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Pharmacy Services San Francisco Health Plan Pharmacy & Therapeutics Committee

Wednesday, April 21, 2021 7:30AM – 9:30AM

50 Beale St., San Francisco, CA 94119 (Held remotely via Zoom)

Meeting called by:	James Glauber, MD	Minutes: Luke Nelson, CPhT (SFHP Pharmacy Analyst)	
Meeting Objective:	Vote on proposed formulary and prior authorization (PA) criteria changes	Type of meeting: Quarterly	
Attendees:	Voting Members: James Glauber, MD (SFHP Health Plan Physician Advisor) Lisa Ghotbi, Pharm. D (SFHP Director of Pharmacy) Nicholas Jew, MD Joseph Pace, MD Ronald Ruggiero, Pharm. D Robert (Brad) Williams, MD Andrew MacDonald, Pharm. D Jamie Ruiz, MD Linda Truong, Pharm. D Steven Wozniak, MD	Others in Attendance: Kaitlin Hawkins, Pharm. D (SFHP Pharmacist) Ralph Crowder, R.Ph (SFHP Pharmacist) Jessica Shost, Pharm. D (SFHP Pharmacist) Jenna Heath, Pharm. D (PerformRx Pharmacist) Patrick DeHoratius, Pharm. D (PerformRx Pharmacist) Guests: *No guests due to remote meeting format in response to COVID-19*	
Members Absent:	Jenna Lester, MD Maria Lopez, Pharm. D		
Meeting Materials:	Summary of all approved changes is posted under "Materials" section at https://www.sfhp.org/about-us/committees/pharmacy-and-therapeutics-committee/ SFHP formulary and prior authorization criteria are located at https://www.sfhp.org/providers/pharmacy-services/sfhp-formulary/		

	Topic	Brought By	Discussion	Action
1.	Call to Order	James Glauber, MD	The meeting was called to order at 7:30 am.	Introduction agenda topics done.
			Agenda overview	
2.	Informational Updates	James Glauber, MD	Medi-Cal Rx Update	The committee was provided with a supplemental
		Lisa Ghotbi, Pharm. D	 Magellan's acquisition by Centene has created concern regarding conflict of interest Carve-out not likely to happen earlier than Jan 2022 SFHP will be converting pharmacy benefit manager from PerformRx to Magellan in July 2021 Recognition and thanks to Jenna Heath and Patrick DeHoratius 	slide presentation for COVID updates
			from PerformRx for all their P&T support through the years COVID Vaccination Effort Update	

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			 SFHP supporting SF Department of Public Health and working with multiple outside entities Addressing transportation issues and vaccine hesitancy is a current focus SFHP is monitoring vaccinations by neighborhood for member access and potential disparities 	
3.	Review and Approval of January 20, 2021 P&T minutes (pp.5 - 15 of April 2021 P&T Packet)	James Glauber, MD	The committee approved the minutes as presented.	VOTE: Review and Approval of January 20, 2021 P&T Minutes Approved minutes as presented. Vote: Unanimous approval (10/10)
4.	Discussion and Recommendation for Change to SFHP Formulary and Prior Authorization Criteria for Select Drug Classes. Formulary Maintenance Items: Cardiology: Anticoagulants (pp.16 - 19)	Jenna Heath, Pharm. D	The following drug classes were reviewed for pertinent literature (including meta-analyses and pivotal clinical trials), guideline updates, and drug additions to or removals from market since last class review. Major recommendations included the following: Last reviewed: October 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco) No changes are recommended Prior Authorization (PA) Criteria Update: None Drug Utilization Review (DUR) Update: None Committee Discussion: The committee had no comments or questions.	VOTE: Formulary Maintenance Items: Approved recommendations as presented. Vote: Unanimous approval (10/10) (Committee collectively voted on items 4 thru 7)
5.	Formulary Maintenance Items: Endocrinology: Thyroid Disorders (pp.20 - 22)	Jenna Heath, Pharm. D	Last reviewed: July 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco) • No changes recommended PA Criteria Update: • None DUR Update: • None Committee Discussion: The committee had no comments or questions.	
6.	Formulary Maintenance Items: Hematology: White Blood Cell Stimulators (pp.23 - 25)	Jenna Heath, Pharm. D	Last reviewed: January 2020 Formulary Update: (Medi-Cal and Healthy Workers HMO) • List Nyvepria™ tier 5 non-formulary to link relevant criteria PA Criteria Update: • None DUR Update: • None Committee Discussion: The committee had no comments or questions.	

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7.	Formulary Maintenance Items: Ophthalmology: Glaucoma (pp.26 - 29)	Jenna Heath, Pharm. D	Last reviewed: October 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO, and Healthy San Francisco) Add acetazolamide ER 500 mg capsule to formulary tier 1 due to comparable cost-effectiveness to the tablet formulation PA Criteria Update: None DUR Update: None Committee Discussion: The committee had no comments or questions.	
8.	Cardiology Zokinvy™ (Ionafarnib) Monograph (pp.30 - 37)	Kaitlin Hawkins, Pharm. D	The plan presented a monograph for cardiology medications. Major recommendations included the following: Last reviewed: n/a Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco) • Maintain Zokinvy™ as non-formulary PA Criteria Update: • None; use general Non-Formulary Medications criteria for any requests to ensure appropriate diagnosis DUR Update: • None Committee Discussion: The committee commented with interest on the increase in treatment development of rare disease states.	VOTE: Cardiology: Approved recommendations as presented. Zokinvy™ (Ionafarnib) Monograph Vote: Unanimous approval (10/10)
9.	Genitourinary Genitourinary Miscellaneous Agents Abbreviated Review (pp.38 - 45)	Kaitlin Hawkins, Pharm. D	The plan presented an abbreviated class review and recommendations for genitourinary medications. Major recommendations included the following: Last reviewed: October 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco) List Gemtesa® (vibegron) and Vesicare® LS (solifenacin) tier 5 non-formulary to link relevant criteria PA Criteria Update: Update Genitourinary Antispasmodics and Anticholinergics criteria to include above non-formulary drugs DUR Update: None Committee Discussion: The committee had no comments or questions.	VOTE: Genitourinary: Approved recommendations as presented. Genitourinary Miscellaneous Agents Abbreviated Review Vote: Unanimous approval (10/10)

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10.	Immunology Hereditary Angioedema Class Review (pp.46 - 58)	Jenna Heath, Pharm. D	The plan presented a class review and recommendations for hereditary angioedema medications. Major recommendations included the following: Last reviewed: January 2020 Formulary Update: (Medi-Cal and Healthy Workers HMO): Add Orladeyo™ (berotralstat) to formulary tier 4 and require PA to ensure appropriate use PA Criteria Update: Update Hereditary Angioedema criteria to include Orladeyo™ as preferred alongside Takhzyro® (lanadelumab) for prophylaxis and allow six months for initial approval DUR Update: None Committee Discussion: The committee had no comments or questions.	VOTE: Immunology: Approved recommendations as presented. Hereditary Angioedema Class Review Vote: Unanimous approval (10/10)
11.	Immunology Immunosuppressants Class Review (pp.59 - 74)	Jenna Heath, Pharm. D	The plan presented a class review and recommendations for immunosuppressant medications. Major recommendations included the following: Last reviewed: April 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco): List Lupkynis™ (voclosporin) non-formulary tier 5 to link newly proposed drug-specific criteria Remove tier 5 listing for Sandimmune® (cyclosporine) oral solution due to lack of use or relevant criteria For Healthy Workers HMO and Healthy San Francisco only, remove cyclosporine modified and sirolimus oral solution from formulary as these benefits do not include children PA Criteria Update: Implement new Lupkynis™ criteria requiring documentation of diagnosis with evidence of nephritis, baseline renal function, and background immunosuppression based on pivotal study DUR Update: None Committee Discussion: The committee was provided clarification that PA criteria are to align with FDA labeling.	VOTE: Immunology: Approved recommendations as presented. Immunosuppressants Class Review Vote: Unanimous approval (10/10)
12.	Infectious Disease Hepatitis C Class Review (pp.75 - 93)	Kaitlin Hawkins, Pharm. D	The plan presented a class review and recommendations for hepatitis C medications. Major recommendations included the following: Last reviewed: October 2019 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco): Add Epclusa® (sofosbuvir-velpatasvir) 200-40mg tablet to formulary tier 4 to align with other dosage forms Remove Sovaldi® (sofosbuvir) from formulary as it is no longer preferred for pediatric patients	VOTE: Infectious Disease: Approved recommendations as presented. Hepatitis C Class Review Vote: Unanimous approval (10/10)

	Topic	Brought By	Discussion	Action
			Remove tier 5 non-formulary listings for obsolete products Daklinza® and Technivie® PA Criteria Update: Update Hepatitis C criteria to reflect simplified recommendations for treatment-experienced, renally impaired, and pediatric patients and new treatment options for those with liver or kidney transplant DUR Update: None Committee Discussion: Dr. Glauber commented that SFHP is attempting to increase therapy completion percentages year over year for untreated members with chronic Hep C infection.	
13.	Neurology Migraine Class Review (pp.94 - 112)	Jessica Shost, Pharm. D	The plan presented a class review and recommendations for migraine medications. Major recommendations included the following: Last reviewed: January 2020 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco): No changes recommended PA Criteria Update: None DUR Update: Separate analysis (below) of preventative therapy use in members receiving triptans Committee Discussion: The committee commented on the overall underutilization of migraine treatment medications.	VOTE: Neurology: Approved recommendations as presented. Migraine Class Review Vote: Unanimous approval (10/10)
14.	Neurology Migraine Triptan and Prophylaxis DUR (pp.113 - 118)	Jessica Shost, Pharm. D	 The plan presented a DUR monitoring review of Triptans and Prophylactic Agents. Goal: Determine if members receiving triptans for migraines were also appropriately prescribed preventive therapies. Key Findings: In 2020, 705 members were prescribed a triptan and only 30% of these members were also prescribed a preventative agent. Both triptan and prophylactic utilization indicates potential undertreatment of migraine. A total of 68 triptan users were dispensed a day supply of triptans greater than or equal to 120 putting them at risk for such headaches; 43% of these members did not have a claim for preventative therapy to minimize this risk. Only half of all members taking a preventative agent remained on the medication for at least 6 months, which is the amount of time needed to demonstrate full efficacy. Formulary Recommendations: None Educational Recommendations: 	Non-voting item

	Topic	Brought By	Discussion	Action
			 Create provider educational materials to include the list of migraine prophylactic agents on SFHP's formulary with a summary of first- and second-line agents Create educational materials for members on migraine headaches and available treatment options with an emphasis on preventative therapies, including those available under the medical benefit (e.g., botulinumtoxin, acupuncture) Include a section on medication overuse headaches and migraine prevention education in the provider newsletter Include information about adequate trial duration for preventative medications in the provider newsletter. Committee Discussion: Dr Ruggiero suggesting inclusion of information on increased risk with concomitant hormonal contraceptives in education materials. 	
15.	Neurology Xywav® (calcium-magnesium-potassium-sodium oxybates) Monograph (pp.119 - 128)	Kaitlin Hawkins, Pharm. D	The plan presented a monograph and recommendations for neurology medications. Major recommendations included the following: Last reviewed: n/a Formulary Update: (Medi-Cal and Healthy Workers HMO): List Xywav® non-formulary tier 5 to link drug-specific PA criteria PA Criteria Update: Update Xyrem® criteria to include Xywav® DUR Update: None Committee Discussion: The committee had no comments or questions.	VOTE: Neurology: Approved recommendations as presented. Xywav® (calcium, magnesium, potassium, and sodium oxybates) Monograph Vote: Unanimous approval (10/10)
16.	Oncology Antineoplastics Abbreviated Review (pp.129 - 143)	Kaitlin Hawkins, Pharm. D	The plan presented an abbreviated class review and recommendations for oncology medications. Major recommendations included the following: Last reviewed: January 2017 Formulary Update: (Medi-Cal, Healthy Workers HMO and Healthy San Francisco) Remove quantity limit from anastrozole tablet and remove PA requirement from exemestane tablet and maintain formulary tier 1 due to low risk of misuse and cost-effectiveness Remove Hexalen® (altramine) capsule from formulary tier 3 as it is no longer marketed For Medi-Cal only, move Keytruda® (pembrolizumab) to tier 5 non-formulary as it is used under the medical benefit PA Criteria Update: No changes are recommended at this time DUR Update: None Committee Discussion: The committee was informed that Prior Authorizations that do not meet current guidelines are sent out for independent review before final decisions are made.	VOTE: Oncology: Approved recommendations as presented. Oncology Abbreviated Review Vote: Unanimous approval (10/10)

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17.	Pulmonology	Kaitlin Hawkins, Pharm. D	The plan presented a class review and recommendations for	VOTE:
	Asthma and Chronic Obstructive		asthma/COPD medications.	Pulmonology:
	Pulmonary Disease (COPD) Class		Major recommendations included the following:	Approved recommendations as presented.
	Review		Last reviewed: April 2020	т рр
	(pp.144 - 173)		Formulary Update:	Asthma and Chronic Obstructive Pulmonary
	(ρρ.111 110)		(Medi-Cal, Healthy Workers HMO and Healthy San Francisco):	Disease (COPD) Class Review
			Add Trelegy® Ellipta® (fluticasone-umeclidinium-vilanterol) 200-	Vote: Unanimous approval (10/10)
			62.5-25mcg/inh DPI to formulary tier 3 with step requirement (ICS,	<u>vote. Onanimous approvai (10/10)</u>
			LABA and LAMA) to align with lower strength formulation	
			Add Asmanex® HFA (mometasone) 50mcg/act MDI to formulary Add Asmanex® HFA (mometasone) 50mcg/act MDI to formulary	
			tier 2 (Medi-Cal only) to align with other strengths and allow	
			pediatric dosing, with quantity limit 26 grams (two inhalers) per	
			month	
			Remove step requirement for LAMA-LABA Bevespi®	
			Aerosphere® (glycopyrrolate-formoterol) and maintain formulary	
			tier 2 due to comparative cost-effectiveness	
			Remove Anoro® Ellipta® (umeclidinium-vilanterol) from formulary	
			tier 3 (step) due to limited use (authorize continuity for current	
			utilizing members) and alternative LAMA-LABAs on formulary	
			Due to cost-effective generic alternatives within the class and	
			comparatively lower utilization (authorize continuity), remove the	
			following ICS from formulary:	
			 Dulera® HFA from tier 2 	
			 Advair® HFA and Breo Ellipta from tier 3 (PA required) 	
			Remove Tudorza® Pressair® (aclidinium) from Healthy Workers	
			HMO formulary due to minimal use (authorize continuity) and	
			alternative LAMAs on formulary (and align with Medi-Cal)	
			Remove LABAs Serevent® Diskus® (salmeterol) and Brovana®	
			(arformoterol) from formulary tier 3 (PA required) due to minimal	
			utilization (authorize continuity) and cost-effective alternatives	
			within the class	
			Remove tier 5 non-formulary listing for Perforomist® (formoterol)	
			due to retirement of criteria	
			Remove the following medications from formulary for Healthy	
			Workers HMO only due to lack of utilization and limited place in	
			therapy/alternatives available:	
			o montelukast (Singulair®) chewable tablet (authorize	
			continuity), granules packet	
			o albuterol 2mg/5mL oral syrup, ER tablet	
			o theophylline 80mg/15mL oral elixir	
			PA Criteria Update:	
			Retire ICS criteria based on formulary changes above	
			Retire LABA criteria based on formulary changes above	
			DUR Update:	
			Separate analysis below of adherence via proportion of days	
			 covered (PDC) and single-fill reporting Consider further DUR evaluation of prescribed regimens, such as: 	
			Toolisider further box evaluation of prescribed regimens, such as.	

	Topic	Brought By	Discussion	Action
			 single bronchodilator for COPD versus combination therapy ICS versus SABA use in pediatric patients 	
			Committee Discussion: The committee had no comments or questions.	
18.	Pulmonology Asthma/COPD Medication Adherence DUR (pp.174 - 177)	Jessica Shost, Pharm. D	 The plan presented a DUR review of asthma/COPD adherence. Goal: Assess adherence for Medi-Cal members on inhaled medications to treat asthma and chronic obstructive pulmonary disease (COPD). Key Findings: 	Non-voting item
19.	Drug Utilization Review (DUR) Prospective Program Reports (pp.178 – 187)	Kaitlin Hawkins, Pharm. D	especially around pediatric adherences. The plan provided DUR program updates and reports for committee review (deferred presentation due to time) Prospective DUR quarterly report Q3.2020 Reporting Update: Continue quarterly review of the Prospective DUR Report, with presentation of notable findings and resulting recommendations for formulary changes to P&T as needed Drug-Specific Formulary Update: None DUR Education Update:	Non-voting item

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			None Committee Discussion: The committee had no comments or questions.	
20.	Annual Pharmacy Policies and Procedures (P&Ps) Review (pp.188 - 195)	Ralph Crowder, RPh	 The plan presented changes to the Pharmacy Policies and Procedures (P&P) for P&T committee annual review and approval: Document Changes Pharm-09: Pharmaceutical Patient Safety Update: 	VOTE: Review and Approval of Annual Pharmacy Policies and Procedures (P&Ps) Approved recommendations as presented. Vote: Unanimous approval (10/10)
21.	Review and Approval of Prior Authorization Criteria Interim Changes (pp.196 - 198)	Kaitlin Hawkins, Pharm. D	The plan presented Prior Authorization Criteria interim changes (New Criteria, Revised Existing Criteria & a table of criteria that were evaluated per the Annual review process where no clinical changes were made) for review and approval Committee Discussion: The committee had no comments or questions.	VOTE: Review and Approval of Prior Authorization Criteria Interim Changes Approved recommendations as presented. Vote: Unanimous approval (10/10)
22.	Review and Approval of Interim Formulary Changes and Formulary Placement for New Drugs to Market (pp.199 - 202)	Kaitlin Hawkins, Pharm. D	The plan presented interim formulary changes and formulary status for new drugs to market. Committee Discussion: The committee had no comments or questions.	VOTE: Review and Approval of Interim Formulary Changes and Formulary Placement for New Drugs to Market Approve recommendations as presented. Vote: Unanimous approval (10/10)
23.	Informational Update on COVID-19 and New Developments in the Pharmacy Market (pp.203 - 211)	Jenna Heath, Pharm. D	The plan provided information on COVID-19 as well as new developments in the pharmacy market.	Non-voting item
24.	Adjournment	James Glauber, MD	The meeting adjourned at 9:31 am. 2021-2022 P&T Committee Meeting dates are: Wednesday, July 21, 2021	

Topic	Brought By	Discussion	Action
		Wednesday, October 20, 2021	
		Wednesday, January 19, 2022	
		Wednesday, April 20, 2022	

Respectfully submitted by:

James Glauber, MD, MPH Health Plan Physician Advisor -----7/6/2021-----Date