below. Formulary Recommendations: (Medi-Cal, Healthy San Francisco and Medicare/Medi-Cal) Add lidocaine 5% OTC rectal cream to formulary tier 1 due to utilization and comparative cost-effectiveness Add witch hazel 50% OTC medicated pads to formulary tier 1 due to utilization and comparative cost-effectiveness Add Rectiv® 0.4% ointment to formulary tier 3 due to utilization and limited alternatives, with prior authorization required to ensure appropriate diagnosis of moderate to severe pain resulting from anal fissure PA Criteria Recommendations: Update Rectiv® criteria to reflect formulary status DUR Recommendations: None Committee Discussion: The committee had no comments or questions. 	VOTE: <u>Topical</u> <u>Miscellaneous Rectal Preparations Abbreviated</u> <u>Review</u> Approve recommendations as presented. <u>Motion:</u> Lisa Ghotbi, Pharm. D 2 nd : Ronald Ruggiero, Pharm. D <u>Vote:</u> Unanimous approval (10/10)

	Торіс	Brought By	Discussion	Action
17.	Summary of Closed Session	James Glauber	Reconvened Open session around 9:19 am	Non-voting item
18.	SFHP Drug Utilization Review(DUR) Analysis:• Retrospective Report(s):• Pharmacy Outliers Report2017• High Controlled Substance Report 2018.02• Concurrent Opioid and Benzodiazepine Report 2017.04(pp.182 - 190 of July 2018 P&T Packet)	Tammie Chau Jessica Shost	 The plan presented DUR analysis reports for 2017: <u>Retrospective Report(s):</u> Pharmacy Outliers Report 2017 High Controlled Substance Report 2018.Q2 Concurrent Opioid and Benzodiazepine Report 2017.Q4 	Non-voting item
19.	Annual Pharmacy Policies and Procedures (P&Ps) Review (pp.201 - 207 July 2018 P&T Packet)	Tammie Chau	The plan presented changes to the Pharmacy Policy and Procedures (P&P) for P&T committee annual review and approval: <u>Pharm-14: Pharmacy Drug Utilization Review (DUR) Program</u> <u>Additions</u> : Added HMO to Healthy Kids & Healthy Workers to note the commercial branding. <u>Deletions</u> : Removed section D under monitoring because it is a duplicate of Pharm- 08 Committee Discussion: The committee had no comments or questions.	VOTE: <u>Annual Pharmacy Policy and Procedure Review</u> Approve recommendations as presented. <u>Motion:</u> Lisa Ghotbi, Pharm. D 2 nd : Nicholas Jew, MD <u>Vote:</u> Unanimous approval (10/10)
20.	Review and Approval of Prior Authorization Criteria Interim Changes (pp.208 – 208 July 2018 P&T Packet)	Kaitlin Hawkins	 The plan presented Prior Authorization interim changes for review and approval: Notes from email sent to committee members: Interim PA Criteria changes: The changes to the Hepatitis C criteria were made based on the updated DHCS policy allowing treatment for all infected members. Policy is available on the DHCS website (website link was included for committee members to review). PCSK9 Inhibitor criteria were updated based on PA requests. It was difficult for some members/providers to get lab monitoring done within the 4 months of initial approval to secure renewal, so this was extended to 6 months and approval duration was changed to indefinite to allow for continuing use. 	VOTE: <u>Review and Approval of Prior Authorization Criteria</u> <u>Interim Changes</u> Approve recommendations as presented. [Off-site vote completed through email sent out to committee members present at the July 2018 P&T meeting on 7/18/19 because the meeting ran out of time to get to this agenda item. Email sent out on 7/19/18 & voting completed on 7/25/18] <u>Vote:</u> Approved (7/10) 70% quorum of P&T members present at on-site meeting

	Торіс	Brought By	Discussion	Action
21.	Review and Approval of Interim Formulary Changes and Formulary Placement for New Drugs to Market (pp.209 – 212 of July 2018 P&T Packet)	Kaitlin Hawkins	 The plan presented interim formulary changes and formulary status for new drugs to market. Notes from email sent to committee members: Interim Formulary changes: Several new drugs to market were added to formulary since April P&T. Most were new strengths or dosage forms of drugs already on formulary. There was one added restriction: quantity limits were added to Veltassa to ensure appropriate dosing due to significant price increases from the manufacturer. This drug is on formulary tier 2, and is used short-term for hyperkalemia. Some new drugs to market were not added to formulary due to cost-effective alternatives available already on formulary. Some are scheduled for review at future P&T. Finally, new drugs to market not added to formulary because they are used in the medical benefit only. Committee Discussion: The committee had no comments or questions. 	VOTE: <u>Review and Approval of Interim Formulary Changes</u> <u>and Formulary Placement for New Drugs to Market</u> Approve recommendations as presented. [Off-site vote completed through email sent out to committee members present at the July 2018 P&T meeting on 7/18/19 because the meeting ran out of time to get to this agenda item. Email sent out on 7/19/18 & voting completed on 7/25/18] <u>Vote:</u> Approved (7/10) 70% quorum of P&T members present at on-site meeting
22.	Informational Update on New Developments in the Pharmacy Market	Jenna Heath	The plan provided information on new developments in the pharmacy market. [July 2018 P&T meeting ran out of time to get to this agenda item] (For detail of changes, please see pages 213 -218 of P&T packet.)	Non-voting item
23.	Adjournment	James Glauber	The meeting adjourned at 9:32 am. 2018 P&T Committee Meeting dates are: • Wednesday, October 17, 2018 2019 P&T Committee Meeting dates are: • Wednesday, January 16, 2019 • Wednesday, April 17, 2019 • Wednesday, July 17, 2019 • Wednesday, October 16, 2019	

Respectfully submitted by:

James Haules

James Glauber, MD, MPH Chief Medical Officer August 16, 2018

Date