

## **Quality Improvement Committee Minutes**

Date: December 09, 2021

Meeting Place: Microsoft Teams Meeting

+1 323-475-1528 : Conference ID: 273 199 162#

**Meeting Time:** 7:30AM - 9:00 AM

**Members Present:** Fiona Donald, MD *Chief Medical Officer, SFHP*; Irene Conway *SFHP Member Advisory Committee Member*;

Idell Wilson SFHP Member Advisory Committee Member; Ana Valdes, MD Chief Healthcare Officer,

Healthright 360; Claire Horton, MD Chief Medical Officer, San Francisco Health Network; Albert Yu, MD, MPH,

MBA Chief Health Information Officer, San Francisco Department of Public Health; Edward Evans SFHP

Member Advisory Committee Member

**Staff Present:** Se Chung Health Services Administrative Specialist; Suu Htaung Policy Analyst; José A. Méndez Senior Program

Manager, Health Services Product Management (HSPM); Kaitie Hawkins, PharmD BCPS Pharmacist

Supervisor, Clinical Programs; Elizabeth Sekera, RN Manager, Population Health; Yves Gibbons Sr. Program Manager, Ouality & Access; Sue Chan Program Manager, Pharmacy Compliance; Rashid Alexander Interim

Director Population Health and Quality; Bobby Lew Operations Administrative Specialist

| Торіс               |   | Follow-up<br>[if Quality Issue<br>identified,<br>Include<br>Corrective<br>Action] | Resolution, or Closed Date<br>[for Quality Issue, add plan for<br>Tracking after Resolution] |
|---------------------|---|---|--|
| Call to Order       | Meeting called to order at 7:30 AM with a quorum.  • Roll Call. |   |  |
| Consent<br>Calendar | All in favor to approve consent calendar.                       |   | Approved.  |

|                        | <ul> <li>- As of 1/1/22 (MediCal Rx) all SFHP MediCal members will have their Pharmacy benefits administered by the State. Authorization, payments, and grievances will be handled by the State. SFHP Pharmacy team will continue to monitor ER Rx access.</li> <li>- Grievances increase in Q3 may be due to increase in membership and access to services. SFHP is continuing to monitor/improve timelines, processes and questions asked in order to improve grievances resolved in 30 days.</li> </ul>  | <ul> <li>Review of October 2021</li> <li>Minutes</li> <li>Q2 ER Report</li> <li>Q3 2021 Grievance Report</li> <li>Q3 2021 Appeals Report</li> <li>HE P&amp;P Updates Summary</li> <li>October 2021</li> <li>2021 QI Program Evaluation</li> <li>2022 QI Program Description &amp; Work Plan</li> </ul> |
|------------------------|---|--|
| Quality<br>Improvement | • 2021 QI Evaluation & 2022 QI Plan  Presented by Yves Gibbons  In measure development & evaluation process, starting to integrate population data & analysis to drive quality measures.  -2020 Follow Ups  10/21 integration of QI and PHM programs; due to late launch of integration of PHM, QI measures not based on population assessment; population assessment started 08/21; HEDIS disparities dashboard created; participation in disparities leadership program.  -2021 Successes  22 Measures, 11 met target.  Some highlights: Quality of Services & Access to care: Routine appointment availability in specialty care increased by 20%; Patient Safety or Outcomes Across setting: opioid safety increased by 7%; Managing Multiple Chronic Illnesses: Care Management client perception of health increased by 6.5%; Utilization Services: increase percentage of utilization of non-specialty mental health benefit more than 2 times increased by 1.8% |  |

-2021 Opportunities / Recommendations

Some Measures not met, SFHP will continue to target in 2022.

In Quality of Service & Access to Care: Cultural & Linguistics Services Program-provide race/ethnicity and language spoken at practitioner level. Plans to engage more Health Services staff to implement.

Keeping Members Healthy: Breast Cancer Screening-refocus on populations experiencing disparities. Prioritize COVID-19 vaccinations to reach SF levels.

Patient Safety/Outcomes Across settings- trying to decrease Benzodiazepine co-prescribing, fell short by 5%. Include additional measure related to high doses opioids.

Managing Members with Emerging Risk: Hep C Treatment – treatment hesitancy, fell short of target by 3%. SFHP to utilize population assessment to identity priority conditions (i.e. diabetes).

Managing Multiple Chronic Illnesses: Follow up on clinical depression- barely missed target. SFHP to provide more life skills, health education and training.

Retired measures: Non specialty Mental Health, Outpatient Primary Care and Telehealth. Instead focusing on aligning mental health measure with Beacon Health Services and prioritizing utilization measures set by SFHP Clinical Operations.

2022 Measures

Domain: Keeping Members Healthy

Measures:

- Breast Cancer Screening (50-74y), target 50%

*Irene Conway: Why is the target so low?* 

Elizbeth Sekera, RN: SFHP has an expectation of a relative improvement 3-5% increase a year. Collaborating with Rafiki Coalition to have a patient navigator engage outreach.

Dr. Claire Horton: Do you need a PCP visit to get a referral for a Mammography? Concerned that it will slow that Mammography process, effect PCP appointments if required.

Elizabeth Sekera, RN: Will include in Patient Navigator training to verify if PCP office visit is required for referral or can be made without visit.

Dr. Fiona Donald: Looking for opportunities for improvement at the Plan level for eligible members to get screening. Considering workflow changes - providing Mammography providers a list of eligible members, e-consult opportunities. SFHP focus on lowest utilizers, Black women.

-COVID-19 Vaccinations (1st dose eligibility), % target is changing by aiming no less that 10% of SF county rate.

*Dr. Albert Yu: Why measure by only 1st dose eligibility? 1 dose does not provide full immunity.* 

Dr. Fiona Donald: The State requires SFHP to monitor 1<sup>st</sup> dose vaccination rates with the understanding that people are more likely complete the vaccination series once they receive their 1<sup>st</sup> dose. SFHP has a call center to reach out to members for follow up doses. SF is almost at 80%, SFHP members nearly 70% - 1<sup>st</sup> dose vaccinated.

Dr. Albert Yu: Is there any coordination between Plan and the County for outreach?

Dr. Fiona Donald: There is a weekly collaboration meeting. SFHP Marketing is also involved to insure correct messaging.

Edward Evans: How do you keep track members who do not get their vaccine within the SFHP network?

Dr. Fiona Donald: Data is pulled from the California Immunization Registry, Pharmacy Claims. Domain: Patient Safety or Outcomes Across Settings Measures: MTM: 90% target; Opioid Safety – Buprenorphine Rx: 30% target; Opioid Safety – Co-prescribing: 7% target; High Dose Opioid Rx: 6% target; Transition members in RX transition: 80% target. Domain: Managing Members with Emerging Risk Measures: % of Members completing Hep C treatment: 40% target; decreasing HbA1c in poor control: 35.05% target; Project Open Hand satisfaction- focusing on members with and pre-diabetes: 85% target. Domain: Managing Multiple Chronic Illnesses – SFHP Care Management Program – maintaining same measures as last year. Measures: Client perception of Health: 63% target; Follow up on clinical depression: 90% target: Client Satisfaction: 90% target. Domain: Quality of Service and Access to Care – maintaining same measures as last year. Measures: HP-CAHPS: 61.3% target; PAAS: 82.9% target; CLS: 10% target. Domain: Utilization of Services – retired measures around Primary Care, Telehealth and Non-Specialty Mental Health – 2 visits. Clinical Operations has prioritized new measures. Measures: Decrease inpatient hospital admissions and effective

continuation phase of treatment for antidepressant medication.

| This is also part of Beacon's QI program. Also, one of SFHP's lowest performing HEDIS measure in the mental health area.  |  |  |
|---|--|--|
| Quality Oversight Activities continuing such as: QIC, P&T Committee, PAC, Annual Evaluation, DHCS performance improvement projects.                               |  |  |
| SFHP to integrate QI and Population Health management programs to better serve members by prioritizing measures and interventions based on population assessment. |  |  |
| Call for Approval for: • 2021 QI Program Evaluation • 2022 QI Program Description & Work Plan Approved.   |  |  |
| Meeting adjourned at: 8:54 AM.  |  |  |

| QI Committee Chair's Signature & Date   |
|---|
| Minutes are considered final only with approval by the QIC at its next meeting. |

## Emergency Room Visit / Prescription Access Report 3<sup>rd</sup> Quarter 2021 San Francisco Health Plan Medi-Cal LOB

#### Goal:

Evaluate access to medications prescribed pursuant to an emergency room visit and determine whether any barriers to care exist.

#### Methodology:

All claim and encounter records for an emergency room visit (without an admission) during a calendar quarter are evaluated and consolidated into a unique record of each emergency room (ER) visit date by member. These unique ER visits are analyzed by ER facility site and member count (see Tables 1A & 1B). Top diagnoses were evaluated for reason of ER visit (see Table 2). Selected key diagnoses with a high likelihood for ER discharge prescription are analyzed (see Table 3). A review of the pharmacy locations where members filled their prescriptions within 72 hours of discharge was assessed to reflect any medication barriers (see Table 4).

## Findings:

#### **Section 1 - ER Visits**

In 3Q2021, 10,212 members had 15,752 ER visits, averaging 1.54 ER visits per member, which is slightly higher from the previous quarter (1.52). This reflects an ER visit by approximately 8.2% of the SFHP Medi-Cal membership within the quarter, which increased from 7.5% previously. Visits by ER facility and the number of Member ER visits increased compared to the previous quarter (14,027 and 9,255 respectively).

Table 1A: Visits by ER Facility

| ER Facility                               | ER<br>Visits |
|---|--------------|
| ZSFG – ACUTE CARE                         | 5,826        |
| UCSF MEDICAL CENTER                       | 2,757        |
| ST FRANCIS MEMORIAL                       | 1,769        |
| CPMC MISSION BERNAL CAMPUS-<br>ACUTE CARE | 1,413        |
| CPMC VAN NESS CAMPUS-ACUTE<br>CARE        | 844          |
| CPMC PACIFIC CAMPUS-<br>OUTPATIENT AND ER | 729          |
| ST MARYS MEDICAL CENTER                   | 507          |
| CHINESE HOSPITAL                          | 451          |
| CPMC DAVIES CAMPUS-ACUTE                  | 406          |
| KAISER HOSPITAL SF                        | 268          |
| Other ED Facilities                       | 782          |
| TOTAL                                     | 15,752       |

**Table 1B: Member ER Visits** 

| # ER Visits | Member |
|-------------|--------|
| 1           | 6,839  |
| 2           | 1,977  |
| 3           | 629    |
| 4           | 311    |
| 5           | 143    |
| 6           | 100    |
| 7           | 63     |
| 8           | 41     |
| 9           | 26     |
| 10          | 18     |
| 11+         | 65     |
| TOTAL       | 10,212 |

## Section 2 - Top Diagnoses

Of the 15,752 ER visits in 3Q2021 6,835 visits (43%) resulted in a medication (from ER or pharmacy) within 72 hours of the ER Visit and 8,058 (57%) did not. Not all ER visits warranted medication treatment (i.e. chest pain, abdominal pain or altered mental status). Overall, the distribution of top ER visits by diagnoses category is shown in Table 2. COVID-19 related ER visits returned as a top diagnosis. Compared to previous quarters, COVID-19 visits increased by 88% in 2Q2021 (38 visits) and 50% in 1Q2021 (156 visits). This may be due to the increased spread of the COVID-19 variants like Delta. Suicidal ideation diagnosis continues to be a top diagnosis during pandemic 3Q2020 (135 visits) compared to pre-pandemic 3Q2019 (77 visits).

Table 2: Percent ER Visits by Diagnoses (3Q2021)

| Table 2. Percent ER Visits by Diagnoses (3Q2021)   |         |           |             |  |
|--|---------|-----------|-------------|--|
| Top Diagnoses Categories                           | ICD10   | ER Visits | % of Visits |  |
| Chest pain   | R07.xx  | 1,126     | 7.1%        |  |
| Abdominal pain                                     | R10.xx  | 670       | 4.3%        |  |
| COVID-19   | U07.1   | 311       | 2.0%        |  |
| Shortness of breath                                | R06.02  | 259       | 1.6%        |  |
| Acute Upper Respiratory Infection Unspecified      | J06.9   | 225       | 1.4%        |  |
| Headache   | R51.9   | 189       | 1.2%        |  |
| Cough  | R05     | 188       | 1.2%        |  |
| Fever Unspecified                                  | R50.9   | 178       | 1.1%        |  |
| Head Injury Unspecified                            | S09.90  | 161       | 1.0%        |  |
| Altered mental status                              | R41.82  | 138       | 0.9%        |  |
| Dizziness and Giddiness                            | R42     | 136       | 0.9%        |  |
| Abnormal Electrocardiogram                         | R94.31  | 121       | 0.8%        |  |
| Nausea with Vomiting                               | R11.2   | 119       | 0.8%        |  |
| Encounter Screening Malignant<br>Neoplasm of Colon | Z12.11  | 117       | 0.7%        |  |
| Urinary Tract Infection                            | N39     | 112       | 0.7%        |  |
| Suicidal Ideations                                 | R45.851 | 109       | 0.7%        |  |
| All Other Diagnoses                                |         | 11,593    | 73.6%       |  |
| TOTAL  |         | 15,752    | 100.00%     |  |

#### Section 3 - Key Diagnoses Category

Selected key diagnoses with a high likelihood for ER discharge prescription are reported in Table 3. In 3Q2021, greater than 90% of ER visits for all key diagnoses received medication treatment within 72 hours of the visit.

Table 3: ER Visit – Key Diagnoses Category

| Diagnoses Category  | ICD10                        | RX<br>Filled | ER<br>Treated | No<br>Rxs | ER Visit<br>Total | %<br>Treatment |
|---------------------|------------------------------|--------------|---------------|-----------|-------------------|----------------|
| Asthma Exacerbation | J45.901, J45.909,<br>J45.902 | 31           | 28            | 4         | 63                | 94%            |
| COPD                | J44, J44.1, J44.9            | 26           | 25            | 3         | 54                | 94%            |
| UTI                 | N39.0                        | 46           | 24            | 6         | 76                | 92%            |
| Pneumonia           | J18.9                        | 13           | 5             | 2         | 20                | 90%            |

## Section 4 - Pharmacy Location

For the members filling a prescription from a Pharmacy within 72 hours of their ER visit date, a further analysis evaluated the location of the pharmacy relative to where the member received emergency care and the hours of operation for these pharmacies. Of the 5,811 member visits to a pharmacy after an ER discharge, the top 16 most utilized pharmacies are reported in Table 4. Two 24-hour pharmacies in San Francisco and Daly City were top utilized. Access to a pharmacy after an ER visit can occur throughout the day and would not be limited to only afterhours. In this analysis, member visits are defined as unique days that prescriptions are filled for a member per unique pharmacy.

Table 4. Pharmacies where Members obtained Rx within 72 hours of an ER Visit

| Pharmacy                              | Hours of Operation                             | Mbr Visits | % of Visits |
|---------------------------------------|--|------------|-------------|
| SF General (1001 Potrero Ave)         | 9AM – 8PM M-F, 9AM-1PM<br>Sat                  | 586        | 10.08%      |
| Walgreens 3711 (1189 Potrero Ave)     | 8AM – 10PM M-F,8AM –<br>9PM Sat-Sun            | 417        | 7.18%       |
| Walgreens 5487 (5300 3rd St)          | 8AM – 9PM                                      | 330        | 5.68%       |
| Walgreens 1327 (498 Castro St)        | 24 Hours                                       | 268        | 4.61%       |
| Walgreens 4609 (1301 Market St)       | 8AM – 9PM                                      | 234        | 4.03%       |
| Chinese Hospital (845 Jackson St)     | 8AM – 7PM M-F, 9AM-5PM<br>Sat-Sun              | 224        | 3.85%       |
| Daniels Pharmacy                      | 9AM-6:30PM                                     | 179        | 3.08%       |
| Walgreens 4231 (2690 Mission St)      | 9AM-9PM M-F, Sat 9AM-<br>5PM, Sun 10AM-6PM     | 164        | 2.82%       |
| Walgreens 3185 (825 Market St)        | 8AM – 9PM M-F, 9AM –<br>5PM Sat,10AM – 6PM Sun | 154        | 2.65%       |
| Walgreens 7150 (965 Geneva Ave)       | 9AM – 9PM                                      | 152        | 2.62%       |
| Walgreens 1626(2494 San Bruno<br>Ave) | 9AM-9PM M-F, Sat 9AM-<br>5PM, Sun 10AM-6PM     | 148        | 2.55%       |
| Walgreens 4558 (300 Gough St)         | 8AM – 9PM M-F, 9AM –<br>5PM Sat,10AM – 6PM Sun | 123        | 2.12%       |
| Scriptsite Pharmacy (870 Market St)   | 9:30AM-5:30PM M-F                              | 116        | 2.00%       |
| Walgreens 324 (216 Westlake Ctr)      | 24 hours                                       | 115        | 1.98%       |
| Walgreens 9886 (3400 Cesar<br>Chavez) | 9AM-9PM M-F, Sat 9AM-<br>5PM, Sun 10AM-6PM     | 113        | 1.94%       |
| Walgreens 1120 (4645 Mission St)      | 9AM-9PM M-F, Sat 9AM-<br>5PM, Sun 10AM-6PM     | 106        | 1.82%       |
| All Other Pharmacy Locations          |  | 2,382      | 41%         |
| TOTAL                                 |  | 5,811      | 100.00%     |

#### **Summary:**

No barrier to pharmacy access during after-hours was identified in this quarter. ER utilization was higher in 3Q2021 compared to 2Q2021 (15,752 visits versus 14,027) with each member utilizing the ER at 1.54 visits. About 43% of ER visits received a medication (from ER or pharmacy) within 72 hours of the ER visit, lower than last quarter (44%). Appropriate prescription fills were seen in all four key diagnoses category. Monitoring of member access to medication treatment after an ER visit will continue.



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## **MEMO**

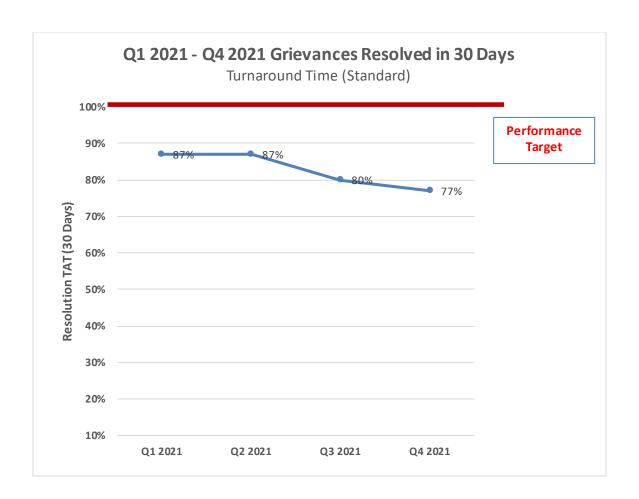
Date: February 3, 2022

| То        | Quality Improvement Committee                  |
|-----------|--|
| From      | Bill Mace<br>Sr. Manager, Appeals & Grievances |
| Regarding | Q4 2021 Grievance Report                       |

- SFHP received a total of 120 grievances in Q4 2021. Overall grievance volume increased by 1.7% from 118 total grievances in Q3 2021.
- In Q4 2021, 82 of 120 grievances were closed within the required timeframe of 30 calendar days, as mandated by the Department of Managed Health Care (DMHC) and Department of Health Care Services (DHCS).
- 97% of acknowledgement letters were sent out within five calendar days, as mandated by the Department of Managed Health Care (DMHC) and Department of Health Care Services (DHCS).

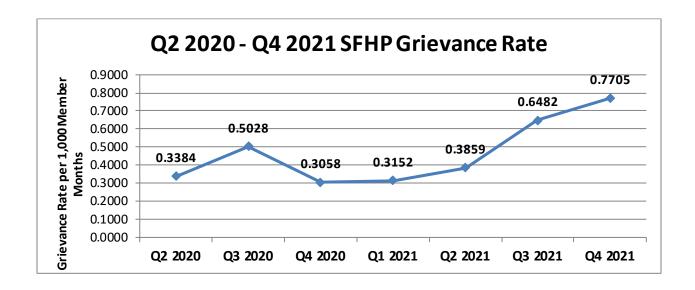
SFHP's performance threshold for closing grievances within the required timeframe of 30 days is 99%. In Q4 2021, the percentage of grievances resolved within 30 calendar days was 77%. SFHP was unable to close 28 cases within the 30-calendar day timeframe because of the following reasons:

- SFHP did not receive timely grievance investigation responses from providers.
- SFHP needed to obtain additional information in order to adequately address the member's concerns.
- The recent transition in the department left open positions
- SFHP and provider staff were severely impacted by COVID
- Our largest provider SFHN, deployed staff to the SFDPH COVID response initiative and the Tenderloin state of emergency as declared by the SF mayor.

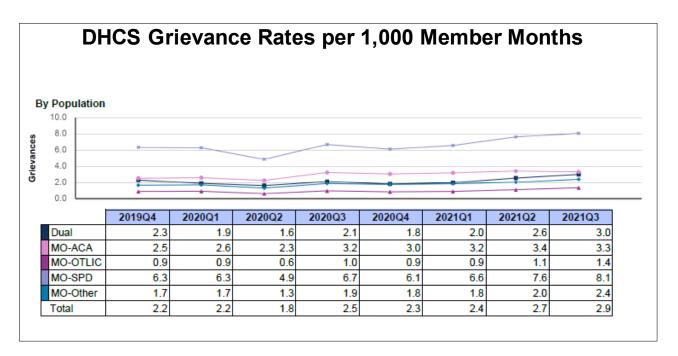


#### SFHP Grievance Rate

SFHP's grievance rate significantly decreased in Q1 2020 and Q2 2020 due to the COVID-19 pandemic. SFHP's grievance rate then increased in Q3 2020, decreased in Q4 2020 and Q1 2021, then increased again in Q2 2021. The grievance rate in Q3 & Q4 2021 shows the increase of newly enrolled Medi-Cal members. SFHP can expect the grievance rate to increase with more newly enrolled Medi-Cal members.



SFHP's grievance rate continues to be lower than the DHCS grievance rate. Please see the graph below titled "DHCS Grievance Rates per 1,000 Member Months" for DHCS' grievance rates. Please note DHCS data is one guarter behind.



\*MO-ACA: Medi-Cal Only Affordable Care Act

\*MO-OTLIC: Medi-Cal Only Optional Targeted Low-Income Children

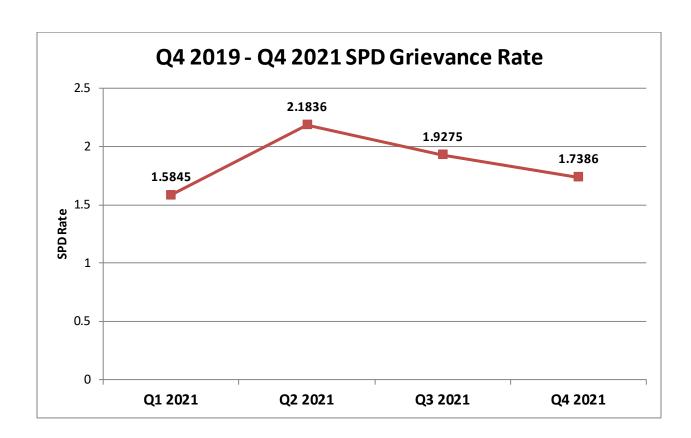
\*MO-SPD: Medi-Cal Only Seniors and Persons with Disabilities

## Grievances Filed by Seniors and Persons with Disabilities (SPD):

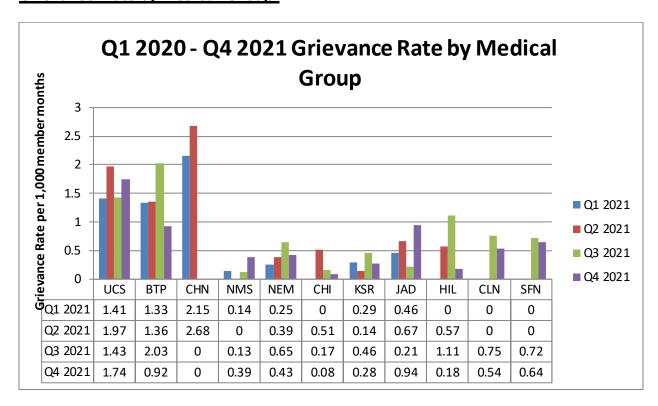
SFHP monitors grievances filed by members who are part of the SPD population.

- In Q4 2021, 48 grievances were filed by SPD members. The number of grievances filed by SPDs increased by 2% compared to Q3 2021 when a total of 47 grievances were filed by SPD members.
- Grievances involving quality of service and quality of care continue to be the most common grievance categories for SPD members. This is similar for grievances filed by non-SPD members.

In comparison, SFHP's SPD grievance rate remains lower than DHCS' SPD grievance rate. Please see the graph above for DHCS' SPD grievance rate.



## **Grievance Rate by Medical Group:**



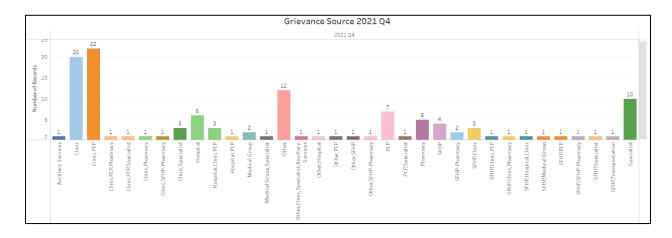
<sup>\*</sup>Includes clinical and non-clinical grievances only.

In Q4 2021, three of the medical group grievance rates increased whereas the remaining seven decreased compared to Q3 2021.

<sup>\*</sup>Please note CHN split into two new medical groups called San Francisco Health Network (SFN) and Community Clinic Network (CLN) as of July 2021. The next QIC Report will reflect this change.

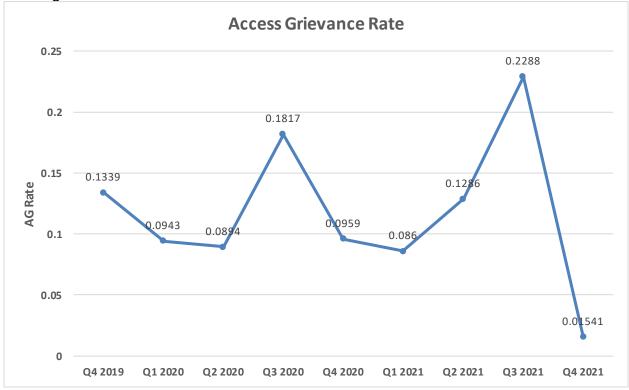
## Source of the grievances:

The graph below shows who was involved in the grievance e.g. member's Primary Care Provider (PCP), clinic staff, or specialist. The source of most grievances received in Q4 2021 were those involving services provided by SFHP followed by the member's PCP and clinic.



## Access to Care Grievances:

From Q2 2019 to Q4 2019, the access grievance rate increased and then decreased in Q1 2020 and Q2 2020. In Q3 2020, the rate increased significantly. It then decreased in Q4 2020 and Q1 2021 and increased from Q2 2021 – Q3 2021. In Q4 2021 the rate once again decreased.

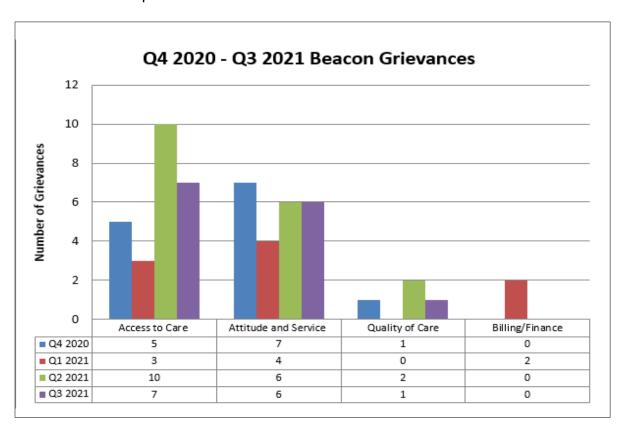


## Access Grievances per 1,000 Member Months

| 0000 04 | Q  |   |  |   |
|---------|--|---|--|---|
| 0000001 |  | uarter Year   |  |   |
| 2020 Q4 | 2021 Q1                                      | 2021 Q2   | 2021 Q3  | 2021 Q4   |
| 0.00    | 0.00   | 0.00  | 1.36   | 3.47  |
|         |  | 0.00  | 0.17   | 0.00  |
| 0.46    | 0.64   | 0.63  |  |   |
|         |  | 0.06  | 0.29   | 0.18  |
| 0.59    |  | 0.57  | 0.00   | 0.00  |
| 0.25    | 0.23   | 0.00  | 0.00   | 0.00  |
| 0.16    | 0.00   | 0.00  | 0.07   | 0.00  |
| 0.10    | 0.12   | 0.17  | 0.38   | 0.27  |
|         | 0.00   |   | 0.00   | 0.00  |
|         |  | 0.00  | 0.14   | 0.21  |
| 0.16    | 0.00   | 0.34  | 0.58   | 0.39  |
|         | 0.00<br>0.46<br>0.59<br>0.25<br>0.16<br>0.10 | 0.00 0.00  0.46 0.64  0.59  0.25 0.23  0.16 0.00  0.10 0.12  0.00 | 0.00 0.00 0.00 0.00  0.46 0.64 0.63 0.06 0.59 0.23 0.00 0.16 0.00 0.00 0.10 0.12 0.17 0.00 | 0.00     0.00     0.00     1.36       0.46     0.64     0.63       0.59     0.57     0.00       0.25     0.23     0.00     0.00       0.16     0.00     0.00     0.07       0.10     0.12     0.17     0.38       0.00     0.00     0.00       0.00     0.00     0.14 |

#### Beacon:

Beacon Health Options is SFHP's non-specialty mental health provider. Beacon is partially delegated to process grievances. Most grievances received in Q4 2021 involved Access to Care followed by Attitude and Service. SFHP is currently working with Beacon to improve their services.



## Kaiser:

Kaiser is fully delegated to investigate and resolve grievances. At the creation of this report the information for Q3 2021 had not been received. This information will be available in the QIC Q1 2022 report.



Here for you

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## **MEMO**

#### Date:

| То        | Quality Improvement Committee   |
|-----------|---|
| From      | Bill Mace<br>Senior Program Manager, Appeals & Grievances<br>K. M. McDonald<br>Program Manager, Clinical Operations |
| Regarding | Q4-2021 UM Medical and Pharmacy Appeals Activity  |

#### Q4-2021 Appeals Activity - Overview

During Q4-2021, there were a total of 38 appeals filed (medical 20/pharmacy 18)<sup>i</sup>. In Q4-2021, there were a total of 5,952 authorization<sup>ii</sup> requests (medical 3,762/pharmacy 1,856) and a total of 479 denials (medical 26/ pharmacy 453).

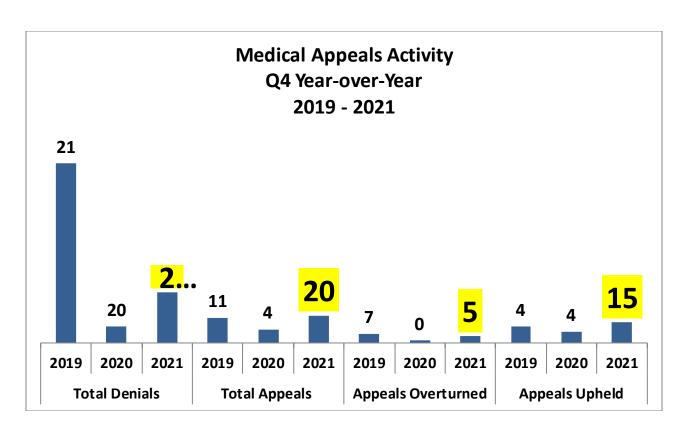
On a per 1,000 total authorization basis:

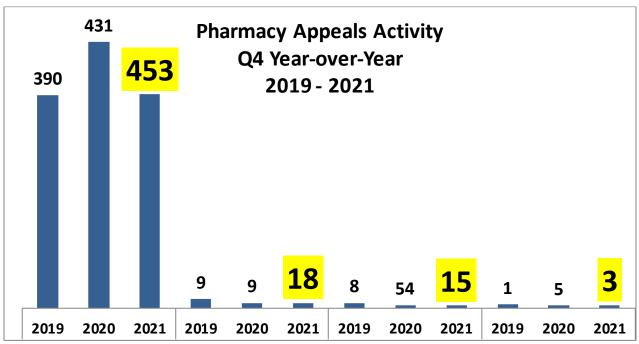
- 6.76 total appeals per 1,000 total authorizations
- 3.56 medical appeals per 1,000 total authorizations
- 3.20 pharmacy appeals per 1,000 total authorizations

Comparing appeal activity in Q4-2021 to Q3-2021:

- 38 appeals in Q4-2021 vs. 21 appeals in Q3-2021
- 6.76 appeals/1000 in Q4-2021 vs. 3.53 appeals/1000 in Q3-2021

Of the 38 appeals in Q4-2021, 20 appeals were overturned (medical 5/pharmacy 15), which is a 52% overturn rate. This compares to a 54 % overturn rate in Q3-2021 (13 overturned out of 24 appeals)





#### Q4-2019 - Q4-2020 Medical Denial Rates

Between Q1-2021 and Q4-2021, the medical denial rates ranged from 0.32% (Q1-2021) to 0.69% (Q4-2021):

|             | Medical Authorizations | Medical Denials | Medical Denial Rate |
|-------------|------------------------|-----------------|---------------------|
| Q1-<br>2021 | 3,762                  | 12              | 0.32%               |
| Q2-<br>2021 | 3,801                  | 13              | 0.34%               |
| Q3-<br>2021 | 3,989                  | 22              | 0.55%               |
| Q4-<br>2021 | 3,759                  | 26              | 0.69%               |

#### **Analysis**

#### Q4-2020 - Q4-2021 Medical Denial Rates

Between Q4-2020 and Q4-2021, the medical denial rates ranged from 2.22% (Q4-2020) to 0.69% (Q4-2021):

|         | Medical Authorizations | Medical Denials | Medical Denial Rate |
|---------|------------------------|-----------------|---------------------|
| Q4-2020 | 4,373                  | 97              | 2.22%               |
| Q1 2021 | 3,762                  | 12              | 0.32%               |
| Q2 2021 | 3,801                  | 13              | 0.34%               |
| Q3-2021 | 3,989                  | 22              | 0.55%               |
| Q4-2021 | 3,759                  | 26              | 0.69%               |

#### Q4-2020 - Q4-2021 Pharmacy Denial Rates

Between Q4-2020 and Q4-2021, the denial rates ranged from 25.52% (Q4-2020) to 24.41% (Q4-2021):

|         | Pharmacy Authorizations | Pharmacy Denials | Pharmacy Denial Rate |
|---------|-------------------------|------------------|----------------------|
| Q4-2020 | 1,689                   | 431              | 25.52%               |
| Q1-2021 | 1,798                   | 498              | 27.70%               |
| Q2-2021 | 2,151                   | 543              | 25.24%               |
| Q3-2021 | 1,979                   | 360              | 18.19%               |
| Q4-2021 | 1,856                   | 453              | 24.41%               |

#### Q4-2020- Q4-2021 Collective Medical & Pharmacy Appeal Rates per 1000 Denials

Between Q4-2020 and Q4-2021, the collective medical and pharmacy appeal rates per 1000 denials ranged from 29.2 (Q4-2020) to 57.4 (Q4-2021):

|         | Q4-19 - New Methdology                        |    |  |
|---------|---|----|--|
|         | Medical + Pharmacy Medical + Pharmacy Appeals |    | Medical + Pharmacy<br>Appeals / 1000 Denials |
| Q4-2020 | 445   | 13 | 29.2   |
| Q1-2021 | 510   | 20 | 39.2   |
| Q2-2021 | 556   | 22 | 39.6   |
| Q3-2021 | 556   | 21 | 37.8   |
| Q4-2021 | 453   | 26 | 57.4   |
|         |   |    |  |

# Q4-2021 Collective Medical & Pharmacy Appeal Adjudication Turn-Around-Time 79% of the medical and pharmacy appeals were adjudicated within 30-days in Q4-2021, compared to 100% in Q4 2020 and 100% in Q3 2021.

- The TAT for medical appeals in Q42021 is noted to be significantly lower than target. During Q4 2021, SFHP experienced a loss of staffing resources in all areas of the G&A unit: G&A coordinators, Quality Review RN and G&A Management staff. SFHP acted immediately in Q4 to 1) Initiate daily cross department huddles with Compliance, Provider Network Operations and Customer service to address ongoing needs around grievance and appeals cases and 2) SFHP engaged external consultant resources to cover all of the open positions and will continue to engage consulting resources until such time as unit is fully staffed.
- We will continue to monitor both the Grievance and Appeals TAT and adjust processes, staffing as required to meet the needs in this high priority area

|                       | Q4-2021             |         |          |
|-----------------------|---------------------|---------|----------|
|                       | Total (Med + Pharm) | Medical | Pharmacy |
| Number (#) of Appeals | 38                  | 20      | 18       |
| Percentage (%) of     |                     |         |          |
| Appeals Adjudicated   |                     |         |          |
| within 30-days        | 79%                 | 42%     | 83%      |

#### Q4-2021 Member and Provider Appeal Activity

Of 38 appeals filed in Q4-2021, 97% were member (37) initiated and 3% were provider (1) initiated.

Of all appeals filed in Q4-2021, 3 appeals were expedited.

|        |                        | Q4-2021                                |     |          |
|--------|------------------------|--|-----|----------|
|        |                        | Total (Med + Pharm)   Medical   Pharms |     | Pharmacy |
| Member | # of Initiated Appeals | 34                                     | 12  | 11       |
| Member | % of Total Appeals     | 89%                                    | 32% | 29%      |
|        | # of Initiated Appeals | 4                                      | 8   | 7        |

| Provider | % of Total Appeals     | 10% | 21% | 18% |
|----------|------------------------|-----|-----|-----|
| Member   | # of Expedited Appeals | 3   | 1   | 2   |
| Member   | % of Initiated Appeals | 40% | 3%  | 53% |
| Duaridan | # of Expedited Appeals | 0   | 0   | 0   |
| Provider | % of Initiated Appeals | 0%  | 0%  | 0%  |

## **Q4-2021 Basis for Overturned Appeals**

Of the 19 overturned appeals in Q4-2021 4 were Medical 15 Pharmacy appeals.

|                            | Q4-2021                               |     |     |
|----------------------------|---------------------------------------|-----|-----|
|                            | Total (Med + Pharm)   Medical   Pharm |     |     |
| # of Overturned<br>Appeals | 19                                    | 4   | 15  |
| % of Total Appeals         | 50%                                   | 11% | 39% |

#### **Actions**

The Utilization Management Committee's (UMC) standing agenda item is to review and discuss upheld and overturned medical and pharmacy utilization management appeals. The discussion and decision highlights are reflected in the UMC minutes.

ii Source for Medical data:, the following data classes are no longer counted in the authorization (auth) total:

- D Class auths created in error.
- I Class auths closed cases.
- O Class auths: Authorization Not Required; Duplicate Authorization; Medi-Medi Members; Other Payer; QNXT Failure; Created in Error.
- Additionally, any A Class auths (medical) and pharmacy auths associated with the following statuses were not counted: voids, retrospective, approved by PDRs, closed, pending, received, and early closed.

Source for Pharmacy data: email from (2/3/2022).

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Date: February 3, 2022

| То        | Quality Improvement Committee                        |
|-----------|--|
| From      | Bill Mace<br>Senior Manager,<br>Appeals & Grievances |
| Regarding | Q4, 2021<br>Potential Quality Issue Report           |

## **Case Reviews**

| Q4 20 | 021 - Case types reviewed                     | Count |
|-------|---|-------|
| Total | Total cases reviewed for PQI                  |       |
|       | Appeals                                       | 38    |
|       | Decline to File Grievances (Clinical)         |       |
|       | Grievances (Clinical)                         | 122   |
|       | Internal referrals (not including grievances) | 4**   |
|       | External referrals                            | 0     |
|       | Provider Preventable Condition (PPC)          | 0     |

| Outcomes   | Count |
|--|-------|
| Opened for PQI investigation                             | 4**   |
| Formal PQI investigation (PQI letter)                    | 1**   |
| Cases requiring external physician review or peer review | 0**   |
| Confirmed Quality Issue                                  | 0**   |
| PQI cases resulting in Corrective Action Plan (CAP)      | 0**   |
| Confirmed Provider Preventable Condition (PPC)           | 0**   |
| PQI cases closed within 60-day turnaround time           | 2**   |
| PQI cases closed outside 60-day turnaround time          | 2**   |

<sup>\*</sup>Data retrieved from Ramp 937 and 0390ES PQI Case Reports

## **PQI Final Determination**PRACTIONER PERFORMANCE AND SYSTEM RANKING

| Severity Level (P= Provider Issue S= System Issue) | Definition   | Action/Follow-up  | Final case status<br>notes in Essette                  |
|--|--|---|--|
| P0/S0  | Care appropriate.  | No action required.  Resolution notification sent to provider as applicable.  | P0/S0 - No confirmed quality issue                     |
| P1/S1  | Minor opportunity for improvement. No actual adverse outcome to member.  | Notification to provider confirming quality issue.  Notification may include Improvement Opportunity recommendation.  | P1/S1- Confirmed<br>Minor Quality Issue<br>(CQI)       |
| P2/S2  | Moderate improvement opportunity and/or care deemed inappropriate.  Potential/actual minor or moderate adverse outcome to member.  | Notification to provider confirming quality issue.  Medical Director/designee may request peer review, offer Improvement Opportunity recommendation, and/or corrective action.  Peer review outcome documented in case notes.   | P2/S2–Confirmed<br>Moderate Quality<br>Issue (CQI)     |
| P3/S3  | Significant opportunity for improvement and/or care deemed inappropriate.  Potential/actual significant adverse outcome to member. | Notification to provider confirming quality issue.  Medical Director/designee may request peer review, offer Improvement Opportunity recommendation, and/or corrective action.  Peer review outcome documented in case notes. Referral to Physician Advisory Committee (PAC) for review and/or recommendations. | P3/S3– Confirmed<br>Significant Quality<br>Issue (CQI) |

Analysis: No trends identified during Q4 2021

| SAN FRANCISCO<br>HEALTH PLAN  | Utilization Management Committee (UMC) 3 November 2021 2PM – 3:30PM (Special 1.5 hr. session) Meeting Invite / Conference connection through Microsoft Teams  |   |  |  |  |
|---|---|---|--|--|--|
| Meeting called by:  | Matija Cale   |   |  |  |  |
| Type of meeting:  | Mandatory - Monthly Recurring   | Recorder: K. M. McDonald  |  |  |  |
| Present:  | Clinical Operations Matija Cale, Monica Baldzikowski; SeDessie Harris, Tamsen Staniford; Kirk McDonald; April Tarpey; Morgan Kerr; Tony Tai; Fiona Donald  Pharmacy Lisa Ghotbi, Li Roseland, Tammy Chau, Jessica Shost   | Compliance Betty DeLos Reyes Clark; Crystal Garcia  Access and Care Experience Jesse Chairez, Grace Carino, Nicole Ylagan, Ralph Custodio  Guest Courtney Spalding; Debra Hagemann (ClearLink Partners) |  |  |  |
| Not Present:  Ravid Abraham (as of 10.21 is no longer with SFHP)  Ralph Crowder (as of 10.21 is no longer with SFHP). |   |   |  |  |  |
| Quorum (details after the <i>Action Items</i> section below)  | Chief Medical Officer, MD (Fiona) Senior Medical Director: (vacant as of 10.28.21) Director, Clinical Operations, RN (Matija) Senior Manager, Prior Authorization, RN (Monica) Manager, Concurrent Review and Care Transitions, RN (SeDessie) UM Nurse Manager, Prior Authorizations, RN (Tamsen) Program Manager, Clinical Operations, PhD (Kirk) Director, Pharmacy, Pharm. D. (Lisa) |   |  |  |  |

|                      | Manager, Pharmacy: (vacant as of 10.21)   |
|----------------------|---|
|                      | Not Present:  |
|                      | DRAFT_Agenda_UMC_Nov_v11.3.21 09_Final_MInutes_UMC_Sept_v9.30.21 Jesse_Appeals_November_v11.03.21 Betty_SFH.IMR.CC_UMC Report_2021.11.03  |
|                      | Metrics  (There was no UMC meeting in October 2021, so the metrics reflect activity from 9.2 – 10.29.)  • CMO HS Dashboard Jul 2021_08 31 21  • UM Director Dashboard_Aug 2021_09 14 21  • UM Director Dashboard_Sep 2021_10 15 21  • ClinicalOperations_KPI-Dashboard_August2021_Inaugural-Tableau_v9.16.21  • Tableau_Version_Clinical Operations Dashboard_v10.18.21  • TonyTai_UM Phone Metrics - September 2021_v10.5.21  • Pharmacy_Dashboard_Aug 2021_09_27_21  • Pharmacy_Dashboard_Sep 2021_10_26_21  • EssetteAuths_August 2021_9 15 2021 |
| Documents Presented: | <ul> <li>EssetteAuths_September 2021_10 18 2021</li> <li>Policies/Criteria</li> <li>Non-Genital_Gender_Criteria_MK edits</li> <li>Genital_Gender_Criteria_MK edits</li> <li>PP_CO_(CO-22)_Authorization_Requests_2021.10.21</li> <li>PP_CO_(CO-57)_UM Clinical Criteria_2021.10.21</li> </ul>   |
|                      | <ul> <li>MCG Materials</li> <li>MCG 25 edition SOC notes</li> <li>MCG 25th Edition Summary of Changes Slides</li> <li>MCG 25th_Edition_Summary of Changes Document</li> </ul>   |
|                      | Pharmacy – Enteral Related Documents  • Enteral  • List_of_Covered_Enteral_Nutrition_Products_v0.1_(1)  |

Medi-Cal-Rx-Scope-09-04-2020

## **DMG Report**

April\_DMG\_Quality\_Tracking\_v11.02.21

#### **Consent Calendar**

|           | andans anionan   |     |                                   |   |   |  |  |
|-----------|--|-----|-----------------------------------|---|---|--|--|
| ITEM<br># | Document   |     | Review<br>Schedule                |   | Outcome   |  |  |
| 1.        | UM Program Description UM1_ElemA_Factors1,3,5,6_2020_UMProgDescrip_v9.17.20  | •   | Annual (Q1)<br>Evote<br>(2.26.21) | • | Approved by quorum.   |  |  |
| 2.        | UM Program Evaluation<br>1.1.A.1_DHCS_UMProgEval-2020_v1.14.21a  | • • | Annual (Q1)<br>Evote<br>(2.26.21) | • | Approved by quorum.   |  |  |
| 3.        | Specialty Referral Report<br>Q2/Q3 – 2020  | •   | April 2021<br>UMC Meeting         | • | Reviewed by UMC; will need to provide a metric improvement (details below).                                   |  |  |
| 4.        | Internal Audit of Authorization Requests Report<br>Q1-2021   | •   | August 2021<br>UMC Meeting        | • | Approved by quorum.   |  |  |
| 5.        | Specialty Referral Report<br>Q4-2020   | •   | August 2021<br>UMC Meeting        | • | Approved by quorum  |  |  |
| 6.        | UM Criteria for Non-Genital Gender Confirmation Services  UM Criteria for Genital Gender Confirmation Services  UM Criteria for EPSDT Private Duty Nursing | •   | August 2021<br>UMC Meeting        | • | All three criteria documents were approved by quorum.   |  |  |
| 7.        | <ul> <li>MCG, the 25<sup>the</sup> edition</li> <li>MCG Upgrade/changes</li> </ul>   | •   | Nov 2021<br>UMC Meeting           | • | Approved by quorum  |  |  |
| 8.        | UM Criteria for Non-Genital Gender Confirmation Services  UM Criteria for Genital Gender Confirmation Services   | •   | Nov 2021<br>UMC Meeting           | • | Both documents were updated to align with Senate Bill SB-855. A requirement of DHCS/DMHC. Approved by quorum. |  |  |
| 9.        | CO-57 – UM Clinical Criteria<br>CO-22 – Authorization Requests   |     |                                   | • |   |  |  |

| 10 | Annual benchmark updates for the utilization trending tableau report          |             |                         | • |
|----|---|-------------|-------------------------|---|
| 11 | Internal Audit of Authorization Requests Report<br>Q2-2021                    | •           | Dec 2021                | • |
| 12 | Specialty Referral Report<br>Q1-2020  | UMC Meeting | •                       |   |
| 13 | 2021 Utilization Management Program Description<br>Annual Review and Approval |             |                         | • |
| 14 | 2021 Utilization Program Evaluation<br>Annual Review and Approval             | •           | Jan 2022<br>UMC Meeting | • |

**Agenda** 

|    | Topic   | Brought By | Time           | MINUTES   |
|----|---|------------|----------------|---|
| 1. | Standing Items:  • Approval of minutes  • Action Items review  • Parking lot review  • Medical/Pharmacy Directors' Dashboards | Matija     | 2:00 –<br>2:10 | November Agenda reviewed. September Minutes  (No UMC meeting in October 2021.) Approved by quorum. Director Dashboard  The following metrics (9.21 set) were reviewed: Daily Inpatient Census Trending down  Maternity Kick Trending up Claim Edits Trending down given the configuration adjustments made. Monica is still working on further adjustments.  Tableau Report - Clinical Operations KPI [Key Performance Indictors) Dashboard - September 2021  Authorizations increase by 25%. Denial rates continue to remain low. Membership has increase due to the takeover of the CLN membership. |

**Commented [MK1]:** This is the inaugural review of this new dashboard.

|    |  |   |                | With the transition of the pharmacy services to the State, will begin including Healthy Workers data.     Reviewed the following tables (9.21 set):     On review of the dashboard's tables, the Pharmacy team shared the metrics are universally stable.  Action Items     See Updates below  |
|----|--|---|----------------|--|
|    | Medical/Pharmacy     Appeals: Upheld     and Overturned     Independent     Medical Review     (IMR)     State Fair     Hearings (SFH)     Consumer     Complaints | April – DMG     appeal cases     Tamsen –     CHN/UCSF     cases     Jessica –     Pharmacy     Appeals     Kandice/Betty | 2:10 –<br>2:25 | <ul> <li>Appeals – No change to either UM or Pharmacy processes or policies.</li> <li>UM – Appeals – 6</li> <li>Upheld appeals – 5</li> <li>Overturned appeals – 1</li> <li>Pharmacy – Appeals - 10</li> <li>Upheld appeals – 7</li> <li>Overturned appeals – 3</li> <li>Compliance – .10</li> <li>IMR – 1</li> <li>SFH – 2</li> <li>Consumer Complaints – 7</li> </ul>  |
| 2. | GAFS criteria alignment<br>with WPATH (DMHC SB-<br>855)  | Monica  | 2:25-<br>2:40  | UMC voted approve the inclusion of the SB-855 requirement updates.  This will allow Clin Ops GAFS criteria to be in step with WPATH.  Clin Ops has been practicing these requirements prior, so there is no audit issue when files are retrospectively reviewed.  The redline versions are posted in the UMC SharePoint folder.  The updates are a stop-gap measure until the draft GAFS criteria is approved.  The updated versions are posted on SFHP's website. |
| 3. | MCG Criteria   | Courtney  | 2:40 –<br>2:50 | MCG went live on 9.24.21.     The 25 <sup>the</sup> edition MCG Upgrade/changes     Details of the changes are in the following documents:     MCG 25 edition SOC notes     MCG 25th Edition Summary of Changes Slides   |

|    |  |             |                | MCG 25th_Edition_Summary of Changes     Document      There is a new NCQA requirement that physicians     practicing in our network need to be involved in our     criteria development/approval process, so we will need to     present at QIC annually as an agenda item vs. being a     consent item.   |
|----|--|-------------|----------------|--|
| 4. | CO-57 PP (UM Clinical Criteria)     CO-22 PP (Authorization Requests)  Tabled December 2021 UMC Meting           | Morgan      | 2:50–<br>2:55  | Need to vote to approve PP updates.  |
| 5. | NCQA Mock Audit     Update   | Kirk/Matija | 2:55-<br>3:05  | High-level review of Diane's feedback The October mock audit was limited in scope:  UM-2 (Criteria): updated CO-57; will begin the annual QIC agenda review in February 2022.  UM5, element G (TAT): the table has been updated to only include denials.  UM-12, elements A &B: Clin Ops is on track with the DTP, the metric table, and the report.  File reviews of DMGs showed some areas of improvement required and will be addressed.  Overall, Clin Ops is well positioned to pass the required points for accreditation in the UM standards. |
| 6. | Facial     feminization -     DMG education –     update      Was tabled from     September 2021     UMC meeting | April       | 3:05 –<br>3:20 | Preparing the first DMG workgroup agenda. Proposed topics:  UM reporting updates (ensuring DMGs are reporting correct denial reasons aka Benefit vs Medical Necessity).  -APL Updates including Letter 20-018 (Ensuring Access to Transgender Services) and how this applies to approving facial feminization surgery as medically necessary in the presence of gender dysphoria.  -Quarterly file reviews and areas of improvement in denial files.   |

|    |                               |        |                | Delegation Oversight Team is working on scheduling the first round of the DMG workgroup meetings.  Update on what where DMGs are now with Quarterly audit.  Held Zoom meetings during Q1-21 and Q2-21 and show major improvements.  Refer to the document  April_DMG_Quality_Tracking_v11.02.21.  The Q3-21 meeting will focus on prepping for the formal upcoming audits. |
|----|-------------------------------|--------|----------------|--|
| 7. | CPAP follow-up                | Tamsen | 3:20–<br>3:25  | Need to provide a 6-month impact analysis of the PA removal and report to UMC  11.03.21 Pondera over-billing alerts confirm no increased billing of CPAP and supplies after PA removal. Alert is still in place for continued review by program integrity group. Propose closing item given Pondera alert is working as intended and identified no increased billing.      |
| 8. | Recap / Action Item<br>Review | Kirk   | 3:25 –<br>3:30 | •  |

#### 11.03.21 - Action Items

| ITEM# | OWNER                | ACTION ITEMS   | STATUS |
|-------|----------------------|--|--------|
| 1.    | Monica               | <ul> <li>Meet with Fiona, Betty regarding the case where a<br/>Member received approval for 7 in-office visits at<br/>Stanford and received a skin tag removal (12/9 visit),<br/>which is considered a cosmetic procedure, but we<br/>approved payment.</li> </ul> | •      |
| 2.    | Lisa                 | To research if Dexcom is market available.   | •      |
| 3.    | Lisa / Jessica       | <ul> <li>Appeal MA211019001 for TACROLIMUS 0.1%</li> <li>Is this medication covered by Medicaid/Medi-Cal?</li> </ul>   | •      |
| 4.    | Betty / SeDessie (?) | <ul> <li>Expedited consumer complaint (8.21.21) re. disenrollment.</li> <li>Will discuss with the CCR Team further.</li> <li>Better decision tree for handling disenrollments.</li> </ul>  | •      |

| Need to handle on a case-by-case basis. |  |
|---|--|
|---|--|

#### 9.01.21 - Action Items

| ITEM# | OWNER       | ACTION ITEMS   | STATUS   |
|-------|-------------|--|--|
| 1.    | Lisa Ghotbi | Address the Enteral nutritional products in the Medicaid<br>Pharmacy Project | We have conflicting documents from DHCS.  The Medi-Cal Rx Scope document lists enteral nutrition as 'partial' meaning that it can be dispensed either in the medical benefit OR the pharmacy benefit. This is good news because this maintaining is our current state that we fought for with DHCS. The actual DHCS Enteral policy (enteral.pdf) still states that enteral nutrition can only be a pharmacy benefit. The list of covered enteral nutrition products was updated in May 2021 and seems to be come complete and more aligned with our most commonly utilized products. This is good news because members won't have to switch products.  In summary, I think we are in good shape with regard to enteral |

|          |   |  | nutrition access through the transition however, I would feel better about it if the actual policy was updated to reflect that medical billing and medical providers can supply enteral nutrition along with tubing and supplies.   |
|----------|---|--|---|
| 2. Betty | • | Following up on SFH request regarding Stanford and whether an in-office procedure was medically necessary or a cosmetic procedure. | (email - Sun 10/31/2021 6:05 PM)  • Member received approval for 7 in-office visits at Stanford. • Though the skin tag removal (12/9 visit) is a cosmetic procedure, Stanford should have known this requires a separate authorization and submitted a PA for us to make a determination (regardless of whether Stanford thought that we would cover this). Would recommend following up with Stanford about this. • It is recommend (by the Senior Medical Director / Ravid) we reimburse the member this one time for the additional \$200 paid for the skin tag removal (12/9 visit) asit seems unfair to expect the member to |

|    |       |  | know she needed a second auth for the skin tag removal if she already received a letter stating that the follow up visits would be covered. We should, however, make it clear to the member that this is a one-time exception and that any further procedures at Stanford require a PA. |
|----|-------|--|---|
| 3. | Jesse | To be further investigate: Slide 3, Who Submitted? What are possible reasons for the increase in members submitting appeals? Slide 5, Member Appeal – UM vs. Pharmacy vs. Other What are the possible reasons for the increase in UM member appeals vs. Pharmacy member appeals? | <ul> <li>I was unable to find a possible reason for the increase in UM appeals vs Pharmacy Appeals</li> <li>There were about 20 appeal cases submitted in Q1 2021.         <ul> <li>There were 24 cases in Q2 2021</li> </ul> </li> </ul>   |

Legend

| 1 | = Need Update |  |
|---|---------------|--|
| 2 | = In progress |  |
| 3 | = Completed   |  |
| 4 | = On Hold     |  |

| UMC<br>Meeting<br>Date | Owner(s)     | Action Item(s)  | Comments   | Status |
|------------------------|--------------|---|--|--------|
| 3.17.20                | Monica / Jim | Add to the JOC agenda<br>the issue of members<br>who have never<br>contacted their assigned<br>PCP, leading in some<br>cases to accessing<br>OOMG/OOA providers.  | On hold to further notice.   | 4      |
| 1.19.21                | Monica       | > PA TAT Tables:<br>formally requesting IT<br>Team to assist in<br>correcting this issue  | 11.3.21 – still in process.  | 2      |
| 12.15.20               | Tamsen       | > CPAP follow-up > Working w/ Katy Shaffer to dive deeper into the utilization data. > Need to provide a 6- month impact analysis of the PA removal and report to UMC.  | 11.03.21 Completed   | 3      |
| 2.16.21                | Monica       | > No prior authorization will be required for BPM. > Work with the Configuration Team to set BPM benefit limits. > Work with the Fraud, Waste Abuse Team (Compliance) regarding ability for Pondera software to monitor BPM claims. > Work with PNO | <ul> <li>Identified provides who can provide BPM services through the medical benefits.</li> <li>Working with the Pharmacy Team about costs and whether an authorization will be required for non-par providers.</li> <li>Discussed whether to include a note in a member's Essette 360 file.</li> </ul> | 2      |

|         |        | regarding access to quality BPMs at Medi-Cal prices.   |   |   |
|---------|--------|--|---|---|
| 2.16.21 | Matija | > Will track the<br>Governor's budget to<br>confirm CGMs are a<br>confirmed Medi-Cal<br>benefit. and if coverage<br>date remains   | <ul> <li>11.3.21:</li> <li>No SF pharmacies carry DME licenses.</li> <li>State has created draft documents for covering CGMs through Medi-Cal Rx.</li> <li>CGMs will continue to be available through medical benefit via Advanced Diabetes Supply and Mini Pharmacy, now both contracted with SFHP.</li> <li>Home BP monitors will be available through contracted DME vendors identified by PNO.</li> </ul> | 2 |
| 2.16.21 | Tamsen | > Will follow-up with the<br>Pharmacy/PNO for<br>potential of local<br>pharmacies<br>having/obtaining<br>licenses to supply DME<br>in order to provide DME<br>like CGMs after Medi-<br>CalRx go-live | <ul> <li>11.3.21</li> <li>CGMs will be available through the Medi-Cal Rx benefit.</li> <li>Discussed whether Dexcom CGMs are market available.</li> <li>Lisa will follow-up; see action item below.</li> </ul>  | 2 |
| 2.16.21 | April  | > Update CO-57 and the<br>Provider Manual to<br>reflect the delegate<br>clinical criteria hierarchy<br>monitoring process and<br>state SFHP's criteria<br>hierarchy will be applied<br>to appeals    | 11.2.21 Sean (Provider Relations) confirmed this language was added to the provider manual back in June 2021. Completed   | 3 |

| 6.2.21 | Lisa Ghotbi                   | Follow-up was for the appeal - MA210426003:  > Do more requests for ENTERAL NUTRITION PRODUCTS come through the pharmacy auth process or the clin op process?  > What is the auth split?  > The need to align the Rx/Med criteria as an opportunity for improvement.  > The ESPDT challenge of supplements is the need to include a tapering criteria requirement, transition plans to move off the enteral nutrition product.  > Something to consider placing in criteria | 11.3.21 - completed  | 3 |
|--------|-------------------------------|---|----------------------|---|
| 6.2.21 | Angie /<br>Monica /<br>Tamsen | > GAFS Hair reduction criteria are missing from the MGC gap analysis.   | 11.3.21 – On Hold    | 4 |
| 6.2.21 | Pharmacy<br>Team              | > Requested to have<br>access to all the GAFS<br>Workgroup materials<br>when the Workgroup is<br>launched.  | 11.01.21 - Completed | 3 |

| 6.16.20 | Monica | Will review the Private<br>Duty Nursing EPSDT<br>criteria at the June 2021<br>UMC meeting  | 11.1.21 – completed. Reviewed with Senior Medical Director and CMO, decided not to move forward with MCG criteria at this time. | 3 |
|---------|--------|--|---|---|
| 7.7.21  | April  | Appeal MA210602001     Work with NEMS to reeducate about facial feminization surgical services and benefits.   | 11.1.21 - Completed   | 3 |
| 7.7.21  | Kirk   | To handle the follow-up questions about the Benchmark draft report:  o ALOS metrics § Are these ONLY for DMGs who are delegated UM, or for all of the DMGS? o Inpatient Acute Days metrics § Do these figures include acute rehab, SFNF data? o ER metrics § The lower the benchmark (reverse) is better, therefore, the lower HEDIS percentiles | 10.28.31 - will be on the December 2021 UMC agenda. Will vote.  | 2 |

|         |               | are the ideal<br>benchmarks.  |   |   |
|---------|---------------|---|---|---|
| 8.04.21 | Matija        | Appeals MA210624001 and MA210629001     Will follow up with the MCG representative regarding the original denials, based on the current MCG algorithms, and being overturned based on input from MRIoA. | 11/1/21- Ravid unable to provide additional samples. Will table this and ask appeals team to track and see if we need to reach out to MCG if we continue to overturn their criteria based on MRIoA.   | 2 |
| 8.04.21 | Monica        | Regarding the overturned UM appeal (MA210706002)     Need to ask PNO who is the in-network provider for orthopedic (joint) consultation.  | 11.3.21 – CCHN/DMG related issue; redirected to Ralph/April (11.4.21).  | 2 |
| 8.04.21 | Monica/Matija | Evaluating on whether<br>to continue the current<br>Specialty Referral<br>follow-up process or to<br>modify the process.  | 11.3.21 - Completed. Starting with the Q2/Q3-2021 outreach, the strategy is changed to:  > An eFax list of members whose auths are still open (not attached to a claim) will be sent to the CHN clinics.  > The Program Manager, Clinical Operations (Kirk) will be responsible for the outreach moving forward.  > Maxine has collated a list of the CHN clinics fax numbers.  > Kirk will be meeting w/ Maxine on Friday (11.12.21) to test run the eFax outreach strategy. | 2 |
| 9.15.20 | Monica        | > Will work with PNO<br>about the GAFS  | 11.3.21 – on hold   | 4 |

| surgeons' proposal for increasing their |
|---|
| ownership role in                       |
| surgery coordination.                   |

# Parking Lot

| ITEM# | OWNER | ACTION ITEMS | STATUS |
|-------|-------|--------------|--------|
| 1.    |       | •            | •      |
| 2.    |       | •            | •      |
| 3.    |       | •            | •      |

| Membership and<br>Voting Rights | The UMC membership, with voting rights on all motions, consists of:  Chief Medical Officer, MD  Associate Medical Director, MD  Senior Manager, Prior Authorization, RN  UM Nurse Manager, Prior Authorizations, RN  Manager, Concurrent Review and Care Transitions, RN  Program Manager, Utilization Management, PhD  Director, Pharmacy, Pharm.D.  Manager, Pharmacy, RPh. The UMC membership, with voting rights limited to behavioral health and mental health motions, consists of:  Director of Clinical Services – Beacon Health Options (ad hoc)  Valid State Clinical License required (RN, LCSW, LMFT, PhD or PsyD)  Medical Director (MD/ Psychiatry) – College Health IPA (Beacon Health |
|---------------------------------|---|
|                                 | Medical Director (MD/ Psychiatry) – College Health IPA (Beacon Health Options) (ad hoc)   |
| Quorum                          | <ul> <li>A quorum of the UMC is five members with at least one representative from Clinical Operations, Pharmacy, and the Medical Director staff.</li> <li>At least one behavioral health representative must also be in attendance to conduct any business related to behavioral health benefits.</li> </ul>   |

## **Appendix**

## AuthSubClass: September 2021

| AuthSubClass               | <b>Total Count</b> |
|----------------------------|--------------------|
| Acute Inpatient            | 463                |
| Acute Rehab                | 1                  |
| Chemotherapy               | 29                 |
| Diagnostics and Procedures | 186                |
| Dialysis                   | 16                 |
| Durable Medical Equipment  | 117                |
| ED to IP                   | 2                  |
| Home Health Care           | 23                 |
| Home Hospice               | 3                  |
| Home Infusion              | 9                  |
| Maternity                  | 90                 |
| Medical Supplies           | 100                |
| Office Visits              | 599                |
| Orthotics & Prosthetics    | 37                 |
| Outpatient Services        | 135                |
| Pediatric/Neonatal         | 40                 |
| Portal DME/Med Supplies    | 4                  |
| PT, OT, ST                 | 67                 |
| Radiation Oncology         | 14                 |
| Radiology                  | 139                |
| Skilled Nursing Facility   | 40                 |
| Surgeries with Anesthesia  | 50                 |
| Transgender Services       | 57                 |
| Transportation             | 21                 |
|                            |                    |

# Authorizations by Type: September 2020 to September 2021

| Month     | Year | <b>Inpatient Auth Count</b> | <b>Outpatient Auth Count</b> |
|-----------|------|-----------------------------|------------------------------|
| September | 2020 | 502                         | 1220                         |
| October   | 2020 | 584                         | 1348                         |
| November  | 2020 | 577                         | 1118                         |
| December  | 2020 | 540                         | 1195                         |
| January   | 2021 | 545                         | 1314                         |
| February  | 2021 | 526                         | 1335                         |
| March     | 2021 | 545                         | 1314                         |
| April     | 2021 | 567                         | 1519                         |
| May       | 2021 | 574                         | 1543                         |
| June      | 2021 | 590                         | 1472                         |
| July      | 2021 | 693                         | 1562                         |
| August    | 2021 | 701                         | 1708                         |
| September | 2021 | 545                         | 1314                         |

# AuthSubClass per 1000: September 2020 to September 2021

| AuthSubClass               | Per 1000 |
|----------------------------|----------|
| Acute Inpatient            | 202.742  |
| Acute Rehab                | 1.413    |
| Carve-Out                  | 0.878    |
| Chemotherapy               | 11.611   |
| Diagnostics and Procedures | 63.901   |
| Dialysis                   | 1.719    |
| Durable Medical Equipment  | 70.013   |
| Home Health Care           | 12.414   |
| Home Hospice               | 0.573    |
| Home Infusion              | 5.271    |
| Maternity                  | 45.033   |
| Medical Supplies           | 54.085   |
| Office Visits              | 261.526  |
| Orthotics & Prosthetics    | 14.094   |
| Outpatient Services        | 38.463   |
| Pediatric/Neonatal         | 18.945   |
| Portal DME/Med Supplies    | 2.597    |
| PT, OT, ST                 | 31.626   |
| Radiation Oncology         | 8.136    |
| Radiology                  | 72.075   |
| Skilled Nursing Facility   | 19.289   |
| Surgeries with Anesthesia  | 22.917   |
| Transgender Services       | 28.723   |
| Transportation             | 11.955   |

| SAN FRANCISCO<br>HEALTH PLAN  | Utilization Management Committee (UMC) 16 December 2021 9AM – 10:00AM Meeting Invite / Conference connection through Microsoft Teams  |   |  |
|---|---|---|--|
| Meeting called by:  | Matija Cale   |   |  |
| Type of meeting:  | Mandatory – Monthly Recurring   | Recorder: K. M. McDonald  |  |
| Present:  | Clinical Operations Matija Cale, Monica Baldzikowski; SeDessie Harris, Tamsen Staniford; Kirk McDonald; April Tarpey; Morgan Kerr; Tony Tai; Fiona Donald  Pharmacy Lisa Ghotbi, Li Roseland, Tammy Chau, Jessica Shost   | Compliance Betty DeLos Reyes Clark; Crystal Garcia  Access and Care Experience Nicole Ylagan  Guest Debra Hagemann (ClearLink Partners) |  |
| Not Present:  |   |   |  |
| Ravid Abraham (as of 10.21 is no longer with SFHP)  Ralph Crowder (as of 10.21 is no longer with SFHP). | Grace Carino (OOO)  |   |  |
| Quorum (details after the Action Items section below)   | <ul> <li>Chief Medical Officer, MD (Fiona)</li> <li>Senior Medical Director: (vacant as of 10.28.21)</li> <li>Director, Clinical Operations, RN (Matija)</li> <li>Senior Manager, Prior Authorization, RN (Monica)</li> <li>Manager, Concurrent Review and Care Transitions, RN (SeDessie)</li> <li>UM Nurse Manager, Prior Authorizations, RN (Tamsen)</li> <li>Program Manager, Clinical Operations, PhD (Kirk)</li> <li>Director, Pharmacy, Pharm. D. (Lisa)</li> <li>Manager, Pharmacy: (vacant as of 10.21)</li> </ul> |   |  |

|                      | Not Present:  |
|----------------------|---|
|                      | DRAFT_Agenda_UMC_Dec_v12.15.21 DRAFT_Minutes_UMC_Nov_v11.3.21 |
|                      | Metrics   |
|                      | UM Director Dashboard_Oct 2021_11 12 21                       |
|                      | UM Director Dashboard_Nov 2021_12 15 21                       |
|                      | Tableau_Clinical Operations Dashboard_Nov-2021_v12.15         |
|                      | Tony_UM-Phone-Metrics - October 2021_v11.5.21                 |
|                      | Tony_UM Phone Metrics - November 2021_v12.15.21               |
| Documents Presented: | Betty_SFH.IMR.CC_UMC Report_2021.12.16                        |
|                      | Policies/Criteria   |
|                      | PP_CO_(CO-22)_Authorization_Requests_2021.10.21               |
|                      | PP_CO_(CO-57)_UM Clinical Criteria_2021.10.21                 |
|                      |   |
|                      | Consent Calendar  |
|                      | FINAL_UMAdverseDecisionAuditReport_Q2-2021_v9.16.21           |
|                      | DRAFT_Proposed_Benchmark_Updates_2021_v11.11.21               |
|                      | FINAL_Draft_2021-UMProgDescrip_v12.15.21                      |

# **Consent Calendar**

| ITEM<br># | Document  | Review<br>Schedule  | Outcome   |
|-----------|---|---|---|
| 1.        | UM Program Description UM1_ElemA_Factors1,3,5,6_2020_UMProgDescrip_v9.17.20 | <ul><li>Annual (Q1)</li><li>Evote<br/>(2.26.21)</li></ul> | Approved by quorum.   |
| 2.        | UM Program Evaluation<br>1.1.A.1_DHCS_UMProgEval-2020_v1.14.21a             | <ul><li>Annual (Q1)</li><li>Evote<br/>(2.26.21)</li></ul> | Approved by quorum.   |
| 3.        | Specialty Referral Report<br>Q2/Q3 – 2020                                   | April 2021     UMC Meeting                                | Reviewed by UMC; will need to provide a metric improvement (details below). |

| 4. | Internal Audit of Authorization Requests Report<br>Q1-2021   | • | August 2021<br>UMC Meeting | • | Approved by quorum.  |
|----|--|---|----------------------------|---|--|
| 5. | Specialty Referral Report<br>Q4-2020 / Q1-2021   |   | August 2021<br>UMC Meeting | • | Approved by quorum   |
| 6. | UM Criteria for Non-Genital Gender Confirmation Services  UM Criteria for Genital Gender Confirmation Services  UM Criteria for EPSDT Private Duty Nursing | • | August 2021<br>UMC Meeting | • | All three criteria documents were approved by quorum.  |
| 7. | <ul> <li>MCG, the 25<sup>the</sup> edition</li> <li>MCG Upgrade/changes</li> </ul>   | • | Nov 2021<br>UMC Meeting    | • | Approved by quorum   |
| 8. | UM Criteria for Non-Genital Gender Confirmation Services UM Criteria for Genital Gender Confirmation Services  | • | Nov 2021<br>UMC Meeting    | • | Both documents were updated to align with Senate Bill SB-855. A requirement of DHCS/DMHC. Approved by quorum.  |
| 9. | CO-57 – UM Clinical Criteria<br>CO-22 – Authorization Requests   |   |                            | • | Approved by quorum   |
| 10 | Annual benchmark updates for the utilization trending tableau report   | • | Dec 2021<br>UMC Meeting    | • | Vote limited to 2022 QI Measure: Utilization of Service – Inpatient Admissions.  O Quorum approved the QI Measure Balance of benchmarks on hold pending Business Analytics final review. |
| 11 | Internal Audit of Authorization Requests Report<br>Q2-2021   |   | J                          | • | No vote required.<br>Documenting review and discussion by the<br>UMC.  |
| 12 | 2021 Utilization Management Program Description<br>Annual Review and Approval  |   |                            | • | Approved by quorum   |
| 13 | Specialty Referral Report<br>Q2/Q3-2021  | • | Feb 2022<br>UMC Meeting    | • |  |
| 14 | 2021 Utilization Program Evaluation<br>Annual Review and Approval  | • | Feb 2022<br>UMC Meeting    | • |  |

**Agenda** 

| Agenda | Topic   | Brought By   | Time           | MINUTES   |
|--------|---|--|----------------|---|
| 1.     | Standing Items:  • Approval of minutes  • Action Items review  • Parking lot review  • Medical/Pharmacy Directors' Dashboards   | Matija   | 9:00 –<br>9:10 | <ul> <li>Agenda reviewed.</li> <li>Director Dashboard         <ul> <li>Reviewed metrics</li> </ul> </li> <li>Pharmacy Dashboard         <ul> <li>The Pharmacy Team is currently updating the dashboard given the new pharmacy structure starting in 2022.</li> <li>Will tentatively present a dashboard at the January 2022 UMC meeting.</li> <li>Lisa provided the update - Dexcom CGMs now covered under Pharm Carve-out.</li> </ul> </li> <li>Action Items         <ul> <li>See Updates below</li> </ul> </li> </ul> |
|        | <ul> <li>Medical/Pharmacy<br/>Appeals: Upheld<br/>and Overturned</li> <li>Independent<br/>Medical Review<br/>(IMR)</li> <li>State Fair<br/>Hearings (SFH)</li> <li>Consumer<br/>Complaints</li> </ul> | <ul> <li>April – DMG appeal cases</li> <li>Tamsen – CHN/UCSF cases</li> <li>Jessica – Pharmacy Appeals</li> <li>Betty</li> </ul> | 9:10 –<br>9:15 | Appeals     Due to resource constraints, there will be no appeals review for December. At the 1.2022     UMC meeting, will resume the normal updates.      Compliance     Discussion points:  |
| 2.     | <ul> <li>CO-57 PP (UM Clinical Criteria)</li> <li>CO-22 PP (Authorization Requests)</li> </ul>  | Morgan   | 9.15–<br>9:20  | <ul> <li>Consent Calendar vote</li> <li>Need to vote to approve PP updates.</li> <li>Was approved by quorum vote.</li> </ul>  |
| 3.     | <ul> <li>Internal Audit of<br/>Authorization<br/>Requests Report<br/>Q2-2021</li> </ul>   | Kirk   | 9:20 –<br>9:30 | <ul> <li>On consent calendar.</li> <li>Report approved.</li> <li>No outliers, full compliance.</li> </ul>   |

| 4. | <ul> <li>Annual         benchmark         updates for the         utilization trending         tableau report</li> </ul> | Kirk / Matija   | 9:30 –<br>9:40 | <ul> <li>Consent Calendar vote</li> <li>IP / 2022 Quality Measure (see details in the appendix) was approved by quorum vote.</li> </ul>   |
|----|--|---|----------------|---|
| 5. | <ul> <li>2021 Utilization         Management         Program         Description     </li> </ul>                         | Kirk / Matija   | 9:40 –<br>9:45 | <ul> <li>Consent Calendar vote</li> <li>Annual Review and Approval</li> <li>Was approved by quorum vote.</li> </ul>   |
| 6. | Overview of What the UM and Pharmacy Teams are collaborating on for smooth Rx transition                                 | Tamsen (in-person) /<br>Kaitlin Hawkins (email<br>update) | 9:45 –<br>9:50 | The main concern is the potential for providers to game the claims system (DHCS / SFHP) by billing simultaneously DHCS/SFHP to obtain maximum payment.  This issue creates problems for capitation arrangements.  E.g., some potential services for this to occur home health, dialysis centers,  CGM discussion  DHCS and SFHP CGM criteria do vary and potentially might create an issue for members/providers.  Feedback has been given to DHCS. |
| 7. | Recap / Action     Item Review   | Kirk  | 9:50 –<br>9:55 | Will send action items by email.  |

# 12.16.21 - Action Items

| ITEM# | OWNER         | ACTION ITEMS  | STATUS |
|-------|---------------|---|--------|
| 1.    | Fiona / Betty | <ul> <li>Assist Betty with a State Fair Hearing on Monday<br/>12.20.21.</li> </ul>  | •      |
| 2.    | Wayne Pan     | <ul> <li>Review auth requests for Hypoborate Oxygen for potential PQIs.</li> <li>Compliance to reach out to Wayne (Betty?)</li> </ul>   | •      |
| 3.    | Tamsen        | <ul> <li>Develop a consistent msg. to DMGs about the criteria<br/>difference between SFHP and Medical RX for CGMs to<br/>address potential confusion about whether to bill SFHP<br/>or DHCS.</li> </ul> | •      |

| 4. Fiona • A backu | plan for Appeals and Grievance coverage for in December. |
|--------------------|--|
|--------------------|--|

# 11.03.21 - Action Items

| ITEM# | OWNER                | ACTION ITEMS   | STATUS   |
|-------|----------------------|--|--|
| 1.    | Monica               | <ul> <li>Meet with Fiona, Betty regarding the case where a         Member received approval for 7 in-office visits at         Stanford and received a skin tag removal (12/9 visit),         which is considered a cosmetic procedure, but we         approved payment.</li> </ul> | • In progress  |
| 2.    | Lisa                 | To research if Dexcom is market available.   | Email - Tue 12/14/2021 4:08 PM  • Dexcom is available at Pharmacies. The member should check with their pharmacy to determine if stock is available. |
| 3.    | Lisa / Jessica       | <ul> <li>Appeal MA211019001 for TACROLIMUS 0.1%</li> <li>Is this medication covered by Medicaid/Medi-Cal?</li> </ul>   | Email - Tue 12/14/2021 4:08<br>PM  • Medi-Cal Coverage:<br>TACROLIMUS 0.1 %  • OINT. (G) GENERIC -<br>PA required                                    |
| 4.    | Betty / SeDessie (?) | <ul> <li>Expedited consumer complaint (8.21.21) re. disenrollment.</li> <li>Will discuss with the CCR Team further.</li> <li>Better decision tree for handling disenrollments.</li> <li>Need to handle on a case-by-case basis.</li> </ul>   | •  |

Legend

| 1 | = Need Update |  |
|---|---------------|--|
| 2 | = In progress |  |
| 3 | = Completed   |  |
| 4 | = On Hold     |  |

| Owner(s) | Action Item(s)  | Comments  | Status |
|----------|---|---|--------|
| Monica   | > PA TAT Tables: formally requesting IT Team to assist in correcting this issue   | 11.3.21 - still in progress.  | 2      |
| Monica   | <ul> <li>No prior authorization will be required for BPM.</li> <li>Work with the Configuration Team to set BPM benefit limits.</li> <li>Work with the Fraud, Waste Abuse Team (Compliance) regarding ability for Pondera software to monitor BPM claims.</li> <li>Work with PNO regarding access to quality BPMs at Medi-Cal prices.</li> </ul>   | <ul> <li>11.3.21</li> <li>Identified provides who can provide BPM services through the medical benefits.</li> <li>Working with the Pharmacy Team about costs and whether an authorization will be required for non-par providers.</li> </ul>  | 2      |
| Matija   | > Will track the Governor's budget to confirm CGMs are a confirmed Medi-Cal benefit. and if coverage date remains   | <ul> <li>11.3.21:</li> <li>No SF pharmacies carry DME licenses.</li> <li>State has created draft documents for covering CGMs through Medi-Cal Rx.</li> <li>CGMs will continue to be available through medical benefit via Advanced Diabetes Supply and Mini Pharmacy, now both contracted with SFHP.</li> <li>Home BP monitors will be available through contracted DME vendors identified by PNO.</li> </ul> | 3      |
| Kirk     | To handle the follow-up questions about the Benchmark draft report:     o ALOS metrics     § Are these ONLY for DMGs who are delegated UM, or for all of the DMGS?     o Inpatient Acute Days metrics     § Do these figures include acute rehab, SFNF data?     o ER metrics     § The lower the benchmark (reverse) is better, therefore, the lower HEDIS percentiles are the ideal benchmarks. | 11.15.21 (Priya email - Mon 11/15/2021 10:11 AM)  • ALOS metrics  ○ Are these ONLY for DMGs who are delegated UM, or for all the DMGS?  • All DMGs  • Inpatient Acute Days metrics  ○ Do these figures include acute rehab, SFNF data?  • No those go to non-acute  | 3      |

| April | <ul> <li>Regarding the overturned UM appeal<br/>(MA210706002)</li> <li>Need to ask PNO who is the in-network provider for<br/>orthopedic (joint) consultation.</li> </ul> | 12.16.21: Still gathering information. Will revisit this due to resource constraints in A&G (email Thu 12/16/2021 7:33 AM). | 2 |
|-------|---|---|---|
|-------|---|---|---|

# Parking Lot

| ITEM# | OWNER | ACTION ITEMS | STATUS |
|-------|-------|--------------|--------|
| 1.    |       | •            | •      |
| 2.    |       | •            | •      |
| 3.    |       | •            | •      |

| Membership and<br>Voting Rights | <ul> <li>The UMC membership, with voting rights on all motions, consists of:</li> <li>Chief Medical Officer, MD</li> <li>Senior Medical Director, MD</li> <li>Associate Medical Director, MD</li> <li>Director, Clinical Operations, RN</li> <li>Senior Manager, Prior Authorization, RN</li> <li>Manager, Concurrent Review and Care Transitions, RN</li> <li>UM Nurse Manager, Prior Authorizations, RN</li> <li>Program Manager, Clinical Operations, PhD</li> <li>Director, Pharmacy, Pharm. D</li> <li>Manager, Pharmacy, RPh.</li> </ul> |
|---------------------------------|--|
|                                 | The UMC membership, with voting rights limited to behavioral health and mental health motions, consists of:  • Director of Clinical Services – Beacon Health Options (ad hoc)  • Valid State Clinical License required (RN, LCSW, LMFT, PhD or PsyD)  • Medical Director (MD/ Psychiatry) – College Health IPA (Beacon Health Options) (ad hoc)  |

| Quorum | <ul> <li>A quorum of the UMC is five members with at least one representative from Clinical Operations, Pharmacy, and the Clinical staff.</li> <li>A senior-level physician (a medical director, associate medical director or equivalent) is required to be included in a quorum to demonstrate active involvement in UM activities, including implementation, supervision, oversight and evaluation of the UM program (NCQA, UM1, Element A, Factor 3).</li> <li>At least one behavioral health representative must also be in attendance to conduct any business related to behavioral health benefits (NCQA, UM1, Element A, Factor 4).</li> </ul> |
|--------|--|
|--------|--|

Appendix 2022 QI Measure: Utilization of Service – Inpatient Admissions

| Measure                 | Measure   | Numerator                         | Denominator  | Baseline | Target | Time                       | Activities   | Measure  |
|-------------------------|---|-----------------------------------|--|----------|--------|----------------------------|--|--|
| Title                   | Definition  |                                   |  |          |        | Period                     |  | Owner  |
| Inpatient<br>Admissions | Decrease<br>the<br>amount of<br>inpatient<br>admissions | Sum of acute inpatient admissions | Sum of<br>member<br>months (rate<br>will be<br>annualized) | 96.72    | 82.8   | 7/1/2021<br>-<br>6/30/2022 | Review     diagnostic     related     groups that     are driving     utilization in     Utilization     Management     Committee     Recommend     care     management     programs to     look address     driver     population | Matija<br>Cale,<br>Director,<br>Clinical<br>Operations |

# AuthSubClass: November 2021

| AuthSubClass               | <b>Total Count</b> |
|----------------------------|--------------------|
| Acute Inpatient            | 467                |
| Acute Rehab                | 2                  |
| Carve-Out                  | 1                  |
| Chemotherapy               | 27                 |
| Diagnostics and Procedures | 160                |
| Dialysis                   | 1                  |
| Durable Medical Equipment  | 164                |
| ED to IP                   | 4                  |
| Home Health Care           | 32                 |
| Home Infusion              | 13                 |
| Maternity                  | 88                 |
| Medical Supplies           | 102                |
| Office Visits              | 507                |
| Orthotics & Prosthetics    | 16                 |
| Outpatient Services        | 78                 |
| Pediatric/Neonatal         | 44                 |
| Portal DME/Med Supplies    | 4                  |
| PT, OT, ST                 | 77                 |
| Radiation Oncology         | 15                 |
| Radiology                  | 153                |
| Skilled Nursing Facility   | 42                 |
| Surgeries with Anesthesia  | 55                 |
| Transgender Services       | 70                 |
| Transportation             | 20                 |

# <u>Authorizations by Type: November 2020 to November 2021</u>

| Month     | Year | Inpatient Auth Count | <b>Outpatient Auth Count</b> |
|-----------|------|----------------------|------------------------------|
| November  | 2020 | 577                  | 1118                         |
| December  | 2020 | 540                  | 1195                         |
| January   | 2021 | 545                  | 1314                         |
| February  | 2021 | 526                  | 1335                         |
| March     | 2021 | 545                  | 1314                         |
| April     | 2021 | 567                  | 1519                         |
| May       | 2021 | 574                  | 1543                         |
| June      | 2021 | 590                  | 1472                         |
| July      | 2021 | 693                  | 1562                         |
| August    | 2021 | 701                  | 1708                         |
| September | 2021 | 545                  | 1314                         |
| October   | 2021 | 626                  | 1605                         |
| November  | 2021 | 649                  | 1493                         |

# AuthSubClass per 1000: November 2020 to November 2021

| AuthSubClass               | Dor 1000 |
|----------------------------|----------|
|                            | Per 1000 |
| Acute Inpatient            | 203.440  |
| Acute Rehab                | 1.300    |
| Carve-Out                  | 0.706    |
| Chemotherapy               | 12.483   |
| Diagnostics and Procedures | 65.163   |
| Dialysis                   | 1.449    |
| Durable Medical Equipment  | 66.947   |
| Home Health Care           | 12.223   |
| Home Hospice               | 0.483    |
| Home Infusion              | 5.350    |
| Maternity                  | 43.504   |
| Medical Supplies           | 53.498   |
| Office Visits              | 256.938  |
| Orthotics & Prosthetics    | 13.969   |
| Outpatient Services        | 43.281   |
| Pediatric/Neonatal         | 19.170   |
| Portal DME/Med Supplies    | 2.712    |
| PT, OT, ST                 | 33.696   |
| Radiation Oncology         | 7.690    |
| Radiology                  | 71.256   |
| Skilled Nursing Facility   | 19.802   |
| Surgeries with Anesthesia  | 23.442   |
| Transgender Services       | 28.829   |
| Transportation             | 12.669   |

| AuthSubClass Ranked        | Per<br>1000 |
|----------------------------|-------------|
| Home Hospice               | 0.483       |
| Carve-Out                  | 0.706       |
| Acute Rehab                | 1.300       |
|                            |             |
| Dialysis                   | 1.449       |
| Portal DME/Med Supplies    | 2.712       |
| Home Infusion              | 5.350       |
| Radiation Oncology         | 7.690       |
| Home Health Care           | 12.223      |
| Chemotherapy               | 12.483      |
| Transportation             | 12.669      |
| Orthotics & Prosthetics    | 13.969      |
| Pediatric/Neonatal         | 19.170      |
| Skilled Nursing Facility   | 19.802      |
| Surgeries with Anesthesia  | 23.442      |
| Transgender Services       | 28.829      |
| PT, OT, ST                 | 33.696      |
| Outpatient Services        | 43.281      |
| Maternity                  | 43.504      |
| Medical Supplies           | 53.498      |
| Diagnostics and Procedures | 65.163      |
| Durable Medical Equipment  | 66.947      |
| Radiology                  | 71.256      |
| Acute Inpatient            | 203.440     |
| Office Visits              | 256.938     |



# Policies and Procedures (P&Ps) Updates and Monitoring November 2021 through January 2022

Below are all of the new and recently revised Policies and Procedures that have been approved and uploaded to <u>Square1</u>. The summary of changes describes the latest version of the P&P. Current versions of P&Ps, desktop procedures, process maps, and supporting documents are all on <u>Square1</u>.

# P&P Updates:

| Policy                | Summary of New Policy and Updates  |
|-----------------------|--|
| CARE-05: Coordination | Policy Updates (SB855 updates):  |
| of Care               | <ul> <li>Specified LOB for Basic Case Management, Complex Case</li> </ul>  |
|                       | Management, and Out-of-Plan Case Management and Coordination   |
|                       | of Care  |
|                       | Updated HOI to HSP   |
|                       |  |
| CLS-02: Use of        | Policy Updates (DHCS-Approved; Changes from DHCS APL 21-004 Threshold  |
| Interpreters and      | Languages): PROCEDURE  |
| Bilingual Staff       |  |
|                       | <ul> <li>II. C updated to reflect process for when SFHP providers are unable to<br/>meet their contractual obligation to provide interpreter services to</li> </ul>  |
|                       | members.   |
|                       | REFERENCES   |
|                       | Adds new APL to list of references.  |
|                       | A day he was a consecutive con |
|                       |  |
| CO-26: Discharge      | Policy Updates (DHCS approved 11/23/21 for APL 21-015, MOT6):  |
| Planning              | Updated to new template and active verb tense  |
|                       | PROCEDURE  |
|                       | <ul> <li>Under A, specified Medi-Cal Seniors &amp; SPD, "who is admitted for a</li> </ul>  |
|                       | major organ transplant"  |
|                       | <ul> <li>Under A2, added "This also includes medically necessary services for</li> </ul>   |
|                       | living donors for members who are admitted for a major organ   |
|                       | transplant."   |
| 00.54.5.1.11          | Deline the dates (Bissurial Design)  |
| CO-54: Evaluation of  | Policy Updates (Biennial Review): POLICY STATEMENT   |
| New Technology        | Revised into active verb   |
|                       | Moved Pharm P&P references to end of policy statement  |
|                       | PROCEDURE  |
|                       | Under I. Guidelines for Coverage, added NCQA criteria for use that   |
|                       | must be informed by well-conducted investigations  |
|                       | Under II.B Behavioral Health, renamed Beacon "CRIP" to "SRC" and   |
|                       | renamed SFBHS "MQIC" to "MUIC"   |
|                       | Under III.C, specified "Recommendations to cover new technologies  |
|                       | that are non-covered services on an ongoing basis may be provided to   |
|                       | ET for review and approval."   |



Here for you

| Here for you           |  |
|------------------------|--|
|                        | <ul> <li>Under III.D, added "CMO and/or Medical Director may approve the</li> </ul>    |
|                        | non-covered new technology"  |
|                        | MONITORING   |
|                        | <ul> <li>Updated monitoring to align with standard language for CO P&amp;Ps</li> </ul> |
|                        | monitoring activities  |
|                        | DEFINITIONS  |
|                        | Updated Medical Necessity definition to include EPSDT services                         |
|                        | AFFECTED DEPARTMENTS/PARTIES   |
|                        | ·  |
|                        | Updated HOI to HSO- Compliance/G&A   |
|                        | REFERENCES   |
|                        | Updated NCQA reference from 2020 to 2022 Standard UM 10                                |
|                        | Updated BHS manual number reference  |
|                        |  |
| CO-57: UM Clinical     | Policy Updates (Biennial Review):  |
| Criteria               | <ul> <li>Under Policy Statement, removed "Procedures for mental health" for</li> </ul> |
|                        | SB855 and to be included in "R2 grid" and Delegation agreement for                     |
|                        | criteria detail?   |
|                        |  |
| QI-06: Clinical Member | Policy Updates (DHCS-Approved; Updates from DHCS APL 21-004 Threshold                  |
| Grievances             | Languages):  |
|                        | PROCEDURE  |
|                        | II. G. 2. Adds that SFHP sends a delay letter to members if grievances                 |
|                        | are not able to be resolved within 30 calendar days.                                   |
|                        | III. G. Adds that SFHP reports clinical grievances to DHCS on a monthly                |
|                        | basis.   |
|                        | VII. C. 3. Adds SFHP's process for investigating grievances that allege                |
|                        | discrimination.  |
|                        | MONITORING   |
|                        | Adds that SFHP submits a quarterly report to ensure members are                        |
|                        | notified in writing of delayed grievance resolutions.                                  |
|                        | ADDITIONAL CHANGES:  |
|                        |  |
|                        | Minor grammar corrections  |
|                        | Updates list of related documents  |
|                        | Updates references to include DHCS APL 20-017 and APL 21-004                           |
|                        |  |
| QI-17: Member Appeals  | Policy Updates (DMHC approved 10/31/21, DHCS APL 20-017 approved                       |
|                        | 3/17/2021, still pending for MRX deliverable):   |
|                        | <ul> <li>Updated to active verb tense</li> </ul>                                       |
|                        | PROCEDURE  |
|                        | <ul> <li>Under section III. Requirements for Expedited Appeals, removed</li> </ul>     |
|                        | exception on appeals about non-formulary drugs for HW LOB                              |
|                        | <ul> <li>Under section IV. added specific requirements for HW HMO</li> </ul>           |
|                        | grievances seeking an external exception request review                                |
|                        | <ul> <li>Section IV. A, added SFHP reviews exception requests as</li> </ul>            |
|                        | detailed in PHARM-02   |
|                        | <ul> <li>Section IV. B-C, clarified how HW HMO NOA provides</li> </ul>                 |
|                        | members with information on filing grievance from external                             |
|                        | members with information on ming grievanice noin external                              |



Here for you

Exception Request review.

- Section IV. D, specifies how an external Exception Request review does not affect a HW member's right to submit a Grievance/Appeal or request an IMR from DMHC.
- Section IV. E-G, specifies job functions within SFHP crossfunctional teams (QR RN, Pharmacist, and Grievance Coordinator) to coordinate applicable documentation to the IRO within specified timeframes
- Section IV. H-I, clarified Grievance Coordinator/Specialist's role to provide IRO decision to the member/representative in a written NAR along with member's preferred language as applicable.
- Under section VI. State External Review of an Appeal part I. added appeals are reported to DHCS on a monthly basis.

#### **DEFINITION**

- Defined "Exception Request" & "Exigent Circumstances"
   REFERENCES
  - Added DHCS APL 20-017 and CFR, Title 45, Section 156.122(c)



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# **MEMO**

| То        | Quality Improvement Committee                            |
|-----------|--|
| From      | Fiona Donald, MD<br>Chief Medical Officer, SFHP          |
| Regarding | Summary of HE P&Ps Updates (November 2021- January 2022) |

## 02/22/22

Please review the following summary of updates of HE P&Ps from November 2021 thru January 2022. This is a FYI for the committee.

There are no significant changes to bring to the committee for review at this time.

If the committee has any questions/comments or would like a detailed review of a policy; the policy will be included for review at the next QIC meeting.

## **SFHP EPSDT Private Duty Nursing Medical Necessity Criteria**

San Francisco Health Plan (SFHP) uses the following Private Duty Nursing (PDN) Acuity Grid to determine the medical necessity of PDN prior authorization requests for EPSDT services for Medi-Cal beneficiaries under the age of 21.

## Instructions:

The Private Duty Nursing Acuity Grid indicates the average amount of skilled nursing treatment or services as documented by concurrent health records for each of the services listed below:

- For the first certification period, these skilled nursing services are estimated by the nurse per shift.
- For the recertification period(s), the average amount of skilled nursing services performed by the nurse per shift

| ASSESSMENT NEEDS   | POINTS | SCORE |
|--|--------|-------|
| This is based on the severity of illness and the stability of the patient's condition(s).              |        |       |
| (Chaosa ana)   |        |       |
| (Choose one)   |        |       |
| Initial physical assessment per shift  | 0      |       |
| Second documented complete physical assessment per shift   | 2.0    |       |
| Three or more complete physical assessments per shift  | 3.0    |       |
| (Choose one if at least 2 of the 4 assessment types are orederd and documented as medically necessary) |        |       |
| Note: These assessments are incorporated in the physical assessment above. Select only                 |        |       |
| if completed in addition to the physical assessment.   |        |       |
| VS/GLU/NEURO/RESP (Assess less often than daily)   | 0      |       |
| VS/GLU/NEURO/RESP (Assess less often than Q4, at least once per shift                                  | 1.0    |       |
| VS/GLU/NEURO/RESP (Assess Q 4 hr or more often per shift)  | 2.0    |       |
| VS/GLU/NEURO/RESP (Assess Q 2 hr or more often per shift)  | 3.0    |       |
|  | TOTAL: |       |

| MEDICATION / IV DELIVERY NEEDS  | POINTS | SCORE |
|---|--------|-------|
| (Choose one describing the medications provided by the nurse: Oral, Inhaler, Rectal, NJ, NG, G Tube. Does not include nebulizer or over-the-counter medications.) |        |       |
| Documented medication delivery less than 1 dose per shift   | 0      |       |
| Documented medication delivery 1 to 3 doses per shift   | 1      |       |
| Documented medication delivery 4 to 6 doses per shift   | 2      |       |
| Documented medication delivery 7 or more doses per shift  | 4      |       |
| Critical Medication (i.e. anticonvulsant, cardiac with hold parameters, etc)  | 2      |       |

| (Choose one)  |        |
|---|--------|
| No IV access  | 0      |
| Peripheral IV access  | 1      |
| Central line of port, PICC Line, Hickman, etc.  | 2.5    |
| (Choose one)  |        |
| No IV Medication Delivery   | 0      |
| Transfusion of IV medication less than daily but at least weekly                          | 2.5    |
| IV medication less often than Q 4 hrs (does not include hep flush)                        | 4.5    |
| IV medication Q 4 hrs or more often   | 6      |
| (Choose one)  |        |
| No regular blood draws, or regular blood draws less than twice per week                   | 0      |
| Regular blood draws / IV Peripheral Site - at least twice per week                        | 4.5    |
| Regular blood draws / IV Central line - at least twice per week                           | 6      |
| Routine diagnostics - fingersticks, urine, stool, sputum, etc. (per days needed)          | 0.5    |
| Complicated routine diagnostics - fingersticks, urine, stool, sputum, etc. (complications | 1      |
| must be   |        |
| documented.)(per day needed)  |        |
|   | TOTAL: |

| FEEDING NEEDS   | POINTS | SCORE |
|---|--------|-------|
|   |        |       |
| (Choose one)  |        |       |
| No parenteral   | 0      |       |
| Partial parenteral nutrition  | 3      |       |
| Total parenteral nutrition (TPN)  | 6      |       |
| (Choose one)  |        |       |
| Routine oral feeding or no tube-feeding required                                  | 0      |       |
| Documented difficult prolonged oral feeding by nurse                              | 2      |       |
| Tube feeding (routine bolus or continuous)  | 2      |       |
| Tube feeding (combination bolus and continuous, does not include clearing tubing) | 2.5    |       |
| Complicated tube feeding (complications must be documented)                       | 3      |       |
| (Choose any that apply)   |        |       |
| Documented occasional reflux and/or aspiration precautions by a nurse             | 0.5    |       |
| G-Tube, or Mic-key button   | 1      |       |
| J-tube, GJ-tube, or tract < 90 days old for any tube                              | 4      |       |
|   | TOTAL: |       |

| RESPIRATORY NEEDS  | POINTS | SCORE |
|--|--------|-------|
| (Choose one)   |        |       |
| No trach, patent airway  | 0      |       |
| No trach, unstable airway with desaturations and airway clearance issues   | 4      |       |
| Trach (routine care)   | 1      |       |
| Trach special care (wound or breakdown treatment, pull-out or replacement, stoma less                                  | 4      |       |
| than 90 days old) at   | 7      |       |
| least two documented events during shift (Choose one: instilling normal saline and resuctioning to break up secretions |        |       |
| count as one suctioning session.)  |        |       |
| No suctioning  | 0      |       |
| Nasal and oral pharyngeal suctioning by a nurse > 10 times per shift   | 4      |       |
| Infrequent tracheal suctioning by a nurse during shift, less than Q 3 hrs but at                                       | 1      |       |
| least daily  | 1      |       |
| Tracheal suctioning session by a nurse during shift, Q 3 hrs   | 4      |       |
| Tracheal suctioning session by a nurse during shift, Q 2 hrs or more frequently  | 6      |       |
| (Choose one)   |        |       |
| None of the following three options apply  | 0      |       |
| Oxygen - daily use   | 0.5    |       |
| Oxygen PRN based on pulse oximetry, oxygen needed at least weekly  | 1      |       |
| Humidification and oxygen - direct (via mask or tracheostomy tube but not with ventilator)                             | 3      |       |
| (Choose one)   |        |       |
| No ventilator, BiPap, or CPAP  | 0      |       |
| Ventilator: rehab transition / active weaning; documented  | 9      |       |
| Ventilator: weaning achieved, required monitoring, documented  | 6      |       |
| Ventilator: at night, 1-6 hrs during shift, documented   | 8      |       |
| Ventilator: 7-12 hours per day, documented   | 10     |       |
| Ventilator: > 12 hrs per day but not continuous, documented  | 12     |       |
| Ventilator: no respiratory effort or 24 hr/day in assist mode, documented  | 14     |       |
| BiPAP or CPAP by nurse during shift, up to 8 hours per day   | 4      |       |
| BiPAP or CPAP by nurse during shift, > 8 hrs per day   | 6      |       |
| BiPAP ST by nurse during shift, spontaneous timed with rate used to ventilate  | 7      |       |
| at night   |        |       |
| (Choose one)   |        |       |
| No nebulizer treatments  | 0      |       |
| Nebulizer treatments by nurse during shift, less than daily but at least Q week  | 1      |       |
| Nebulizer treatments by nurse during shift, Q 4hrs or less frequently but at least                                     | 1.5    |       |
| daily Nebulizer treatments by nurse during shift, Q 3 hrs  | 2      |       |
| Nebulizer treatments by nurse during shift, Q 2 hrs or more frequently   | 3      |       |

| (Choose one: must be physician ordered, medically necessary, by nurse during shift, and documented)        |       |
|--|-------|
| No Chest PT (Physical Therapy), HFCWO (High Frequency Chest Wall Oscillation) vest, or Cough Assist Device | 0     |
| Chest PT, HFCWO vest or Cough Assist Device at least Q week  | 0.5   |
| Chest PT, HFCWO vest or Cough Assist Device / Q 4 hrs or less, but at least daily                          | 1.5   |
| Chest PT, HFCWO vest or Cough Assist Device / Q 3 hrs  | 2     |
| Chest PT, HFCWO vest or Cough Assist Device / Q 2 hrs or more  | 3     |
|  | TOTAL |

| ELIMINATION NEEDS   | POINTS | SCORE |
|---|--------|-------|
| (Choose one that best applies to care nurse provided during the previous        |        |       |
| 60 days)  |        |       |
| Continent of bowel and bladder  | 0      |       |
| Uncontrolled incontience < 3 yrs of age   | 0      |       |
| Uncontrolled incontience, either bowel or bladder > 3yrs of age                 | 1      |       |
| Uncontrolled incontience, both bowel and bladder, > 3 yrs of age                | 2      |       |
| Incontinence and intermittent straight catheterization, indwelling, suprapubic, | 3.5    |       |
| or condom catheter  |        |       |
| BOWEL OR BLADDER  |        |       |
| Ostomy Care - at least daily  | 3      |       |
| Ostomy Care - at least daily: complex or at risk, Documented                    | 6      |       |
|   | TOTAL  |       |

| SEIZURES   | POINTS | SCORE |
|--|--------|-------|
|  |        |       |
| (Choose One)   |        |       |
| No seizure activity  | 0      |       |
| Mild seizures - at least daily, no intervention                              | 0      |       |
| Mild seizures - at least 4 per week, each requiring minimal intervention     | 1      |       |
| Mod seizures - at least daily, each requiring minimal intervention           | 2      |       |
| Mod seizures - 2 to 4 times per day, each requiring minimal intervention     | 4      |       |
| Mod seizures - at least 5 times per day, each requiring minimal intervention | 4.5    |       |
| Severe seizures - up to 10 per month, each requiring intervention            | 4.5    |       |
| Severe seizures (requiring IM/IV/Rectal med administration - at least daily) | 5      |       |
| Severe seizures (requiring IM/IV/Rectal med administration - 2 to 4 times    | 8      |       |
| per day)   |        |       |
|  | TOTAL  |       |

| THERAPIES / ORTHOTICS / CASTING  | POINTS | SCORE |
|--|--------|-------|
| (Choose one)   |        |       |
| None   |        |       |
| Fractured or casted limb   | 2      |       |
| Passive ROM (at least Q shift)   | 2      |       |
| Torso cast, torso splint, or torso brace   | 2      |       |
| (Choose one)   |        |       |
| None   | 0      |       |
| No splinting schedule or splint removed and replaced less frequently than once per shift | 0      |       |
| Splinting schedule requires nurse to remove and replace at least once per shift          | 1      |       |
| Splinting schedule requires nurse to remove and replace at least twice per shift         | 2      |       |
|  | TOTAL  |       |

| WOUND CARE  | POINTS | SCORE |
|---|--------|-------|
| (Choose one)  |        |       |
| None of the options below apply   | 0      |       |
| Wound Vac, JP drain, per site   | 2      |       |
| Stage 1-2, wound care at least daily (does not include trach, PEG, IV site, J-tube, G-tube. | 2      |       |
| Stage 3-4, or multiple wound sites  | 3      |       |
| Complex wound care, or multiple Stage 3-4, documented                                       | 6      |       |
|   | TOTAL  |       |

| ISSUES THAT INTERFERE WITH CARE   | POINTS | SCORE |
|---|--------|-------|
| (Choose all that apply)   |        |       |
| None of the issues below interfere with care                                    | 0      |       |
| 2 or more parents/caregivers in home  | 0      |       |
| 1 or fewer parents/caregivers in home   | 4      |       |
| 2 or more children in home with special health care needs                       | 6      |       |
| Complications with parent/caregiver participation in care                       | 2      |       |
| (documentation needed)  | _      |       |
| Weight >100 pounds or immobility increases care difficulty                      | 1      |       |
| Mobility limitations: Ambulation (>3yo)   | 2      |       |
| Mobility limitation: Bed Mobility or total self-care deficit, documented (>3yo) | 6      |       |
| Unable to express needs and wants creating a safety issue                       | 2      |       |
|   | TOTAL  |       |

| OTHER ISSUES   | POINTS | SCORE |
|--|--------|-------|
| Requires isolation for infectious disease (i.e. tuberculosis, wound drainage) or             | 3      |       |
| protective isolation (nursing care activities for creating and maintaining isolation must be |        |       |
| documented)  |        |       |
| Any positive Score in three or more sections   | 6      |       |
| Other issues or complications - documentation required                                       | 3      |       |
|  | TOTAL  |       |
| Total Score from All Sections:   |        |       |

- Medically appropriate skilled nursing shift care for clients up to age 21 years old, may be covered where it has been determined that skilled management by a licensed nurse is required
- The number of hours of private duty nursing a member may receive may be determined by the score on the Private Duty Nursing Acuity Grid. Family / Guardian / Caregivers are required to provide some of the nursing care. 20 to 22 hour care is only covered in certain circumstances described below. The banking, saving or accumulated of unused prior authorization hours to be used later for the convenience of the family or the home health agency is not covered.
- The scoring applies as follows:

20 points or less: if the individual is being transitioned from 8 hrs/day, then 832 hours will be approved to the home health agency for the certification period. Otherwise, no Private Duty Nursing hours will be approved.

Note: when the member is decannulated up to 4 hours of nursing per day may be expected during the first 24-27 hours for the weaning process.

21 - 35 points: up to 8 hours per day for shift care **36 - 45 points:** up to 10 hours per day for shift care 46 - 55 points: up to 12 hours per day for shift care

**56 points and over:** up to 14 hours per day for shift care

Client may receive up to 2-3 days of 20-22 hr shift care only under the following conditions:

- After initial hospitalization discharge family / caregiver(s) need supervision or training in home care procedures.
- After subsequent hospitalization discharge family / caregiver(s) need training in home care changes
- Due to caregiver illness or temporary incapacity, an episode of supportive nursing care is needed.

Note: The Private Duty Nursing Grid may not accurately reflect the requirements of the member who remains in stable condition. Once 8 hours is reached, an increase in hours of service will require a change in the member's condition which meets the above criteria

#### **REVIEW HISTORY**

Effective Date: June 2020 Approval Date: June 2020

Review Date(s): April 2021, August 2021



# **UM CRITERIA FOR NON-GENITAL GENDER CONFIRMATION SERVICES**

| Mammoplasty                  | . 1 |
|------------------------------|-----|
| Mastectomy                   | . 1 |
| Facial Reconstruction        | . 3 |
| Surgical Revisions           | . 4 |
| Surgical Site Hair Reduction | 4   |
| Facial Hair Reduction        | . 5 |

Note: criteria pertains to adults members of SFHP and not those under the age of 18

## GENDER CONFIRMATION MAMMOPLASTY AND MASTECTOMY

#### 1. SURGICAL CONSULTATION:

Mammoplasty and Mastectomy with Male Chest reconstruction require:

- For SF Health Network (SFN) and SF Community Clinic Consortium (CLN) members:
  - a. Send consultation request and supporting documents to Transgender Health Services via eReferral
- Prior authorization from SFHP Utilization Management Department
- Documentation of Medical Evaluation
- Documentation of Behavioral Health Evaluation

#### Documentation of Medical Evaluation

- Comprehensive history and physical dated within 3 months of request date
- No medical contraindications to surgery
- Capacity to make a fully informed decision and to consent for treatment
- If significant medical or mental health concerns are present, they must be reasonably well controlled.
- · Substance use well-controlled for at least 6 months prior to request date

 For gender confirmation mammoplasty, it is recommended that patients undergo feminizing hormone therapy (minimum 12 months) prior to breast augmentation surgery. The purpose is to maximize breast growth in order to obtain better surgical (aesthetic) results.

#### Documentation of Behavioral Health Evaluation

- Referral for surgery from one qualified behavioral health professional who has assessed the member for mammoplasty/mastectomy
- Referral must include a statement that
  - a. Informed consent has been obtained from the patient
  - b. Behavioral health professional is available for coordination of care
  - c. Welcomes phone calls to establish care-coordination
- Evaluation dated within one year of prior authorization request

**Note:** gender confirmation surgery can have long wait times. SFHP requires updated medical and behavioral health documentation for surgical clearance prior to surgery.

#### 2. SURGICAL PROCEDURE:

Mammoplasty and Mastectomy with Male Chest reconstruction require:

- Prior authorization from SFHP Utilization Management Department
- · Completion of surgical consult
- List of requested procedure(s)
- Statement from the surgeon recommending surgery

# GENDER CONFIRMATION FACIAL RECONSTRUCTIVE PROCEDURES

SFHP will review requests of this type when the medical referral and behavioral health evaluation support medical necessity.

#### 1. SURGICAL CONSULTATION:

Facial reconstruction requests require:

- For SF Health Network (SFN) and SF Community Clinic Consortium (CLN) members:
  - a. Send consultation request and supporting documents to Transgender Health Services via eReferral
- Prior authorization from SFHP Utilization Management Department
- Documentation of Medical Evaluation
- · Documentation of Behavioral Health Evaluation

#### Documentation of Medical Evaluation

- · Comprehensive history and physical dated within 3 months of request date
- 12 continuous months of hormonal therapy; OR
- Viable medical contraindication to hormonal therapy
- Member has lived as the preferred gender for 12 continuous months
- · Substance use well-controlled for at least 6 months prior to request date
- No medical contraindications to surgery

#### Documentation of Behavioral Health Evaluation

- Referral for surgery from a qualified behavioral health professional who has assessed the member for facial reconstruction and includes:
  - a. Evaluation of facial feature(s) that cause persistent gender dysphoria
  - b. How the presence of stated feature(s) impair function in relation to activities of daily living
  - c. How the reconstruction of said features will improve quality of life and daily function
  - d. Must include statement that:
    - 1. Informed consent has been obtained from the patient
    - 2. Behavioral health provider is available for coordination of care
    - 3. Welcomes phone calls to establish care-coordination
- Evaluation dated within one year of prior authorization request

#### 2. SURGICAL PROCEDURE:

Facial reconstruction requests require:

- Prior authorization from SFHP Utilization Management Department
- Completion of surgical consult
- List of requested procedure(s)
- Statement from the surgeon recommending surgery as part of the treatment for gender dysphoria
- Documentation of signed Patient Education

#### REVISIONS OF NON-GENITAL GENDER CONFIRMATION SURGERY

SFHP authorizes requests for surgical revisions on a case-by-case basis consistent with Medi-Cal guidelines for medical necessity. SFHP does not cover cosmetic surgery. Clinical documentation must support medical necessity.

# Surgical revisions require:

- Medical and/or functional complications of prior gender confirmation procedure
- Measurements and/or photographs of deformity/asymmetry (if applicable)
- Statement from the performing surgeon recommending the procedure

#### HAIR REDUCTION PROCEDURES

#### 1. SURGICAL SITE HAIR REDUCTION

SFHP will cover electrolysis or laser hair reduction prior to gender confirmation surgery in order to prepare the surgical site

Surgical hair reduction requests require:

- Prior authorization from SFHP Utilization Management Department
- · Completion of surgical consult
- · Surgeon indicates member as an appropriate surgical candidate
- Authorization requests must come from the office of the consulting surgeon

## 2. FACIAL HAIR REDUCTION

SFHP will review requests of this type when the medical referral and behavioral health evaluation support medical necessity for MtF transgender individuals on a case-by-case basis.

Facial hair reduction requests require:

- Prior authorization from SFHP Utilization Management Department
- Documentation of Medical Evaluation
- Documentation of Behavioral Health Evaluation

# <u>Documentation of Medical Evaluation</u>

- 12 continuous months of hormonal therapy; OR
- Viable medical contraindication to hormonal therapy
- Member has lived as the preferred gender for 12 continuous months

# Documentation of Behavioral Health Evaluation

- Referral for procedure from a qualified behavioral health professional who has independently assessed the member and includes:
  - a. Evaluation of gender dysphoria related to the presence of facial hair
  - b. How the presence of facial hair impairs function in relation to activities of daily living
  - c. How the reduction of facial hair will improve quality of life and daily function
  - d. List of alternative methods of hair reduction and their results
  - e. Ability to give informed consent

# **DEFINITIONS**

#### MEDICAL NECESSITY

Services reasonable and necessary to protect life; prevent significant illness and/or disability, or to alleviate severe pain through the diagnosis and treatment of disease, illness, or injury

#### GENDER DYSPHORIA

Distress caused by conflict between a person's sex assigned at birth and the gender he/she/they currently identifies with

# FEMALE TO MALE (FtM)

A person assigned female sex at birth and later adopts the identity, appearance, and gender role of a male, especially after gender confirmation surgery

## MALE TO FEMALE (MtF)

A person assigned male at birth and later adopts the identity, appearance, and gender role of a female, especially after gender confirmation surgery

#### QUALIFIED MEDICAL PROFESSIONAL

The medical professional must have appropriate training (MD, DO, NP, PA):

- · Up-to-date clinical license in the State of California
- Training, continuing education, and experience working with the diagnosis and treatment of Gender Dysphoria

## QUALIFIED BEHAVIORAL HEALTH PROFESSIONAL

The behavioral health professional must have appropriate training:

- Master's degree or its equivalent in a clinical behavioral science field by an accredited institution
- Doctor of medicine or osteopathy, specializing in psychiatry and/or PhD in clinical behavioral science field by an accredited institution
- Licensed Psychiatrist
- Up-to-date clinical license
- Training, continuing education, and experience working with the diagnosis and treatment of Gender Dysphoria

# GENDER CONFIRMATION SURGERY

Surgical procedure that changes a person's physical appearance and function from his/her existing sex characteristics, including secondary sex characteristics, to resemble that of the opposite sex in order to affirm his/her gender identity. Gender confirmation surgery can meet medical necessity as an important part of treating gender dysphoria

#### TRANSGENDER

Diverse group of individuals who cross or transcend culturally-defined categories of gender. Gender identity of transgender people differs to varying degrees from their sex or physical gender assigned at birth

# WORLD PROFESSIONAL ASSOCIATION OF TRANSGENDER HEALTH (WPATH)

Organization founded in 1979 and formerly known as the Harry Benjamin International Gender Dysphoria Association (HBIGDA). It devotes its resources to understanding the treatment of Gender Dysphoria and has developed internationally accepted Standards of Care (SOC)

# **REVISION AND REVIEW HISTORY**

Effective Date: April 10, 2014
Approval Date: April 10, 2014

Revision Date(s): June 2013, January 2014, March 2014, May 2014, February

2015, October 2015, February 2016, April 2016; November 2021

Review Date(s): August 2021, November 2021

#### **REFERENCES**

Criteria based on the following:

- 7th edition of the World Professional Association of Transgender Health, WPATH, Standards of Care
- Medi-Cal Provider Manual "Surgeries"

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# **UM CRITERIA FOR GENITAL GENDER CONFIRMATION SERVICES**

| Examples of covered surgeries | .1 |
|-------------------------------|----|
| Genital Surgery Consult       | .2 |
| Genital Surgery Procedure     | .3 |
| Penile Prosthesis             | .4 |
| Surgical Revisions            | .4 |

Note: criteria pertains to adults members of SFHP and not those under the age of 18

# **COVERED GENITAL GENDER CONFIRMATION SURGERY PROCEDURES**

Surgical procedures may include but not limited to the following:

# 1. MALE TO FEMALE (MtF)

- Clitoroplasty
- Orchiectomy
- Penectomy
- Vaginoplasty

# 2. FEMALE TO MALE (FtM)

- Hysterectomy/salpingo-oophorectomy
- Metoidioplasty
- Phalloplasty
- Scrotoplasty
- Urethroplasty
- Vaginectomy

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## **GENDER CONFIRMATION GENITAL SURGERY**

#### 1. SURGICAL CONSULTATION:

All types of genital surgery require:

- For SF Health Network (SFN) and SF Community Clinic Consortium (CLN) members:
  - a. Send consultation request and supporting documents to Transgender Health Services via eReferral
- Prior authorization from SFHP Utilization Management Department
- Documentation of Medical Evaluation
- Documentation of Behavioral Health Evaluation

## **Documentation of Medical Evaluation**

- Comprehensive history and physical
  - a. Dated within 3 months of the initial request for consult
  - b. List of medical and psychiatric medications
  - c. Lived as preferred gender for 12 continuous months is required for Metoidioplasty or Phalloplasty and for Vaginoplasty surgeries. This is not a requirement for Orchiectomy and Hysterectomy/Salpingo-Oophorectomy surgeries.
  - d. Capacity to make a fully informed decision and to consent for treatment
  - e. If significant medical or mental health concerns are present, they must be reasonably well controlled.
  - f. Substance use well-controlled for at least 6 months prior to request date
  - g. Received 12 continuous months of hormonal therapy; OR
  - h. Viable medical contraindication to hormonal therapy
- Primary care provider states:
  - a. Available for coordination of care
  - b. Welcomes phone calls to establish care-coordination
  - c. Recommendation for surgery
- List of significant medical and/or behavioral health conditions:
  - a. Managed for at least 6 months preceding request for prior authorization
- Established care with Primary Care Provider and/or clinic for 12 months

## Documentation of Behavioral Health Evaluation

- Two referrals for surgery by qualified behavioral health professionals:
  - a. Behavioral health professionals must perform independent assessments
  - b. Both dated within one year of prior authorization request
  - c. Each assessment must include a statement that:
    - 1. Informed consent has been obtained from the patient
    - 2. Behavioral health professional is available for coordination of care
    - 3. Welcomes phone calls to establish care-coordination

**Note:** gender confirmation surgery can have long waiting times. SFHP requires updated medical and behavioral health documentation for surgical clearance prior to surgery.

#### 2. SURGICAL PROCEDURE:

All types of genital surgery require:

- Prior authorization from SFHP Utilization Management Department
- Completion of surgical consult
- Submission of request no sooner than 3 months prior to planned surgery date
- List of requested procedure(s)
- Updated medical and behavioral health clearance for surgery
- Statement from the surgeon recommending surgery

# <u>Updated Medical and Behavioral Health Clearance</u>

- Updated H&P within 3 months of scheduled surgery date:
  - a. No medical contraindications to surgery
- Behavioral Health attestation dated within 3 months of scheduled surgery:
  - a. No behavioral contraindications to surgery
  - b. The following providers can provide this statement:
    - 1. Primary care provider
    - 2. Behavioral Health Professional
    - 3. Transgender Health Services (THS)

## **GENDER CONFIRAMTION PENILE PROSTHESIS**

Medi-Cal does not cover penile prosthesis as a benefit; however, SFHP will review requests on a case-by-case basis consistent with Medi-Cal guidelines for medical necessity.

# Penile prosthesis requests require:

- · Completion of genital surgical consult
- Status of phalloplasty:
  - a. Approved request for phalloplasty surgical procedure: OR
  - b. Completion of phalloplasty surgical procedure
- Statement from either the primary care provider or performing surgeon:
  - a. Cannot achieve insertive coitus
  - b. Tried and failed external penile rigidity device (e.g. penile splint)
- Statement from the surgeon recommending surgery

# **REVISIONS OF GENITAL GENDER CONFIRMATION SURGERY**

SFHP authorizes requests for surgical revisions on a case-by-case basis consistent with Medi-Cal guidelines for medical necessity. SFHP does not cover cosmetic surgery. Clinical documentation must support medical necessity.

# Surgical revisions require:

- Medical and/or functional complications of prior gender confirmation procedure
- Measurements and/or photographs of deformity/asymmetry (if applicable)
- Statement from the performing surgeon recommending the procedure

# **DEFINITIONS**

#### MEDICAL NECESSITY

Services reasonable and necessary to protect life, prevent significant illness and/or disability, or to alleviate severe pain through the diagnosis and treatment of disease, illness, or injury

#### **GENDER DYSPHORIA**

Distress caused by conflict between a person's sex assigned at birth and the gender he/she/they currently identifies with

# FEMALE TO MALE (FtM)

A person assigned female sex at birth and later adopts the identity, appearance, and gender role of a male, especially after gender confirmation surgery

# MALE TO FEMALE (MtF)

A person assigned male at birth and later adopts the identity, appearance, and gender role of a female, especially after gender confirmation surgery

#### QUALIFIED MEDICAL PROFESSIONAL

The medical professional must have appropriate training (MD, DO, NP, PA):

- Up-to-date clinical license in the State of California
- Training, continuing education, and experience working with the diagnosis and treatment of Gender Dysphoria

#### QUALIFIED BEHAVIORAL HEALTH PROFESSIONAL

The behavioral health professional must have appropriate training:

- Master's degree or its equivalent in a clinical behavioral science field by an accredited institution
- Doctor of medicine or osteopathy, specializing in psychiatry and/or PhD in clinical behavioral science field by an accredited institution
- Licensed Psychiatrist
- Up-to-date clinical license
- Training, continuing education, and experience working with the diagnosis and treatment of Gender Dysphoria

#### GENDER CONFIRMATION SURGERY

Surgical procedure that changes a person's physical appearance and function from his/her existing sex characteristics, including secondary sex characteristics, to resemble that of the opposite sex in order to affirm his/her gender identity. Gender confirmation surgery can meet medical necessity as an important part of treating gender dysphoria

#### **TRANSGENDER**

Diverse group of individuals who cross or transcend culturally-defined categories of gender. Gender identity of transgender people differs to varying degrees from their sex or physical gender assigned at birth

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# SAN FRANCISCO HEALTH PLAN

# CO-57: UM Clinical Criteria

| APPROVAL/REVIEW/REVISION HISTORY               |       |            |          |  |  |
|--|-------|------------|----------|--|--|
| Signature                                      | Title | Date       | Action   |  |  |
| DocuSigned by:  Nina Maruyama  9D4617B1400D431 | CCO   | 10/26/2021 | Bienniel |  |  |
| DocuSigned by: Fiona Donald 035AB0CA8D5A41E    | СМО   | 10/26/2021 |          |  |  |



# SFHP POLICY AND PROCEDURE

**Utilization Management Clinical Criteria** 

| Policy and Procedure Number: | CO-57  |
|------------------------------|--|
| Department Owner:            | Clinical Operations                              |
| Lines of Business and        | ⊠Medi-Cal  |
| Coverage Programs Affected:  | ⊠Healthy Workers HMO                             |
|                              | ☐Healthy SF                                      |
|                              | ☐City Option                                     |
|                              | ☐ All lines of business and coverage programs as |
|                              | listed above                                     |
|                              |  |

#### POLICY STATEMENT

San Francisco Health Plan (SFHP) conducts utilization management (UM) to manage covered benefits through the consistent application of medical necessity criteria used in a systematic hierarchy. For services subject to Clinical Operations' medical benefit, UM review is performed through the evaluation of a member's relevant clinical information against established clinical criteria that meet professional standards of care.

SFHP uses external criteria MCG care guidelines, State/Federal (Medi-Cal/CMS) and when available and, in limited circumstances, internally developed and approved criteria.

SFHP internally reviews and recommends changes to its clinical and level of care criteria through the UM Committee (UMC) to ensure they continue meeting professional standards of care. Annually, the UMC approves each set of clinical criteria with an annual review and discussion from the Quality Improvement Committee (QIC).

Procedures for pharmacy criteria are addressed in Pharm-01 Pharmacy and Therapeutics Committee, Pharm-02 Pharmacy Prior Authorization, and Pharm-08 Pharmacy Formulary, Prior Authorization Criteria, and Policy Review. Procedures for mental health (excluding medical services related to the health of transsexual, transgender, and gender nonconforming people) and substance use disorder (SUD) criteria are delegated to SF Behavioral Health Services and are addressed in policy: BHS Services for Healthy Workers.

#### **PROCEDURE**

# I. Criteria Hierarchy

Resources are used to assist the Clinical Operations Nurse and Medical Director staff (hereafter referred as UM staff) in determining the medical necessity of requested services. SFHP's clinical criteria hierarchy in order includes:

- A. SFHP internally developed and approved criteria
  - 1. Genital Gender Confirmation Services
  - 2. Non-Genital Gender Confirmation Services
  - 3. EPSDT Private Duty Nursing
- B. MCG Care Guidelines
- C. State/Federal (Medi-Cal/CMS) criteria (Medi-Cal only)
  - 1. If no Medi-Cal Criteria is available, Medicare/CMS criteria can be consulted on a case by case basis.
- D. Chief Medical Officer (CMO) or physician designee (MD) review of the evidence in consultation with relevant external, independent specialty expertise obtained from SFHP's Independent Review Organization when there are no available external or internally developed and approved criteria.

# II. Application of Criteria

- A. SFHP and its Delegated Medical Group (DMG) UM staff, including Beacon for non-specialty mental health services, must use professionally accepted evidence-based criteria. UM staff is required to apply criteria in the order of the hierarchy. If a service is not addressed in the primary criteria, UM staff consults subsequent criteria in order until finding the relevant criteria.
- B. Clinical information evaluated with reference to these criteria may include, but are not limited to:
  - i. Office and hospital records
  - ii. History of the presenting problem
  - iii. Physical examination results
  - iv. Diagnostic testing results
  - v. Treatment plans and progress notes
  - vi. Information on consultations with the treating practitioner
  - vii. Evaluations from any other health care practitioners and providers
  - viii. Any operative and pathological reports
  - ix. Rehabilitation evaluations
  - x. Patient characteristics and information
  - xi. Treating physician statements of medical necessity
- C. Criteria must be applied in conjunction with consideration of the individual member needs and characteristics such as age, cultural and linguistic needs, comorbidities, complications, progress of treatment, psychosocial needs, and the home and/or work environment. In addition, characteristics of the local delivery system available to the individual, including aspects such as the availability of alternative levels of care, timely accessibility of covered services, cultural preferences for treatment modalities, availability of specialty providers, access to community resources, familial influences and supports, benefit coverage for the available alternatives, and ability of local providers to provide all

recommended services within the required access standards must also be considered.

# III. Review and Approval of Criteria

- A. The UMC review clinical criteria as needed, but at least annually to ensure that they are current. Information sources to gather data on potential changes to clinical criteria include, but are not limited to:
  - 1. Evaluation of member complaints, grievances, and appeals.
  - 2. Frequent and consistent overturns of SFHP denials through Independent Medical Review (IMR).
  - 3. New and/or revised statutory or regulatory requirements, including DHCS directives and All Plan Letter or Policy Letters.
  - 4. Changes to guidelines or practice protocols.
  - 5. Increased volume or rate of denied authorization requests.
  - 6. Availability of new technologies and/or treatments.
  - 7. Addition of new benefits or services.
  - 8. Concerns raised through the Member Advisory Committee (MAC), Pharmacy and Therapeutics Committee (P&T), or QIC.
  - 9. Provider or member input/feedback.
- B. In considering the development of and/or changes to clinical criteria, the UMC considers the following:
  - 1. New technologies (See CO-54 Evaluation of New Technology).
  - 2. Other health plans' criteria reflecting community standards of care.
  - 3. Evidence-based clinical practice guidelines produced by specialist associations, U.S. government agencies, and health care organizations.
  - 4. Medicare and Medicaid (Medi-Cal) guidelines.
  - 5. Benefit changes.
  - 6. Statutory and regulatory changes.
- C. Annually, the UMC and the QIC review and approve the criteria hierarchy; review and approve the adopted SFHP-developed criteria; and review and approve the vendor purchased criteria. The intent of the annual reviews is to assess SFHP's UM criteria and procedures against current clinical and medical evidence, and when appropriate, update the criteria. The annual QIC review ensures:
  - a. The UM criteria is distributed, reviewed, and approved by applicable practitioners.
  - Practitioners with clinical expertise in the area being reviewed have the opportunity to advise or comment on development or adoption of UM criteria, and on instructions for applying criteria.
  - c. Non-staff network practitioners are involved in developing, adopting, and reviewing criteria, because they are subject to application of the criteria.

## IV. Communication of UM Criteria

Practitioners and enrollees are informed how they may obtain copies of UM criteria utilized for decision-making, and are provided upon on request. SFHP also communicates with practitioners through the Network Operations Manual

(NOM) and the SFHP website to ensure their awareness of prior authorization procedures and timeframes. The public, including providers and members, may obtain the relevant UM criteria for specific medical procedures or conditions on request at no cost. When disclosed to the public, the notice that accompanies the criteria says, "The materials provided to you are criteria used by this plan to authorize, modify or deny care for persons with similar illnesses or conditions. Specific care and treatment may vary depending on individual need and the benefits covered under your contract."

#### **MONITORING**

- a. SFHP's Clinical Operations Department performs inter-rater reliability (IRR) audits at least annually for both physicians and nurse reviewers to evaluate the consistency and accuracy with which its reviewers apply UM criteria.
  - a. For gender affirmation services, SFHP utilizes an internally developed IRR assessment tool, developed by SFHP's UM Managers, using hypothetical case scenarios to assess the accurate and consistent application of patient clinical presentations against SFHP's Gender Affirmation (Genital and Non-Genital) medical necessity criteria. Reviewers are allowed two opportunities to reach the passing threshold of 90 percent. For new staff, IRR testing will be completed before the new hire conducts unsupervised utilization reviews.
  - b. For all other inpatient and outpatient services, the assessment is a standard IRR tool created by MCG using hypothetical case scenarios and multiple choice answers to assess the accurate and consistent application of patient clinical presentations against medical necessity criteria. Reviewers are allowed two opportunities to reach the passing threshold of 80 percent.

Reviewers who are unable to reach the IRR percent threshold are immediately placed on an educational corrective action, which may include but is not limited to attendance of an internal training session, more frequent case review, supervisor feedback, and IRR reassessment.

SFHP's Clinical Operations Department also audits ten randomly selected medical necessity denials per quarter utilizing a proprietary audit tool, which includes NCQA, DHCS, and DMHC requirements. These include administrative requirements (turnaround time, Notice of Action readability, inclusion of appropriate appeal and grievance rights language) and clinical requirements (accurate criteria selection, accurate application of clinical information).

Results of the IRR assessment and denial audit are presented to the UMC and discussed for potential improvements. Final versions are submitted to QIC for review and comment.

b. SFHP's Clinical Operations Department reviews this policy and procedure to evaluate the utilization management guidelines at least annually and more frequently

if necessary. Any changes to the guidelines are reviewed by SFHP's Utilization Management Committee (UMC) for consistency with sound clinical principles. UMC approves each set of clinical criteria with an annual review and discussion from the Quality Improvement Committee (QIC).

- c. SFHP employs the following monitoring mechanisms to reevaluate an existing or identify the need to develop new UM criteria:
  - 1. Medical record audits by SFHP's Clinical Operations Department.
  - 2. Reports of cases sent for external medical review due to no criteria available
  - 3. Review of Clinical Operations utilization reports by SFHP's UMC
  - 4. Review of member and provider satisfaction surveys, complaints, grievances, and member appeals by SFHP's Health Service Programs Department. All member appeals, including those of delegated groups not authorized to conduct appeals oversight, are reviewed against SFHP's criteria hierarchy.
  - 5. Overturns of medical necessity denials, especially overturns in which additional clinical information was not needed to reach the alternative determination by SFHP.
- d. On a monthly basis, the UMC reviews Appeals, IMRs, and State Fair Hearings resulting in authorization decision made by SFHP or one of its delegated medical groups. The UMC recommends corrective action and/or identifies where the Clinical Operations Department can revise the authorization process, if necessary, to improve the member experience, to address any barriers, and ensure the utilization management criteria are consistent with current industry and evidence-based practices. The Quality Improvement Committee reviews an Appeals Report (overturned and upheld appeals) every quarter regarding the activity of medical authorizations.
- e. When SFHP delegates UM to a contracted medical group, SFHP is accountable for assuring that the delegated medical group conducts UM according to SFHP's standards, which incorporate applicable DMHC, DHCS, and NCQA requirements. For each delegated medical group, SFHP's Clinical Operations and Compliance and Regulatory Affairs:
  - 1. Review the UM program to identify if the medical group is following the standards of application, approval, and evaluation of medical necessity criteria.
  - 2. Review a sample of UM denial files to evaluate compliance with the use of relevant criteria and clinical information, as well as, the availability of criteria to practitioners.

## **DEFINITIONS**

**Medical Necessity**: The Medi-Cal definition of Medical Necessity is reasonable and necessary services to protect life, to prevent significant illness or significant disability, or to alleviate severe pain through the diagnosis or treatment of disease, illness or injury. For members who are eligible for EPSDT services, services are determined to be

medically necessary when needed to correct or ameliorate defects and physical and mental illnesses or conditions.

#### AFFECTED DEPARTMENTS/PARTIES

Compliance and Regulatory Affairs
Health Services -- Health Services Programs
Medical Directors
Quality Improvement Committee (QIC)
Utilization Management Committee (UMC)

# RELATED POLICIES & PROCEDURES, DESKTOP PROCESS & PROCESS MAPS

- 1. CO-22: Authorization Requests
- 2. CO-33: EPSDT and EPSDT Supplemental Services
- 3. CO-54: Evaluation of New Technology
- 4. CO-61 Gender Affirmation Services
- 5. DO-02: Oversight of Delegated Functions
- 6. Pharm-08: Pharmacy Formulary, Prior Authorization Criteria, and Policy Annual Review
- 7. UM Criteria for EPSDT Private Duty Nursing
- 8. UM Criteria for Genital Gender Confirmation Services
- 9. UM Criteria for Non-Genital Gender Confirmation Services

#### **REVISION HISTORY**

Original Date of Issue: August 20, 2015

**Revision Date(s):** February 17, 2017; April 20, 2017; September 21, 2017;

April 19, 2018; November 21, 2019; December 12, 2019;

May 21, 2020, November 19, 2020; April 19, 2020;

October 21, 2021

### **REFERENCES**

- 1. DHCS/SFHP Contract Exhibit A, Attachment 5, Provisions 1, 2
- 2. H&S Code §§1363.3, 1367.01
- 3. W&I Code §14059.5
- 4. DMHC APL 21-002 Implementation of Senate Bill 855, Mental Health and Substance Use Disorder Coverage



P.O. Box 194247 San Francisco, CA 94119 1(415) 547-7800 1(415) 547-7821 FAX sfhp.org

Date

FirstName LastName

1234 Address Street San Francisco, CA 94110

# **RE: Request for Criteria**

Dear [member or provider],

This letter is in response to your request for the criteria used to make our authorization decision for [requested procedure or service.]

The materials provided to you are criteria used by this plan to authorize, modify or deny care for persons with similar illnesses or conditions. Specific care and treatment may vary depending on individual need and the benefits covered for [Medi-Cal HMO or Healthy Workers HMO].

If you have any questions, please contact xxx at (415) xxxx

Sincerely,

San Francisco Health Plan

**Clinical Operations** 

# MCG 25<sup>th</sup> Edition Summary of Changes

#### General for all:

- Upgrade to 25th edition went live 09/24
- No major changes requiring training
- All staff have reviewed changes
- New guidelines/assessments see sections below for specific examples
- Renamed and moved guidelines to better reflect content of guideline
- Content changes based on evidence review
- Deleted guidelines i.e. overlapped with more specific guidelines

# Highlights:

#### ISC

- Goal LOS changes increase/decrease in GLOS; removal of "ambulatory" to prevent confusion when referencing inpatient GLOS (for diagnosis more appropriate for observation care)
- New social determinants of health assessment to help identify patients at higher risk for an unmet health-related social need at point of hospital admission
- New guidelines i.e. viral illness acute guidelines in response to covid-19

#### Chronic care

- New quality measures section and identifiers to support quality initiatives
- New guidelines/assessments i.e. viral illness acute guidelines in response to covid-19, long term services and support

# Recovery Facility care

New benchmarks for hospital readmissions from SNF facilities

# Ambulatory care

- Guidelines moved from current role remains uncertain to having clinical indications based on latest available evidence i.e. genetic testing
- 21 new guidelines added for procedures/ tests and new specialty medications
- New evidence grade recommendation for specialty medications for government approved drugs with limited evidence

# **Summary of Changes**

MCG Health

Summary of Changes 25th Edition

- · General Content Enhancements and Changes
  - · Number of Guidelines in the Content
  - Acute Viral Illness Guidelines Developed to Respond to COVID-19
- · Benchmarks and Data
- · Inpatient & Surgical Care
  - · New Features and Changes
    - · New Social Determinants of Health Assessment
    - Removal of "Ambulatory" from Goal Length of Stay (GLOS) Display in Medical Guidelines
    - Standardization of a Subset of Discharge Milestones in Optimal Recovery Course (ORC)
    - Inpatient & Surgical Care GLOS Changes
  - · Guideline Name Changes
  - · Moved Guidelines
  - · Deleted Guidelines
- · General Recovery Care
  - New Features and Changes
    - Change in Search by Diagnosis Codes
    - · New Social Determinants of Health Assessment
- Ambulatory Care
  - · New Features and Changes
    - Changes to Evidence Summary Recommendation Grades
    - New Guidelines in Procedures and Diagnostic Tests
    - New Guidelines in Specialty Medications
  - New Guidelines
  - Guideline Name Changes
  - · Moved Guidelines
  - Guidelines Changed From "Current Role Remains Uncertain" Designation
  - Deleted Guidelines
- Chronic Care
  - New Features and Changes
    - Table of Contents Updated
    - New Assessment Added
    - New Quality Measures Section
  - New Guidelines
  - · Guideline Name Changes
  - · Moved Guidelines
  - Deleted Guidelines
- Home Care
  - · New Features and Changes
    - Therapy Referral Definition Added
    - New Definition For Rehabilitation Completed for Safe Transfer
  - New Guidelines
  - Guideline Name Changes
  - · Deleted Guidelines
- · Behavioral Health Care
  - New Features and Changes
    - · Changes to Evidence Summary Recommendation Grades for Medications
    - New Social Determinants of Health Assessment
    - · Behavioral Health Care GLOS Changes
  - New Guidelines
  - Deleted Guidelines
- · Recovery Facility Care
  - New Guidelines
  - · Guideline Name Changes
  - · Deleted Guidelines
- · Transitions of Care
  - · New Features and Changes
    - · New Quality Measures Section
  - Guideline Name Changes
- Patient Information
  - New Patient Handouts

- Handout Name Changes
- Deleted Handouts

# General Content Enhancements and Changes

| Content Area                     | Guideline Type Description                                       | MCG<br>Type | 24th<br>Edition | 25th<br>Edition |
|----------------------------------|--|-------------|-----------------|-----------------|
| Ambulatory Care                  | Ambulatory Care Guideline  | ACG         | 815             | 794             |
| Ambulatory Care                  | Referral Management Guideline                                    | RMG         | 120             | 120             |
| Behavioral Health Care           | Home Care Guideline  | HC          | 6               | 6               |
| Behavioral Health Care           | Level of Care Guideline  | LOC         | 43              | 42              |
| Behavioral Health Care           | Optimal Recovery Guideline                                       | ORG         | 90              | 95              |
| Behavioral Health Care           | Recovery Facility Care Guideline                                 | RFC         | 8               | 8               |
| Behavioral Health Care           | Therapeutic, Testing, and Community Service Guideline            | TTP         | 19              | 20              |
| Chronic Care                     | High Intensity Disease Management Guideline                      | HIDM        | 162             | 162             |
| Chronic Care                     | High Intensity Disease Management Guideline, Self-<br>Management | HIDM-<br>SM | 52              | 52              |
| Chronic Care                     | Low Intensity Disease Management Guideline                       | LIDM        | 51              | 51              |
| General Recovery Care            | Case Management Guideline  | CM          | 4               | 4               |
| General Recovery Care            | General Recovery Guideline                                       | GRG         | 29              | 29              |
| General Recovery Care            | Home Care Guideline  | HC          | 5               | 5               |
| General Recovery Care            | Level of Care Guideline  | LOC         | 11              | 11              |
| General Recovery Care            | Long Term Acute Care Hospital Guideline                          | LTACH       | 2               | 2               |
| General Recovery Care            | Recovery Facility Care Guideline                                 | RFC         | 4               | 4               |
| Home Care                        | General Recovery Guideline                                       | GRG         | 5               | 5               |
| Home Care                        | Optimal Recovery Guideline                                       | ORG         | 272             | 267             |
| Inpatient & Surgical Care        | Common Complication and Condition Guideline                      | ccc         | 27              | 27              |
| Inpatient & Surgical Care        | Level of Care Guideline  | LOC         | 11              | 11              |
| Inpatient & Surgical Care        | Observation Care Guideline                                       | OCG         | 58              | 59              |
| Inpatient & Surgical Care        | Optimal Recovery Guideline                                       | ORG         | 320             | 321             |
| Inpatient & Surgical Care        | Rapid Review Guideline   | RRG         | 317             | 318             |
| Multiple Condition<br>Management | Optimal Recovery Guideline                                       | ORG         | 60              | 60              |
| Recovery Facility Care           | General Recovery Guideline                                       | GRG         | 4               | 4               |
| Recovery Facility Care           | Inpatient Rehabilitation Facility Guideline                      | IRF         | 20              | 20              |
| Recovery Facility Care           | Optimal Recovery Guideline                                       | ORG         | 134             | 136             |
| Transitions of Care              | Case Management Guideline  | СМ          | 49              | 49              |
| Transitions of Care              | Self-Management Guideline  | SM          | 46              | 46              |

Acute Viral Illness Guidelines Developed to Respond to COVID-19

In response to the COVID-19 pandemic, MCG issued a set of Viral Illness, Acute guidelines in a special release of our 24th edition in April 2020. Therefore, this set of guidelines is technically not new for the 25th edition but also was not part of the 24th edition Summary of Changes. There are a total of 6 primary guidelines across Inpatient & Surgical Care (adult, pediatric, and Observation Care), Home Care (adult and pediatric), and Recovery Facility Care, along with 2 corresponding Rapid Review Guidelines (adult and pediatric), 2 Patient Education for Clinicians guidelines (adult and pediatric), and 2 Discharge Information handouts.

| Content Area                                  | Body System                               | Group                                     | Guideline Title   | MCG<br>Code       |
|---|---|---|---|-------------------|
| Home Care                                     | Thoracic Surgery and Pulmonary Disease    |   | Viral Illness, Acute  | M-<br>2280        |
| Home Care                                     | Pediatrics                                |   | Viral Illness, Acute, Pediatric                                       | P-<br>2280        |
| Inpatient & Surgical Care                     | Observation Care<br>Guidelines            |   | Viral Illness, Acute: Observation Care                                | OC-<br>064        |
| Inpatient & Surgical Care                     | Pediatrics                                |   | Viral Illness, Acute, Pediatric                                       | P-280             |
| Inpatient & Surgical Care                     | Thoracic Surgery and<br>Pulmonary Disease |   | Viral Illness, Acute  | M-<br>280         |
| Patient Education for<br>Clinicians           | Pediatrics                                |   | Viral Illness, Acute, Pediatrics: Patient<br>Education for Clinicians | N/A               |
| Patient Education for<br>Clinicians           | Thoracic Surgery and<br>Pulmonary Disease |   | Viral Illness, Acute: Patient Education for Clinicians                | N/A               |
| Patient Information,<br>Discharge Information | Pediatrics                                |   | Viral Illness, Acute, Pediatric:<br>Discharge Information             | N/A               |
| Patient Information,<br>Discharge Information | Thoracic Surgery and<br>Pulmonary Disease |   | Viral Illness, Acute: Discharge<br>Information                        | N/A               |
| Recovery Facility Care                        | Thoracic Surgery and<br>Pulmonary Disease |   | Viral Illness, Acute  | M-<br>5280        |
| Rapid Review Guidelines                       | Adult                                     | Thoracic Surgery and<br>Pulmonary Disease | Viral Illness, Acute RRG  | M-<br>280-<br>RRG |
| Rapid Review Guidelines                       | Pediatric                                 | Thoracic Surgery and<br>Pulmonary Disease | Viral Illness, Acute, Pediatric RRG                                   | P-280-<br>RRG     |

# **Benchmarks and Data**

Behavioral Health Care Utilization Models and Level of Care Statistics: Statistics for the new Withdrawal Management guidelines can be found in the 25th edition for each level of care.

Home Care Utilization Models: The Home Care Utilization Models now have commercial visit statistics by days in the 25th edition. In addition to the Medicare visit statistics (added in the 24th edition), the Home Care Utilization Models will have commercial data-based statistics on average number of home care visits by guideline, visit type (eg, RN, PT, OT, etc.), and days since start of care (SOC). Also new for the 25th edition, this table will display the average minutes per day by visit type and include therapy assistant visits (eg, PTA, OTA) when appropriate.

**Statistical Companion to Recovery Facility Care:** The Statistical Companion to Recovery Facility Care now has skilled nursing facility (SNF) readmission rates. The SNF all-cause readmission rate measures the percent of SNF admissions (occurring within 1 day of hospital discharge) that result in a readmission to the hospital within 30 days of prior hospital discharge.

# **Inpatient & Surgical Care**

## **New Features and Changes**

#### **New Social Determinants of Health Assessment**

A new Social Determinants of Health Assessment has been added to Inpatient & Surgical Care and Multiple Condition Management in the 25th edition. Use of this assessment will help identify, upon admission (or soon thereafter), patients at higher risk for an unmet health-related social need. There is a growing body of evidence that unmet health-related social needs can have a negative impact on quality of life and health outcomes, and results from this social determinants of health assessment should inform individual treatment plans and identify potential interventions to facilitate discharge planning and transitions of care. The assessment is available in all inpatient guidelines (as well as in guidelines for other levels of care in the Behavioral Health Care guidelines) and may be answered by the patient or a parent or caregiver. The assessment covers housing insecurity, food insecurity, insufficient transportation, insufficient utilities, personal safety risk, insufficient dependent care, and depression risk. The assessment can be accessed from a pop-up bullet on Day 1 in the Optimal Recovery Course.

#### Removal of "Ambulatory" from Goal Length of Stay (GLOS) Display in Medical Guidelines

Through the 24th edition, medical Optimal Recovery Guidelines and Multiple Condition Management guidelines with a companion Observation Care guideline (eg, Heart Failure, Chronic Obstructive Pulmonary Disease, Asthma) had a GLOS displayed as "Ambulatory or X days," with "X" being the GLOS for patients admitted to inpatient care and "Ambulatory" (alternatively, "Amb" or "A" depending on the location) alerting the user that a companion Observation Care guideline may be considered for that diagnosis.

To minimize confusion regarding use of the designation "Ambulatory" when referencing the inpatient GLOS, we have removed "Ambulatory" from the GLOS display from these medical guidelines in the 25th edition. However, we have added a note at the top of these Optimal Recovery Guidelines with a link to the pertinent Observation Care guidelines that reads: "Note: Some patients may be appropriate for observation care. For consideration of observation care, see [Condition]: Observation Care." This change has no bearing on surgical/procedural guidelines where the GLOS will still reference "Ambulatory," as it carries a different meaning and Observation Care guidelines are not involved. A list of all the GLOS changes for the 25th edition can be reviewed in the Inpatient & Surgical Care GLOS Changes table below.

#### Standardization of a Subset of Discharge Milestones in Optimal Recovery Course (ORC)

In order to standardize assessment of discharge readiness, items that are universal (ie, milestones have to be met in all or nearly all guidelines) have been standardized to read the same in all guidelines. They all appear in the last day in the ORC as follows:

- · Ambulatory or acceptable for next level of care
- Oral hydration (with a footnote attached)
- · Oral medications or regimen acceptable for next level of care
- · Oral diet or acceptable for next level of care

The footnote attached to the "Oral hydration" milestone says: "Some patients may have their hydration needs met via alternative means (eg, percutaneous endoscopic gastrostomy tube)."

These milestones join the already ubiquitous and standardized:

Discharge plans and education understood

#### Inpatient & Surgical Care GLOS Changes

Goal Length of Stay has changed in a total of 106 Optimal Recovery Guidelines in the 25th edition of Inpatient & Surgical Care, including those described above in "Removal of 'Ambulatory' from Goal Length of Stay (GLOS) Display in Medical Guidelines."

Some GLOS changes listed in the table below warrant some detail, and an explanation can be found after the table.

| Body System            | Guideline  | MCG<br>Code | 24th Edition GLOS                 | 25th Edition GLOS |
|------------------------|--|-------------|-----------------------------------|-------------------|
| Cardiology             | Angina   | M-40        | Ambulatory or 1 day               | 1 day             |
| Cardiology             | Atrial Fibrillation                                  | M-<br>505   | Ambulatory or 1 day               | 1 day             |
| Cardiology             | Chest Pain   | M-89        | Ambulatory or 1 day               | 1 day             |
| Cardiology             | Heart Failure  | M-<br>190   | Ambulatory or 2 days              | 2 days            |
| Cardiology             | Myocarditis  | M-<br>240   | Ambulatory or 2 days              | 2 days            |
| Cardiology             | Pericarditis   | M-<br>270   | Ambulatory or 2 days              | 2 days            |
| Cardiology             | Supraventricular Arrhythmias                         | M-<br>510   | Ambulatory or 1 day               | 1 day             |
| Cardiology             | Syncope  | M-<br>340   | Ambulatory or 1 day               | 1 day             |
| Cardiology             | Ventricular Arrhythmias                              | M-<br>575   | Ambulatory or 2 days              | 2 days            |
| Cardiovascular Surgery | Aortic Coarctation, Angioplasty                      | S-<br>152   | Ambulatory or 1 day postoperative | Ambulatory        |
| Cardiovascular Surgery | Cardiac Septal Defect: Atrial, Transcatheter Closure | S-<br>282   | Ambulatory or 1 day postoperative | Ambulatory        |
| Endocrinology          | Diabetes   | M-<br>130   | Ambulatory or 2 days              | 2 days            |

| 2/0/21, 12.32 FW      | 30C - 3uii  | illiary of Cit | anges                             |                      |
|-----------------------|---|----------------|-----------------------------------|----------------------|
| Endocrinology         | Diabetes, Hypoglycemia                                    | M-<br>134      | Ambulatory or 1 day               | 1 day                |
| Gastroenterology      | Abdominal Pain, Undiagnosed                               | M-05           | Ambulatory or 1 day               | 1 day                |
| Gastroenterology      | Dehydration   | M-<br>123      | Ambulatory or 1 day               | 1 day                |
| Gastroenterology      | Diverticulitis, Acute                                     | M-<br>150      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Esophageal Disease  | M-<br>550      | Ambulatory or 1 day               | 1 day                |
| Gastroenterology      | Gallbladder or Bile Duct Inflammation or Stone            | M-<br>555      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Gastritis and Duodenitis                                  | M-<br>560      | Ambulatory or 1 day               | 1 day                |
| Gastroenterology      | Gastroenteritis   | M-<br>170      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Gastrointestinal Bleeding, Lower                          | M-<br>182      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Gastrointestinal Bleeding, Upper                          | M-<br>180      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Inflammatory Bowel Disease                                | M-<br>565      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Liver Disease Complications                               | M-<br>570      | Ambulatory or 2 days              | 2 days               |
| Gastroenterology      | Pancreatitis, with Common Duct Stone                      | M-<br>251      | 2 or 3 days                       | 3 days               |
| Gastroenterology      | Vomiting  | M-<br>370      | Ambulatory or 1 day               | 1 day                |
| General Surgery       | Bowel Surgery: Small Intestine Resection                  | S-<br>250      | 4 or 5 days postoperative         | 5 days postoperative |
| General Surgery       | Esophageal Diverticulectomy, Endoscopic                   | S-<br>445      | Ambulatory or 1 day postoperative | Ambulatory           |
| General Surgery       | Gastrectomy, Partial - Billroth I or II                   | S-<br>510      | 4 or 6 days postoperative         | 5 days postoperative |
| General Surgery       | Hernia Repair (Non-Hiatal)                                | S-<br>1305     | Ambulatory or 1 day postoperative | Ambulatory           |
| General Surgery       | Pancreatectomy  | S-<br>1200     | 5 or 7 days postoperative         | 6 days postoperative |
| General Surgery       | Pyloroplasty and Vagotomy                                 | S-<br>990      | 4 or 6 days postoperative         | 4 days postoperative |
| Hematology - Oncology | Anemia, Iron Deficiency or Unspecified                    | M-35           | Ambulatory or 1 day               | 1 day                |
| Hematology - Oncology | Chemotherapy  | M-87           | Ambulatory or 2 days              | 2 days               |
| Hematology - Oncology | Sickle Cell Disease                                       | M-<br>331      | Ambulatory or 2 days              | 2 days               |
| Infectious Disease    | Cellulitis  | M-70           | Ambulatory or 2 days              | 2 days               |
| Infectious Disease    | Sepsis and Other Febrile Illness, without Focal Infection | M-<br>160      | Ambulatory or 3 days              | 3 days               |
| Infectious Disease    | Venom Exposure from Bite or Sting                         | M-<br>610      | Ambulatory or 1 day               | 1 day                |

| 2/0/21, 12.32 FW             |  | Soc - Summary of Cr | langes                            |                                    |
|------------------------------|--|---------------------|-----------------------------------|------------------------------------|
| Neonatology                  | Sepsis, Neonatal, Confirmed  | P-<br>425           | 4 days                            | 10 days                            |
| Nephrology                   | Renal Colic and Kidney Stones                                      | M-<br>320           | Ambulatory or 1 day               | 1 day                              |
| Nephrology                   | Renal Failure, Chronic   | M-<br>325           | Ambulatory or 3 days              | 3 days                             |
| Neurology                    | Dizziness  | M-<br>152           | Ambulatory or 1 day               | 1 day                              |
| Neurology                    | Drug Ingestion or Overdose   | M-<br>153           | Ambulatory or 1 day               | 1 day                              |
| Neurology                    | Headaches  | M-<br>185           | Ambulatory or 1 day               | 1 day                              |
| Neurology                    | Meningitis, Suspected or Viral                                     | M-<br>221           | Ambulatory or 2 days              | 2 days                             |
| Neurology                    | Seizure  | M-<br>327           | Ambulatory or 1 day               | 1 day                              |
| Neurology                    | Transient Ischemic Attack (TIA)                                    | M-<br>360           | Ambulatory or 1 day               | 1 day                              |
| Neurology                    | Traumatic Brain Injury, Nonsurgical Trea                           | atment M-78         | Ambulatory or 2 days              | 2 days                             |
| Obstetrics and<br>Gynecology | Diabetes in Pregnancy  | M-<br>132           | Ambulatory or 1 day               | 1 day                              |
| Obstetrics and<br>Gynecology | Hyperemesis Gravidarum   | M-<br>195           | Ambulatory or 1 day               | 1 day                              |
| Obstetrics and<br>Gynecology | Hypertensive Disorders of Pregnancy                                | M-<br>285           | Ambulatory or 1 day               | 1 day                              |
| Obstetrics and<br>Gynecology | Pelvic Inflammatory Disease (PID), Acu                             | te M-<br>260        | Ambulatory or 2 days              | 2 days                             |
| Obstetrics and<br>Gynecology | Preterm Labor, Threatened  | M-<br>287           | Ambulatory or 1 day               | 1 day                              |
| Orthopedics                  | Back Pain  | M-63                | Ambulatory or 1 day               | 1 day                              |
| Orthopedics                  | Cervical Laminectomy   | S-<br>340           | 2 days postoperative              | Ambulatory or 2 days postoperative |
| Orthopedics                  | Lumbar Diskectomy, Foraminotomy, or<br>Laminotomy                  | S-<br>810           | Ambulatory or 1 day postoperative | Ambulatory                         |
| Orthopedics                  | Removal of Posterior Spinal Instrumenta                            | ation S-<br>530     | 1 day postoperative               | Ambulatory or 1 day postoperative  |
| Orthopedics                  | Shoulder Hemiarthroplasty  | S-<br>633           | 1 day postoperative               | Ambulatory or 1 day postoperative  |
| Pediatrics                   | Abdominal Pain, Undiagnosed, Pediatric                             | P-05                | Ambulatory or 1 day               | 1 day                              |
| Pediatrics                   | Apparent Life-Threatening Event (Brief Resolved Unexplained Event) | P-12                | Ambulatory or 1 day               | 1 day                              |
| Pediatrics                   | Asthma, Pediatric  | P-60                | Ambulatory or 1 day               | 1 day                              |
| Pediatrics                   | Bronchiolitis  | P-80                | Ambulatory or 1 day               | 1 day                              |
| Pediatrics                   | Cellulitis, Pediatric  | P-<br>112           | Ambulatory or 2 days              | 2 days                             |
| Pediatrics                   | Chemotherapy, Pediatric  | P-87                | Ambulatory or 2 days              | 2 days                             |
| Pediatrics                   | Croup  | P-                  | Ambulatory or 1 day               | 1 day                              |

| Pediatrics | Dehydration, Pediatric   | P-<br>123  | Ambulatory or 1 day  | 1 day                |
|------------|--|------------|----------------------|----------------------|
| Pediatrics | Diabetes, Pediatric  | P-<br>140  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Drug Ingestion or Overdose, Pediatric                                | P-<br>150  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Failure to Thrive  | P-<br>187  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Gastroenteritis, Diarrhea with Dehydration, or Dysentery, Pediatric  | P-<br>190  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Gastrointestinal Bleeding, Hematemesis or Melena, Pediatric          | P-<br>200  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Headaches, Pediatric   | P-<br>185  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Inflammatory Bowel Disease, Pediatric                                | P-<br>565  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Meningitis, Suspected or Viral, Pediatric                            | P-<br>219  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Near-Drowning or Nonfatal Submersion                                 | P-<br>147  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Pelvic Inflammatory Disease (PID), Acute, Pediatric                  | P-<br>260  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Pneumonia, Pediatric   | P-<br>330  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Pneumothorax, Pediatric  | P-<br>350  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Renal Colic and Kidney Stones, Pediatric                             | P-<br>375  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Seizure, Pediatric   | P-<br>390  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Sepsis and Other Febrile Illness, without Focal Infection, Pediatric | P-<br>410  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Sickle Cell Disease, Pediatric                                       | P-<br>432  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Spine, Scoliosis, Posterior Instrumentation, Pediatric               | P-<br>1056 | 4 days postoperative | 3 days postoperative |
| Pediatrics | Supraventricular Arrhythmias, Pediatric                              | P-<br>510  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Syncope, Pediatric   | P-<br>448  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Traumatic Brain Injury, Nonsurgical Treatment,<br>Pediatric          | P-<br>202  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Urinary Tract Infection (UTI), Pediatric                             | P-<br>360  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Venom Exposure from Bite or Sting, Pediatric                         | P-<br>470  | Ambulatory or 1 day  | 1 day                |
| Pediatrics | Viral Illness, Acute, Pediatric                                      | P-<br>280  | Ambulatory or 2 days | 2 days               |
| Pediatrics | Vomiting, Pediatric  | P-         | Ambulatory or 1 day  | 1 day                |

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|   |   |  | 07.1       |                                   |                      |
|---|---|--|------------|-----------------------------------|----------------------|
|   | Thoracic Surgery and Pulmonary Disease    | Asthma   | M-60       | Ambulatory or 1 day               | 1 day                |
|   | Thoracic Surgery and Pulmonary Disease    | Chronic Obstructive Pulmonary Disease                                      | M-<br>100  | Ambulatory or 2 days              | 2 days               |
|   | Thoracic Surgery and Pulmonary Disease    | Cor Pulmonale  | M-<br>110  | Ambulatory or 3 days              | 3 days               |
|   | Thoracic Surgery and Pulmonary Disease    | Deep Venous Thrombosis of Lower Extremities                                | M-<br>350  | Ambulatory or 4 days              | 4 days               |
|   | Thoracic Surgery and Pulmonary Disease    | Infection, Thrombosis, or Other Complication of Intravenous Device         | M-<br>515  | Ambulatory or 3 days              | 3 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Pleural Effusion   | M-<br>540  | Ambulatory or 2 days              | 2 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Pneumonia  | M-<br>282  | Ambulatory or 2 days              | 2 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Pneumothorax   | M-<br>500  | Ambulatory or 2 days              | 2 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Pulmonary Embolism   | M-<br>290  | Ambulatory or 4 days              | 4 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Rib Fracture   | M-<br>545  | Ambulatory or 2 days              | 2 days               |
|   | Thoracic Surgery and<br>Pulmonary Disease | Viral Illness, Acute   | M-<br>280  | Ambulatory or 2 days              | 2 days               |
|   | Urology                                   | Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent | S-<br>190  | 5 or 6 days postoperative         | 5 days postoperative |
|   | Urology                                   | Nephrectomy by Laparoscopy   | S-<br>872  | 1 or 2 days postoperative         | 2 days postoperative |
|   | Urology                                   | Prostatectomy, Transurethral Resection (TURP)                              | S-<br>970  | Ambulatory or 1 day postoperative | Ambulatory           |
|   | Urology                                   | Urethroplasty  | S-<br>1172 | Ambulatory or 1 day postoperative | Ambulatory           |
|   | Urology                                   | Urinary Tract Infection (UTI)  | M-<br>300  | Ambulatory or 2 days              | 2 days               |
| - |   |  |            |                                   |                      |

**Neonatal Sepsis:** The GLOS for Sepsis, Neonatal, Confirmed (P-425) has gone from 4 days in the 24th edition to 10 days in the 25th edition, as noted in the table above, due to a change in our methodology for setting GLOS for this guideline. In the 24th edition, our analysis of billing codes pertaining to this guideline, which cover a wide range of severity of illness, yielded GLOS of 4 days. For example, over 80% of patients for whom this guideline is appropriate have a diagnosis code attached to their stay of P36.9 - Bacterial sepsis of newborn, unspecified. In our analysis of over 13,000 neonates (all payer), 41% of neonates with this diagnosis code were discharged in 4 days or fewer; the same was seen for the other neonatal sepsis codes. For the 25th edition, we based the GLOS on published evidence on neonates with clinically described sepsis, rather than going by a code-based categorization, to compensate for underrepresentation of this population in billing codes. Based on the sources we found (see the guideline for details and citations), a 10-day GLOS is appropriate.

Two Inpatient GLOS: For 7 guidelines with 2 inpatient GLOS values (see table below) that were intended to represent differing GLOS for distinct populations covered in the same guideline, the multiple GLOS values have been replaced with a single inpatient GLOS. However, some surgical guidelines have a GLOS of "Ambulatory or 'X' days," which will remain.

| Body System      | Guideline                                | MCG<br>Code | 24th Edition GLOS         | 25th Edition<br>GLOS    |
|------------------|--|-------------|---------------------------|-------------------------|
| Gastroenterology | Pancreatitis, with Common Duct Stone     | M-251       | 2 or 3 days               | 3 days                  |
| General Surgery  | Bowel Surgery: Small Intestine Resection | S-250       | 4 or 5 days postoperative | 5 days<br>postoperative |
| General Surgery  | Gastrectomy, Partial - Billroth I or II  | S-510       | 4 or 6 days postoperative | 5 days<br>postoperative |

| ,               |  | ,      |                           |                         |  |
|-----------------|--|--------|---------------------------|-------------------------|--|
| General Surgery | Pancreatectomy   | S-1200 | 5 or 7 days postoperative | 6 days<br>postoperative |  |
| General Surgery | Pyloroplasty and Vagotomy  | S-990  | 4 or 6 days postoperative | 4 days postoperative    |  |
| Urology         | Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent | S-190  | 5 or 6 days postoperative | 5 days<br>postoperative |  |
| Urology         | Nephrectomy by Laparoscopy   | S-872  | 1 or 2 days postoperative | 2 days<br>postoperative |  |
|                 |  |        |                           |                         |  |

**Multiple Condition Benchmark Length of Stay (MBLOS) Changes:** The Multiple Condition Benchmark Length of Stay has changed for 41 Multiple Condition Management guidelines in the 25th edition of Inpatient & Surgical Care. We have removed "Ambulatory" from the MBLOS display of those medical guidelines that had it, as was done with certain Optimal Recovery Guidelines as explained above.

| Body System      | Guideline   | MCG<br>Code    | 24th<br>Edition<br>MBLOS | 25th<br>Edition<br>MBLOS |
|------------------|---|----------------|--------------------------|--------------------------|
| Cardiology       | Angina with Clinically Active Diabetes MCM  | M-40-<br>DM    | Ambulatory<br>or 2 days  | 2 days                   |
| Cardiology       | Atrial Fibrillation with Clinically Active Chronic Obstructive Pulmonary Disease MCM                          | M-505-<br>CP   | Ambulatory or 2 days     | 2 days                   |
| Cardiology       | Atrial Fibrillation with Clinically Active Diabetes MCM   | M-505-<br>DM   | Ambulatory or 2 days     | 2 days                   |
| Cardiology       | Atrial Fibrillation with Clinically Active Heart Failure MCM  | M-505-<br>HF   | Ambulatory or 2 days     | 2 days                   |
| Cardiology       | Heart Failure with Clinically Active Asthma MCM   | M-190-<br>AS   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Active Atrial Fibrillation MCM  | M-190-<br>AF   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Active Chronic Obstructive Pulmonary Disease and Clinically Active Diabetes MCM | M-190-<br>CPDM | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Active Chronic Obstructive Pulmonary Disease MCM                                | M-190-<br>CP   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Active Diabetes MCM   | M-190-<br>DM   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Significant Dementia MCM  | M-190-<br>DE   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Clinically Significant Malnutrition MCM  | M-190-<br>MN   | Ambulatory or 3 days     | 3 days                   |
| Cardiology       | Heart Failure with Severe Renal Failure MCM   | M-190-<br>RF   | Ambulatory or 2 days     | 2 days                   |
| Gastroenterology | Dehydration with Clinically Active Diabetes MCM   | M-123-<br>DM   | Ambulatory or 2 days     | 2 days                   |
| Gastroenterology | Dehydration with Clinically Significant Dementia MCM  | M-123-<br>DE   | Ambulatory or 2 days     | 2 days                   |
| Gastroenterology | Dehydration with Clinically Significant Malnutrition MCM  | M-123-<br>MN   | Ambulatory or 2 days     | 2 days                   |
| Gastroenterology | Gastroenteritis with Clinically Active Diabetes MCM   | M-170-<br>DM   | Ambulatory or 2 days     | 2 days                   |
| Gastroenterology | Gastroenteritis with Clinically Significant Dementia MCM  | M-170-<br>DE   | Ambulatory or 3 days     | 3 days                   |
| Gastroenterology | Gastroenteritis with Clinically Significant Malnutrition MCM  | M-170-<br>MN   | Ambulatory or 3 days     | 3 days                   |
|                  |   |                |                          |                          |

|   |   | AL             | or 3 days            |        |
|---|---|----------------|----------------------|--------|
| Gastroenterology                          | Liver Disease Complications with Clinically Significant Malnutrition MCM  | M-570-<br>MN   | Ambulatory or 3 days | 3 days |
| Infectious Disease                        | Cellulitis with Clinically Active Diabetes MCM  | M-70-<br>DM    | Ambulatory or 2 days | 2 days |
| Infectious Disease                        | Cellulitis with Clinically Active Heart Failure MCM   | M-70-<br>HF    | Ambulatory or 3 days | 3 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Clinically Active Atrial Fibrillation MCM                              | M-160-<br>AF   | Ambulatory or 5 days | 5 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Clinically Active Diabetes and Clinically Significant Malnutrition MCM | M-160-<br>DMMN | Ambulatory or 5 days | 5 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Clinically Active Diabetes MCM   | M-160-<br>DM   | Ambulatory or 3 days | 3 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Clinically Active Heart Failure MCM                                    | M-160-<br>HF   | Ambulatory or 4 days | 4 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Clinically Significant Malnutrition MCM                                | M-160-<br>MN   | Ambulatory or 4 days | 4 days |
| Infectious Disease                        | Sepsis and Other Febrile Illness, without Focal Infection with Severe Renal Failure MCM   | M-160-<br>RF   | Ambulatory or 4 days | 4 days |
| Neurology                                 | Drug Ingestion or Overdose with Alcohol Misuse MCM  | M-153-<br>AL   | Ambulatory or 2 days | 2 days |
| Neurology                                 | Drug Ingestion or Overdose with Psychosis MCM   | M-153-<br>PS   | Ambulatory or 2 days | 2 days |
| Neurology                                 | Seizure with Clinically Active Diabetes MCM   | M-327-<br>DM   | Ambulatory or 2 days | 2 days |
| Neurology                                 | Seizure with Clinically Significant Dementia MCM  | M-327-<br>DE   | Ambulatory or 2 days | 2 days |
| Neurology                                 | Seizure with Psychosis MCM  | M-327-<br>PS   | Ambulatory or 2 days | 2 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Active Atrial Fibrillation MCM  | M-282-<br>AF   | Ambulatory or 4 days | 4 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Active Chronic Obstructive Pulmonary Disease and Clinically Active Diabetes MCM                             | M-282-<br>CPDM | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Active Chronic Obstructive Pulmonary Disease MCM  | M-282-<br>CP   | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Active Diabetes MCM   | M-282-<br>DM   | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Active Heart Failure MCM  | M-282-<br>HF   | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Significant Dementia MCM  | M-282-<br>DE   | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Clinically Significant Malnutrition MCM  | M-282-<br>MN   | Ambulatory or 3 days | 3 days |
| Thoracic Surgery and<br>Pulmonary Disease | Pneumonia with Severe Renal Failure MCM   | M-282-<br>RF   | Ambulatory or 3 days | 3 days |

# **Guideline Name Changes**

The names of 7 Optimal Recovery Guidelines have been changed in the 25th edition of Inpatient & Surgical Care.

| Code | Body System | 24th Edition Title | 25th Edition Title | MCG<br>Code |
|------|-------------|--------------------|--------------------|-------------|
|------|-------------|--------------------|--------------------|-------------|

| Cardiovascular<br>Surgery | Abdominal Aortic Aneurysm, Endovascular Repair   | Aortic Aneurysm, Abdominal, Endovascular Repair   | S-<br>131 |
|---------------------------|--|---|-----------|
| Urology                   | Bladder Excision: Cystectomy with Urinary Diversion, Conduit or Continent                        | Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent                        | S-<br>190 |
| Pediatrics                | Cellulitis, Orbital or Periorbital Abscess, Pediatric  | Cellulitis, Orbital or Periorbital, Pediatric   | P-<br>114 |
| General<br>Surgery        | Fundoplasty, Esophagogastric, by Laparoscopy   | Fundoplication, Esophagogastric, by Laparoscopy   | S-<br>505 |
| Pediatrics                | Fundoplasty, Esophagogastric, by Laparoscopy, Pediatric  | Fundoplication, Esophagogastric, by Laparoscopy, Pediatric  | P-<br>505 |
| Pediatrics                | Idiopathic Thrombocytopenic Purpura (ITP), Pediatric   | Immune Thrombocytopenia (ITP), Pediatric  | P-<br>207 |
| Orthopedics               | Pressure Ulcer Closure by Musculocutaneous or Free Flap: Sacral, Ischial, or Trochanteric Region | Pressure Injury Closure by Musculocutaneous or Free Flap: Sacral, Ischial, or Trochanteric Region | S-<br>956 |

The names of the corresponding Rapid Review Guidelines have been changed in the 25th edition of Inpatient & Surgical Care as well.

| Body<br>System | Group                     | 24th Edition Title   | 25th Edition Title  | MCG<br>Code       |
|----------------|---------------------------|--|---|-------------------|
| Adult          | Cardiovascular<br>Surgery | Abdominal Aortic Aneurysm, Endovascular<br>Repair RRG  | Aortic Aneurysm, Abdominal, Endovascular<br>Repair RRG  | S-<br>131-<br>RRG |
| Adult          | Urology                   | Bladder Excision: Cystectomy with Urinary Diversion, Conduit or Continent RRG                        | Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent RRG                              | S-<br>190-<br>RRG |
| Pediatric      | Infectious<br>Disease     | Cellulitis, Orbital or Periorbital Abscess,<br>Pediatric RRG   | Cellulitis, Orbital or Periorbital, Pediatric RRG   | P-<br>114-<br>RRG |
| Adult          | General<br>Surgery        | Fundoplasty, Esophagogastric, by<br>Laparoscopy RRG  | Fundoplication, Esophagogastric, by<br>Laparoscopy RRG  | S-<br>505-<br>RRG |
| Pediatric      | General<br>Surgery        | Fundoplasty, Esophagogastric, by<br>Laparoscopy, Pediatric RRG                                       | Fundoplication, Esophagogastric, by Laparoscopy, Pediatric RRG  | P-<br>505-<br>RRG |
| Pediatric      | Hematology -<br>Oncology  | Idiopathic Thrombocytopenic Purpura (ITP),<br>Pediatric RRG  | Immune Thrombocytopenia (ITP), Pediatric<br>RRG   | P-<br>207-<br>RRG |
| Adult          | Orthopedics               | Pressure Ulcer Closure by Musculocutaneous or Free Flap: Sacral, Ischial, or Trochanteric Region RRG | Pressure Injury Closure by Musculocutaneous<br>or Free Flap: Sacral, Ischial, or Trochanteric<br>Region RRG | S-<br>956-<br>RRG |

One Observation Care guideline has been renamed in the 25th edition of Inpatient & Surgical Care.

| Body System                 | 24th Edition Title               | 25th Edition Title                            | MCG Code |
|-----------------------------|----------------------------------|---|----------|
| Observation Care Guidelines | Abdominal Pain: Observation Care | Abdominal Pain, Undiagnosed: Observation Care | OC-001   |

# **Moved Guidelines**

Endovascular Repair (EVR), Thoracic Aorta has been relocated from Ambulatory Care to Inpatient & Surgical Care's Optimal Recovery Guidelines in the 25th edition due to the fact that this procedure is typically performed in an inpatient setting. The guideline has been renamed Aortic Aneurysm, Thoracic, Endovascular Repair. With this guideline, repair of both abdominal aortic aneurysm and thoracic aortic aneurysm have Inpatient & Surgical Care guidelines for both the open and the endovascular approach.

| 24th Edition<br>Guideline<br>Title | 24th<br>Edition<br>Content<br>Volume | 24th<br>Edition<br>Body<br>System | 24th Edition<br>Group | 24th<br>Edition<br>MCG<br>Code | 25th Edition<br>Guideline<br>Title | 25th<br>Edition<br>Content<br>Volume | 25th Edition<br>Body System | 25th<br>Edition<br>MCG<br>Code |
|------------------------------------|--------------------------------------|-----------------------------------|-----------------------|--------------------------------|------------------------------------|--------------------------------------|-----------------------------|--------------------------------|
| Endovascular                       | Ambulatory                           | Procedures                        | Cardiovascular        | A-                             | Aortic                             | Inpatient                            | Cardiovascular              | S-145                          |

Repair Care and Surgery 0394 Aneurysm, Surgery Diagnostic Surgical (EVR), Thoracic. Thoracic Tests Endovascular Repair Aorta Repair

The corresponding Rapid Review Guideline was added in the 25th edition of Inpatient & Surgical Care as well.

| Body System | Group                  | Guideline  | MCG Code  |
|-------------|------------------------|--|-----------|
| Adult       | Cardiovascular Surgery | Aortic Aneurysm, Thoracic, Endovascular Repair RRG | S-145-RRG |

## **Deleted Guidelines**

Neutropenia after Chemotherapy, Pediatric (P-300) and Chemotherapy, Pediatric (P-87) were separate guidelines in Inpatient & Surgical Care up to and including the 24th edition. For the 25th edition, the content in Neutropenia after Chemotherapy, Pediatric has been moved into Chemotherapy, Pediatric, and Neutropenia after Chemotherapy, Pediatric has been retired. Up to and including the 24th edition, the adult version of Chemotherapy covered patients with post-chemotherapy neutropenia. With this change, the pediatric and adult versions of chemotherapy will both cover these patients.

Also, in recent editions, Ureteroileal Conduit (S-1140) and Bladder Excision: Cystectomy with Urinary Diversion, Conduit or Continent (S-190) have had nearly identical Clinical Indications for Procedure and overlapping Goal Lengths of Stay (6 days and 5 or 6 days, respectively). For the 25th edition, Ureteroileal Conduit has been consolidated into Bladder Excision: Cystectomy with Urinary Diversion, Conduit or Continent with a GLOS of 5 days, and Ureteroileal Conduit has been retired. Also, as noted in the Inpatient & Surgical Care Guideline Name Changes table above, the title of the combined guideline has replaced Bladder Excision with Bladder Resection, and the new title is Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent. This change in terminology is to more properly align the title with the ICD-10-PCS coding for the procedure.

| Body<br>System | Guideline                                       | MCG<br>Code | Reason   |
|----------------|---|-------------|--|
| Pediatrics     | Neutropenia after<br>Chemotherapy,<br>Pediatric | P-<br>300   | The guideline has been deleted as its content moved into the Chemotherapy, Pediatric (P-87) guideline.   |
| Urology        | Ureteroileal Conduit                            | S-<br>1140  | The guideline has been deleted as its content moved into Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent (S-190) guideline. |

The corresponding Rapid Review Guidelines have been deleted in the 25th edition of Inpatient & Surgical Care as well.

| Body<br>System | Group                    | Guideline   | MCG<br>Code        | Reason   |
|----------------|--------------------------|---|--------------------|--|
| Adult          | Urology                  | Ureteroileal Conduit<br>RRG                         | S-<br>1140-<br>RRG | The guideline has been deleted as its content moved into Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent RRG (S-190-RRG). |
| Pediatric      | Hematology<br>- Oncology | Neutropenia after<br>Chemotherapy,<br>Pediatric RRG | P-<br>300-<br>RRG  | The guideline has been deleted as its content moved into the Chemotherapy, Pediatric RRG (P-87-RRG).   |

# **General Recovery Care**

### **New Features and Changes**

#### Change in Search by Diagnosis Codes

MCG has received consistent feedback that when searching by diagnosis code, selecting the correct General Recovery Care guideline (GRG) from the list that is returned can be confusing. To the degree possible, we have reduced the number of GRGs returned when searching, specifically procedural GRGs listed in response to diagnosis codes. We have tried to separate codes such that diagnosis codes will return medical GRGs and procedural codes will return procedural GRGs. However, there is still some overlap (ie, some GRGs include both). The principal operational difference for users will be that to see procedural GRGs in a search return, the search should be performed using a procedure name or code, not a diagnosis.

#### **New Social Determinants of Health Assessment**

A new Social Determinants of Health Assessment has been added to General Recovery Care in the 25th edition. Use of this assessment will help identify, upon admission (or soon thereafter), patients at higher risk for an unmet health-related social need. There is a growing body of evidence that unmet health-related social needs can have a negative impact on quality of life and health outcomes, and results from this social determinants of health assessment should inform individual treatment plans and identify potential interventions to facilitate discharge planning and transitions of care. The assessment is available in all Problem Oriented General Recovery Guidelines and Body System General Recovery Guidelines (as well as in all inpatient guidelines in Inpatient & Surgical Care and Multiple Condition Management, and guidelines for all levels of care in the Behavioral Health Care guidelines) and may be answered by the patient or a parent or caregiver. The assessment covers housing insecurity, food insecurity,

insufficient transportation, insufficient utilities, personal safety risk, insufficient dependent care, and depression risk. The assessment can be accessed from a pop-up bullet on Day 1 in the General Recovery Course.

# **Ambulatory Care**

# **New Features and Changes**

# **Changes to Evidence Summary Recommendation Grades**

For each Clinical Indication in Ambulatory Care guidelines, the Criteria annotation describes the available evidence supporting its use. In the 25th edition, a third possible Recommendation Grade may now be assigned to Criteria annotations within the Specialty Medications section to describe indications for which evidence is insufficient or does not demonstrate a net benefit, but the specific indication has been approved for that medication by a federal regulatory agency.

The Criteria section now includes the following Recommendation Grades:

- RG A1: Evidence demonstrates at least moderate certainty of at least moderate net benefit.
- RG A2: Evidence demonstrates a net benefit, but of less than moderate certainty, and may consist of a consensus of opinion of experts, case studies, and common standard care.
- RG A3: Evidence demonstrates an incomplete assessment of net benefit vs harm; the drug is currently approved by a federal regulatory
  agency.

The Inconclusive or Non-Supportive Evidence section includes the following Recommendation Grades:

- RG B: Evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended.
- RG C1: Evidence demonstrates a lack of net benefit; additional research is recommended.
- RG C2: Evidence demonstrates potential harm that outweighs benefit; additional research is recommended.

#### **New Guidelines in Procedures and Diagnostic Tests**

The number of guidelines in the Procedures and Diagnostic Tests section has been expanded to include new procedures for varicose vein treatment, occipital nerve block, renal sympathetic nerve denervation, and oral immunotherapy. See the New Guidelines table below for the complete list.

#### **New Guidelines in Specialty Medications**

New guidelines have been added to the Specialty Medications section, reflecting the growth in specialty medications and targeted therapy. The new guidelines cover conditions such as sickle cell anemia, migraine, spinal muscular atrophy, and lymphoma and leukemia. See the New Guidelines table below for the complete list.

#### **New Guidelines**

A total of 13 new guidelines have been added to the 25th edition of Ambulatory Care.

| Body System                        | Group                     | Guideline  | MCG<br>Code |
|------------------------------------|---------------------------|--|-------------|
| Procedures and Diagnostic<br>Tests | Allergy                   | Immunotherapy, Oral  | A-1023      |
| Procedures and Diagnostic<br>Tests | Cardiovascular<br>Surgery | Renal Sympathetic Nerve Ablation, Radiofrequency                       | A-1034      |
| Procedures and Diagnostic<br>Tests | Cardiovascular<br>Surgery | Saphenous Vein Ablation, Adhesive Injection                            | A-1024      |
| Procedures and Diagnostic<br>Tests | Cardiovascular<br>Surgery | Saphenous Vein Ablation, Mechanical Occlusion Chemical Ablation (MOCA) | A-1025      |
| Procedures and Diagnostic<br>Tests | Neurology                 | Nerve Block, Occipital   | A-1033      |
| Specialty Medications              | Eye Conditions            | Brolucizumab   | A-1026      |
| Specialty Medications              | Eye Conditions            | Voretigene Neparvovec  | A-1028      |
| Specialty Medications              | Hematologic<br>Conditions | Crizanlizumab  | A-1027      |
| Specialty Medications              | Neurologic<br>Conditions  | Eptinezumab  | A-1032      |
| Specialty Medications              | Neurologic<br>Conditions  | Onasemnogene Abeparvovec-xioi  | A-1029      |

| Specialty Medications | Oncologic<br>Conditions | Axicabtagene Ciloleucel   | A-1030 |
|-----------------------|-------------------------|---------------------------|--------|
| Specialty Medications | Oncologic<br>Conditions | Brexucabtagene Autoleucel | A-1035 |
| Specialty Medications | Oncologic<br>Conditions | Tisagenlecleucel          | A-1031 |

# **Guideline Name Changes**

A total of 19 guidelines have been renamed in the 25th edition of Ambulatory Care.

| Body System   | Group                                       | 24th Edition Guideline Title   | 25th Edition Guideline Title  | MCG<br>Code |
|---|---|--|---|-------------|
| Genetic<br>Medicine   | Neurology                                   | Charcot-Marie-Tooth Hereditary Neuropathy,<br>Type 1 - EGR2, FBLN5, LITAF, MPZ, NEFL,<br>and PMP22 Genes   | Charcot-Marie-Tooth Hereditary<br>Neuropathy - Gene and Gene<br>Panel Testing                     | A-<br>0691  |
| Genetic<br>Medicine   | Cardiology                                  | Familial Dilated Cardiomyopathy, Nonsyndromic Genes  | Familial Dilated Cardiomyopathy<br>- Gene and Gene Panel Testing                                  | A-<br>0648  |
| Genetic<br>Medicine   | Cardiology                                  | Familial Hypertrophic Cardiomyopathy,<br>Nonsyndromic - Sarcomere Genes  | Familial Hypertrophic<br>Cardiomyopathy, Nonsyndromic<br>- Gene and Gene Panel Testing            | A-<br>0633  |
| Genetic<br>Medicine   | Cardiology                                  | Loeys-Dietz Syndrome Gene and Gene Panel Testing   | Loeys-Dietz Syndrome - Gene and Gene Panel Testing  | A-<br>0909  |
| Genetic<br>Medicine   | Oncology                                    | Malignant Melanoma - BRAF V600 Testing   | Malignant Melanoma<br>(Cutaneous) - BRAF V600<br>Testing  | A-<br>0787  |
| Genetic<br>Medicine   | Oncology                                    | Malignant Melanoma (Uveal) - BAP1, CDK4, and CDKN2A Genes  | Malignant Melanoma (Uveal) -<br>BAP1 Gene   | A-<br>0836  |
| Genetic<br>Medicine   | Neurology                                   | Nemaline Myopathy - ACTA1, CFL2, KBTBD13,<br>KLHL40, KLHL41, LMOD3, MYO18B, MYPN,<br>NEB, TNNT1, TPM2, and TPM3 Genes  | Nemaline Myopathy - Gene and<br>Gene Panel Testing  | A-<br>0792  |
| Genetic<br>Medicine   | Metabolic and<br>Developmental<br>Disorders | Noonan Syndrome - BRAF, KRAS, LZTR1,<br>MAP2K1, NRAS, PTPN11, RAF1, RIT1, SOS1,<br>and SOS2 Genes and Gene Panels  | Noonan Syndrome - Gene and<br>Gene Panel Testing  | A-<br>0915  |
| Genetic<br>Medicine   | Orthopedics                                 | Osteogenesis Imperfecta - BMP1, COL1A1, COL1A2, CREB3L1, CRTAP, FKBP10, IFITM5, MBTPS2, P3H1, PLOD2, PPIB, SERPINF1, SERPINH1, SP7, SPARC, TENT5A, TMEM38B, and WNT1 Genes and Gene Panels | Osteogenesis Imperfecta - Gene and Gene Panel Testing   | A-<br>0796  |
| Genetic<br>Medicine   | Neurology                                   | Parkinson Disease - ATP13A2, GBA, LRRK2, PARK7, PINK1, PRKN, SNCA, and VPS35 Genes   | Parkinson Disease - Gene<br>Testing and Gene Panels   | A-<br>0671  |
| Referral<br>Management  | Skin Conditions                             | Skin Ulcers, Pressure - Referral Management  | Pressure Injury - Referral<br>Management  | R-<br>0127  |
| Durable Medical<br>Equipment,<br>Prosthetics,<br>Orthotics, and<br>Supplies<br>(DMEPOS) | Skin Conditions                             | Pressure Relieving and Offloading Devices<br>(Total Contact Cast and Removable Cast<br>Walker)   | Pressure-Relieving and<br>Offloading Devices (Total<br>Contact Cast and Removable<br>Cast Walker) | A-<br>0344  |
| Durable Medical<br>Equipment,<br>Prosthetics,<br>Orthotics, and<br>Supplies<br>(DMEPOS) | Skin Conditions                             | Bed, Active (Dynamic)  | Pressure-Relieving Bed,<br>Advanced   | A-<br>0517  |
| Durable Medical<br>Equipment,<br>Prosthetics,   | Skin Conditions                             | Mattress and Mattress Overlay, Active (Dynamic)  | Pressure-Relieving Support<br>Surface, Advanced   | A-<br>0348  |

Orthotics, and Supplies (DMEPOS)

| (DMEPOS)  |                  |  |  |            |
|---|------------------|--|--|------------|
| Durable Medical<br>Equipment,<br>Prosthetics,<br>Orthotics, and<br>Supplies<br>(DMEPOS) | Skin Conditions  | Mattress and Mattress Overlay, Reactive (Static)   | Pressure-Relieving Support<br>Surface, Simple  | A-<br>0347 |
| Genetic<br>Medicine   | Oncology         | Prostate Cancer - HOXB13, MMR, PTEN, and TMPRSS2-ETS Fusion Genes  | Prostate Cancer (Hereditary) -<br>Gene Panel   | A-<br>0854 |
| Genetic<br>Medicine   | Pharmacogenetics | Psychotropic Medication Pharmacogenetics - ABCB1, ADRA2A, BDNF, COMT, DRD, FKBP5, GNB3, HTR, MC4R, OGFRL1, SLC6A4, SPTA1, and TPH1 Genes | Psychotropic Medication<br>Pharmacogenetics - ABCB1,<br>ADRA2A, BDNF, COMT, DRD,<br>FKBP5, GNB3, HTR, MC4R,<br>OGFRL1, SLC6A4, and TPH1<br>Genes | A-<br>0859 |
| Genetic<br>Medicine   | Neurology        | Spinocerebellar Ataxia - ATXN1, ATXN2, ATXN3, ATXN7, and CACNA1A Genes and Gene Panels   | Spinocerebellar Ataxia - Gene<br>Testing and Gene Panels   | A-<br>0908 |
| Procedures and<br>Diagnostic Tests  | Urology          | Periurethral Bulking Injections  | Urethral Bulking Agent<br>Injections   | A-<br>0268 |

# **Moved Guidelines**

One guideline in the 25th edition of Ambulatory Care has been relocated to better reflect the content of the guideline.

| Guideline Title                            | 24th Edition Body<br>System | 24th Edition Group            | 25th Edition Body System           | 25th Edition<br>Group |
|--|-----------------------------|-------------------------------|------------------------------------|-----------------------|
| Hyaluronic Acid, Intra-Articular Injection | Specialty Medications       | Musculoskeletal<br>Conditions | Procedures and Diagnostic<br>Tests | Orthopedics           |

In addition, Endovascular Repair (EVR), Thoracic Aorta, has been relocated from Ambulatory Care to the Optimal Recovery Guidelines in Inpatient & Surgical Care and renamed Aortic Aneurysm, Thoracic, Endovascular Repair in the 25th edition due to the fact that this procedure is typically performed in an inpatient setting.

| 24th Edition<br>Guideline<br>Title                    | 24th 24th Edition Edition Content Body 24th Edition Volume System Group |  | 24th Edition<br>Group     | 24th Edition MCG Code  25th Editi Guidelin Title |  | 25th<br>Edition<br>Content<br>Volume | 25th Edition<br>Body System | 25th<br>Edition<br>MCG<br>Code |
|---|---|--|---------------------------|--|--|--------------------------------------|-----------------------------|--------------------------------|
| Endovascular<br>Repair<br>(EVR),<br>Thoracic<br>Aorta | Ambulatory<br>Care  | Procedures<br>and<br>Diagnostic<br>Tests | Cardiovascular<br>Surgery | A-<br>0394                                       | Aortic<br>Aneurysm,<br>Thoracic,<br>Endovascular<br>Repair | Inpatient<br>&<br>Surgical<br>Repair | Cardiovascular<br>Surgery   | S-145                          |

# Guidelines Changed From "Current Role Remains Uncertain" Designation

One guideline has been changed from having the designation "Current Role Remains Uncertain" to having Clinical Indications in the 25th edition of Ambulatory Care based on the latest available evidence in the medical literature.

| Body System      | Group    | Guideline Title                        | MCG Code |
|------------------|----------|--|----------|
| Genetic Medicine | Oncology | Renal Cancer (Hereditary) - Gene Panel | A-0801   |

# **Deleted Guidelines**

A total of 33 guidelines have been removed from the 25th edition of Ambulatory Care.

| Body System         | Group     | Guideline  | MCG<br>Code | Reason   |
|---------------------|-----------|--|-------------|--|
| Genetic<br>Medicine | Neurology | Charcot-Marie-Tooth Hereditary<br>Neuropathy, Type 2 - HSPB1, MFN2, and<br>MPZ Genes | A-<br>0816  | Guideline removed as content now included in Charcot-Marie-Tooth Hereditary Neuropathy - Gene and Gene Panel Testing (A-0691) guideline. |

|                          |                                     |  | -          |  |
|--------------------------|-------------------------------------|--|------------|--|
| Genetic<br>Medicine      | Neurology                           | Charcot-Marie-Tooth Hereditary<br>Neuropathy, Type 4 - FGD4, GDAP1,<br>NDRG1, PRX, SBF2, and SH3TC2<br>Genes | A-<br>0818 | Guideline removed as content now included in Charcot-Marie-Tooth Hereditary Neuropathy - Gene and Gene Panel Testing (A-0691) guideline. |
| Genetic<br>Medicine      | Neurology                           | Charcot-Marie-Tooth Hereditary<br>Neuropathy, Type X - AIFM1, GJB1,<br>PDK3, and PRPS1 Genes                 | A-<br>0819 | Guideline removed as content now included in Charcot-Marie-Tooth Hereditary Neuropathy - Gene and Gene Panel Testing (A-0691) guideline. |
| Imaging                  | Nuclear<br>Medicine                 | Adrenal Scintigraphy   | A-<br>0073 | Guideline removed as this imaging test has been replaced clinically by other imaging tests.  |
| Rehabilitation           | Therapeutic<br>Modalities           | Static Magnetic Fields   | A-<br>0355 | Guideline removed as the content in this guideline has little clinical relevance.  |
| Specialty<br>Medications | Autoimmune<br>Conditions            | Apremilast   | A-<br>0965 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Autoimmune<br>Conditions            | Baricitinib  | A-<br>1000 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Autoimmune<br>Conditions            | Tofacitinib  | A-<br>0983 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Elbasvir-Grazoprevir   | A-<br>0934 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Glecaprevir-Pibrentasvir   | A-<br>0971 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Ledipasvir-Sofosbuvir  | A-<br>0749 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Sofosbuvir   | A-<br>0758 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Sofosbuvir-Velpatasvir   | A-<br>0944 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Infectious<br>Disease<br>Conditions | Sofosbuvir-Velpatasvir-Voxilaprevir  | A-<br>0962 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Metabolic<br>Conditions             | Miglustat  | A-<br>0462 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Neurologic<br>Conditions            | Dimethyl Fumarate  | A-<br>0919 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Neurologic<br>Conditions            | Fingolimod   | A-<br>0899 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Neurologic<br>Conditions            | Teriflunomide  | A-<br>0900 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Oncologic<br>Conditions             | Alectinib  | A-<br>0964 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
| Specialty<br>Medications | Oncologic<br>Conditions             | Ceritinib  | A-<br>0967 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage.                   |
|                          |                                     | เบฮ  |            |  |

| Specialty<br>Medications | Oncologic<br>Conditions | Cobimetinib                      | A-<br>0921 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
|--------------------------|-------------------------|----------------------------------|------------|--|
| Specialty<br>Medications | Oncologic<br>Conditions | Crizotinib                       | A-<br>0677 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Oncologic<br>Conditions | Dabrafenib                       | A-<br>0954 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Oncologic<br>Conditions | Ixazomib                         | A-<br>0937 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Oncologic<br>Conditions | Sorafenib                        | A-<br>0980 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Oncologic<br>Conditions | Trametinib                       | A-<br>0952 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Oncologic<br>Conditions | Vemurafenib                      | A-<br>0675 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Ambrisentan                      | A-<br>0619 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Bosentan                         | A-<br>0295 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Elexacaftor-Tezacaftor-Ivacaftor | A-<br>1022 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Ivacaftor                        | A-<br>0936 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Lumacaftor-Ivacaftor             | A-<br>0939 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |
| Specialty<br>Medications | Pulmonary<br>Conditions | Tezacaftor-Ivacaftor             | A-<br>0984 | Guideline removed as MCG is discontinuing<br>Specialty Medication guidelines for oral<br>medications due to low usage. |

### **Chronic Care**

#### **New Features and Changes**

#### **Table of Contents Updated**

Table of Contents changes have been made in the 25th edition of Chronic Care. Existing assessments have been categorized and arranged to highlight our existing Social Determinants of Health content; place Self-Management, Low Intensity Disease Management, and Patient Education content into body systems; and organize Monitoring and Management content into more specific groupings.

#### **New Assessment Added**

A Long-Term Services and Supports (LTSS) assessment has been added to the 25th edition of Chronic Care. This assessment is intended to guide the clinician in patient-centric care and support populations that require complex ongoing services (eg, chronic health condition support, ADLs, social determinants of health needs). Appropriate existing Chronic Care assessments are incorporated into this guideline for targeted care guidance.

#### **New Quality Measures Section**

A Quality Measures section has been added and appropriate questions have been tagged with the "QM" designation in several guidelines, primarily in the Self-Management section of the 25th edition of Chronic Care. The Quality Measures section describes the intent of the "QM" tag and how information provided in the questions may be requested by various accrediting organizations. The quality measures are intended to highlight areas of focus for major national quality initiatives. They are presented for reference purposes only and are neither an assurance of compliance nor a

prescribed measurement set. The selection of accreditation organization, quality initiatives, measurements, and data collection instruments is at the user's discretion.

#### **New Guidelines**

One new guideline has been added in the 25th edition of Chronic Care under the topic of Monitoring and Management.

| Body System               | Group             | Guideline                      | MCG Code |
|---------------------------|-------------------|--------------------------------|----------|
| Monitoring and Management | Functional Status | Long-Term Services and Support | C-1161   |

### **Guideline Name Changes**

Three assessment titles have been changed in the 25th edition of Chronic Care. Their body system category placement reflects their location for the 25th edition.

| Body System                      | Group                     | 24th Edition Guideline Title                | 25th Edition Guideline Title                 | MCG<br>Code |
|----------------------------------|---------------------------|---|--|-------------|
| Social Determinants of<br>Health |                           | Evaluation of Available Caregiver Resources | Caregiver Resources Evaluation               | C-1056      |
| Monitoring and<br>Management     | Social/Family             | Evaluation of Caregiver Strain              | Caregiver Strain Evaluation                  | C-1126      |
| Monitoring and<br>Management     | Clinical<br>Interventions | Pressure Ulcer Monitoring and<br>Management | Pressure Injury Monitoring and<br>Management | C-1043      |

#### **Moved Guidelines**

As mentioned in the Chronic Care "New Features and Changes" section above, the Chronic Care table of contents has been revamped for the 25th edition, and the assessments have been categorized and reorganized. This table identifies the specific changes from the 24th edition to the 25th edition; the list is sorted alphabetically by guideline title.

| Guideline Title                      | 24th Edition Body<br>System            | 24th Edition<br>Group     | 25th Edition<br>Body System            | 25th Edition Group           |
|--------------------------------------|--|---------------------------|--|------------------------------|
| Activities of Daily Living           | Functional Status                      |                           | Monitoring and<br>Management           | Functional Status            |
| Advance Care Planning                | Psychosocial                           | Social Needs              | Monitoring and<br>Management           | Social/Family                |
| Alcohol Misuse                       | Psychosocial                           | Mental Health             | Monitoring and<br>Management           | Mental Health                |
| Alcohol Use                          | Wellness                               |                           | Monitoring and<br>Management           | Wellness                     |
| Anemia - Self-Care                   | Self-Management                        |                           | Self-Management                        | Hematology -<br>Oncology     |
| Anemia Information: Low Intensity    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Hematology -<br>Oncology     |
| Anxiety - Self-Care                  | Self-Management                        |                           | Self-Management                        | Behavioral Health            |
| Anxiety Information: Low Intensity   | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health            |
| Arthritis - Self-Care                | Self-Management                        |                           | Self-Management                        | Immunology -<br>Rheumatology |
| Arthritis Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Immunology -<br>Rheumatology |
| Aspiration Risk Management           | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions       |
| Assistive Devices                    | Functional Status                      | 1                         | Monitoring and<br>Management           | Functional Status            |

| Asthma, Adult - Self-Care  | Self-Management                        |                           | Self-Management                        | Thoracic Surgery and Pulmonary Disease    |
|--|--|---------------------------|--|---|
| Asthma, Adult Information: Low Intensity                                       | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Thoracic Surgery and<br>Pulmonary Disease |
| Asthma, Pediatric - Self-Care  | Self-Management                        |                           | Self-Management                        | Pediatrics                                |
| Asthma, Pediatric Information: Low Intensity                                   | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                                |
| Atrial Fibrillation - Self-Care  | Self-Management                        |                           | Self-Management                        | Cardiology                                |
| Atrial Fibrillation Information: Low Intensity                                 | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Cardiology                                |
| Attention-Deficit Hyperactivity Disorder, Adult - Self-Care                    | Self-Management                        |                           | Self-Management                        | Behavioral Health                         |
| Attention-Deficit Hyperactivity Disorder, Adult Information: Low Intensity     | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health                         |
| Attention-Deficit Hyperactivity Disorder, Pediatric - Self-Care                | Self-Management                        |                           | Self-Management                        | Pediatrics                                |
| Attention-Deficit Hyperactivity Disorder, Pediatric Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                                |
| Autism Spectrum Disorders - Self-Care  | Self-Management                        |                           | Self-Management                        | Behavioral Health                         |
| Autism Spectrum Disorders Information: Low Intensity                           | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health                         |
| Back Pain - Self-Care  | Self-Management                        |                           | Self-Management                        | Orthopedics                               |
| Back Pain Information: Low Intensity   | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Orthopedics                               |
| Behavioral Health and Cognition Evaluation with Caregiver                      | Psychosocial                           | Mental Health             | Monitoring and<br>Management           | Mental Health                             |
| Bipolar Disorder - Self-Care   | Self-Management                        |                           | Self-Management                        | Behavioral Health                         |
| Bipolar Disorder Information: Low Intensity                                    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health                         |
| Blood Glucose Monitoring   | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Blood Pressure Monitoring  | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Bowel Management   | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Bowel Symptoms   | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                                  |
| Cancer - Self-Care   | Self-Management                        |                           | Self-Management                        | Hematology -<br>Oncology                  |
| Cancer Information: Low Intensity  | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Hematology -<br>Oncology                  |
| Cardiac Congenital Defects - Self-Care   | Self-Management                        | )                         | Self-Management                        | Cardiovascular<br>Surgery                 |

| Cardiac Congenital Defects Information: Low Intensity                | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Cardiovascular<br>Surgery                 |
|--|--|---------------------------|--|---|
| Caregiver Resources Evaluation                                       | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |   |
| Caregiver Strain Evaluation  | Psychosocial                           | Social Needs              | Monitoring and<br>Management           | Social/Family                             |
| Chemotherapy   | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Children with Special Healthcare Needs -<br>Self-Care                | Self-Management                        |                           | Self-Management                        | Problem Oriented<br>Guidelines            |
| Children with Special Healthcare Needs<br>Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Problem Oriented<br>Guidelines            |
| Cholesterol Monitoring   | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Chronic Obstructive Pulmonary Disease - Self-Care                    | Self-Management                        |                           | Self-Management                        | Thoracic Surgery and Pulmonary Disease    |
| Chronic Obstructive Pulmonary Disease Information: Low Intensity     | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Thoracic Surgery and<br>Pulmonary Disease |
| Chronic Pain   | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                                  |
| Cognitive Impairment   | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                                  |
| Community Resources  | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |   |
| Complex Case Management - Self-Care                                  | Self-Management                        |                           | Self-Management                        | Problem Oriented Guidelines               |
| Coronary Artery Disease - Self-Care                                  | Self-Management                        |                           | Self-Management                        | Cardiology                                |
| Coronary Artery Disease Information: Low Intensity                   | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Cardiology                                |
| Cultural Practices   | Psychosocial                           | Social Needs              | Monitoring and<br>Management           | Social/Family                             |
| Cystic Fibrosis, Adult - Self-Care                                   | Self-Management                        |                           | Self-Management                        | Thoracic Surgery and<br>Pulmonary Disease |
| Cystic Fibrosis, Adult Information: Low Intensity                    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Thoracic Surgery and<br>Pulmonary Disease |
| Cystic Fibrosis, Pediatric - Self-Care                               | Self-Management                        |                           | Self-Management                        | Pediatrics                                |
| Cystic Fibrosis, Pediatric Information: Low Intensity                | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                                |
| Dehydration Monitoring and Management                                | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Dementia - Self-Care   | Self-Management                        |                           | Self-Management                        | Behavioral Health                         |
| Dementia Information: Low Intensity                                  | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health                         |

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|--|--|---------------------------|--|--------------------------------|
| Depression - Self-Care                         | Self-Management                        |                           | Self-Management                        | Behavioral Health              |
| Depression Information: Low Intensity          | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health              |
| Depression Screening, Adult                    | Psychosocial                           | Mental Health             | Monitoring and<br>Management           | Mental Health                  |
| Depression Screening, Pediatric                | Psychosocial                           | Mental Health             | Monitoring and<br>Management           | Mental Health                  |
| Diabetes, Adult - Self-Care                    | Self-Management                        |                           | Self-Management                        | Endocrinology                  |
| Diabetes, Adult Information: Low Intensity     | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Endocrinology                  |
| Diabetes, Pediatric - Self-Care                | Self-Management                        |                           | Self-Management                        | Pediatrics                     |
| Diabetes, Pediatric Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                     |
| Dialysis Management                            | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Eating Disorders - Self-Care                   | Self-Management                        |                           | Self-Management                        | Behavioral Health              |
| Eating Disorders Information: Low Intensity    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health              |
| Education Management                           | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |                                |
| End-of-Life Care - Self-Care                   | Self-Management                        |                           | Self-Management                        | Problem Oriented Guidelines    |
| End-of-Life Care Information: Low Intensity    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Problem Oriented<br>Guidelines |
| Energy Level Changes                           | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Enteral Nutrition Management                   | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Exercise                                       | Wellness                               |                           | Monitoring and<br>Management           | Wellness                       |
| Fatigue or Weakness                            | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Financial Status and Benefits                  | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |                                |
| Fluid Restriction                              | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Frail Elderly - Self-Care                      | Self-Management                        |                           | Self-Management                        | Problem Oriented Guidelines    |
| Frail Elderly Information: Low Intensity       | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Problem Oriented<br>Guidelines |
| General Medication Management                  | Health Status                          | Medication                | Monitoring and<br>Management           | Medication                     |
| Growth and Development, Pediatric              | Wellness                               | 4                         | Monitoring and<br>Management           | Wellness                       |
|  | 11                                     | /1                        |  |                                |

| HbA1c Monitoring  | Health Status   | Clinical<br>Interventions   | Monitoring and<br>Management   | Clinical Interventions   |
|---|---|-----------------------------|--|--|
| Health Literacy   | Psychosocial  | Social Needs                | Social<br>Determinants of<br>Health  |  |
| Health Risk Assessment  | Wellness  |                             | Monitoring and Management  | Wellness   |
| Hearing   | Psychosocial  | Communication               | Monitoring and<br>Management   | Communication  |
| Heart Failure - Self-Care   | Self-Management   |                             | Self-Management  | Cardiology   |
| Heart Failure Information: Low Intensity  | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Cardiology   |
| High Cholesterol - Self-Care  | Self-Management   |                             | Self-Management  | Cardiology   |
| High Cholesterol Information: Low Intensity   | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Cardiology   |
| High-Risk Pregnancy - Self-Care   | Self-Management   |                             | Self-Management  | Obstetrics and<br>Gynecology   |
| High-Risk Pregnancy Information: Low Intensity  | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Obstetrics and<br>Gynecology   |
| HIV/AIDS - Self-Care  | Self-Management   |                             | Self-Management  | Infectious Disease   |
| HIV/AIDS Information: Low Intensity   | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Infectious Disease   |
| Home Infusion Management  | Health Status   | Clinical<br>Interventions   | Monitoring and<br>Management   | Clinical Interventions   |
| Hypertension - Self-Care  | Self-Management   |                             | Self-Management  | Cardiology   |
| Hypertension Information: Low Intensity   | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Cardiology   |
| Inflammatory Bowel Disease - Self-Care  | Self-Management   |                             | Self-Management  | Gastroenterology   |
|   |   |                             |  | Gastrochterology   |
| Inflammatory Bowel Disease Information:<br>Low Intensity  | Low Intensity<br>Disease<br>Management  |                             | Low Intensity<br>Disease<br>Management   | Gastroenterology   |
|   | Disease   | Clinical<br>Interventions   | Low Intensity<br>Disease   |  |
| Low Intensity   | Disease<br>Management   | ÷                           | Low Intensity Disease Management Monitoring and  | Gastroenterology   |
| Low Intensity Injectable Medications  | Disease<br>Management<br>Health Status  | ÷                           | Low Intensity Disease Management Monitoring and Management Monitoring and  | Gastroenterology  Clinical Interventions   |
| Low Intensity Injectable Medications Instrumental Activities of Daily Living  | Disease Management  Health Status  Functional Status  | Interventions               | Low Intensity Disease Management  Monitoring and Management  Monitoring and Management  Monitoring and Management  | Gastroenterology  Clinical Interventions  Functional Status  |
| Low Intensity Injectable Medications Instrumental Activities of Daily Living Intimate Partner Violence  | Disease Management  Health Status  Functional Status  Psychosocial  | Interventions               | Low Intensity Disease Management  Monitoring and Management  Monitoring and Management  Monitoring and Management  | Gastroenterology  Clinical Interventions  Functional Status  Social/Family                         |
| Injectable Medications Instrumental Activities of Daily Living Intimate Partner Violence Kidney Disease - Self-Care   | Disease Management  Health Status  Functional Status  Psychosocial  Self-Management  Low Intensity Disease            | Interventions               | Low Intensity Disease Management  Monitoring and Management  Monitoring and Management  Monitoring and Management  Self-Management  Low Intensity Disease                            | Gastroenterology  Clinical Interventions  Functional Status  Social/Family  Nephrology             |
| Injectable Medications Instrumental Activities of Daily Living Intimate Partner Violence Kidney Disease - Self-Care Kidney Disease Information: Low Intensity | Disease Management  Health Status  Functional Status  Psychosocial  Self-Management  Low Intensity Disease Management | Interventions  Social Needs | Low Intensity Disease Management  Monitoring and Management  Monitoring and Management  Monitoring and Management  Self-Management  Low Intensity Disease Management  Monitoring and | Gastroenterology  Clinical Interventions  Functional Status  Social/Family  Nephrology  Nephrology |

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|---|--|---------------------------|--|--------------------------------|
|   | Management                             |                           | Management                             |                                |
| Medication Adherence                          | Health Status                          | Medication                | Monitoring and<br>Management           | Medication                     |
| Medication Changes                            | Health Status                          | Medication                | Monitoring and<br>Management           | Medication                     |
| Medication List                               | Health Status                          | Medication                | Monitoring and<br>Management           | Medication                     |
| Multiple Sclerosis - Self-Care                | Self-Management                        |                           | Self-Management                        | Neurology                      |
| Multiple Sclerosis Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                      |
| Narcotic/Opioid Misuse Assessment             | Psychosocial                           | Mental Health             | Monitoring and<br>Management           | Mental Health                  |
| Nebulizer Management                          | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Neonatal Care - Self-Care                     | Self-Management                        |                           | Self-Management                        | Neonatology                    |
| Neonatal Care Information: Low Intensity      | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neonatology                    |
| Neurologic Function Changes                   | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Nutritional Management to Gain Weight         | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Nutritional Management to Lose Weight         | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Nutritional Status, Adult                     | Wellness                               |                           | Monitoring and<br>Management           | Wellness                       |
| Nutritional Status, Infant                    | Wellness                               |                           | Monitoring and<br>Management           | Wellness                       |
| Nutritional Status, Pediatric                 | Wellness                               |                           | Monitoring and<br>Management           | Wellness                       |
| Obesity, Adult - Self-Care                    | Self-Management                        |                           | Self-Management                        | Endocrinology                  |
| Obesity, Adult Information: Low Intensity     | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Endocrinology                  |
| Obesity, Pediatric - Self-Care                | Self-Management                        |                           | Self-Management                        | Pediatrics                     |
| Obesity, Pediatric Information: Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                     |
| Organ Transplant - Self-Care                  | Self-Management                        |                           | Self-Management                        | Problem Oriented Guidelines    |
| Organ Transplant Information: Low Intensity   | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Problem Oriented<br>Guidelines |
| Osteoporosis - Self-Care                      | Self-Management                        |                           | Self-Management                        | Orthopedics                    |
| Osteoporosis Information: Low Intensity       | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Orthopedics                    |
| Ostomy Management                             | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |

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|---|--|---------------------------|--|--------------------------------|
| Oxygen Management                                     | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Pain Assessment                                       | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Pain Medication Use                                   | Health Status                          | Medication                | Monitoring and<br>Management           | Medication                     |
| Palliative Care - Self-Care                           | Self-Management                        |                           | Self-Management                        | Problem Oriented Guidelines    |
| Palliative Care Information: Low Intensity            | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Problem Oriented<br>Guidelines |
| Parenteral Nutrition Management                       | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Parkinson Disease - Self-Care                         | Self-Management                        |                           | Self-Management                        | Neurology                      |
| Parkinson Disease Information: Low Intensity          | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                      |
| Peripheral Vascular Problems                          | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Physical Impairments                                  | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Pregnancy - Self-Care                                 | Self-Management                        |                           | Self-Management                        | Obstetrics and<br>Gynecology   |
| Pregnancy Information: Low Intensity                  | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Obstetrics and<br>Gynecology   |
| Pressure Injury Monitoring and Management             | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Pulmonary Treatments                                  | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions         |
| Readiness to Change                                   | Psychosocial                           |                           | Monitoring and<br>Management           | Social/Family                  |
| Respiratory Symptoms                                  | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                       |
| Safety  | Wellness                               |                           | Social<br>Determinants of<br>Health    |                                |
| Schizophrenia - Self-Care                             | Self-Management                        |                           | Self-Management                        | Behavioral Health              |
| Schizophrenia Information: Low Intensity              | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health              |
| Screening for Health-Related Social Needs             | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |                                |
| Seizure Disorders - Self-Care                         | Self-Management                        |                           | Self-Management                        | Neurology                      |
| Seizure Disorders Information: Low Intensity          | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                      |
| Sickle Cell Disease, Adult - Self-Care                | Self-Management                        |                           | Self-Management                        | Hematology -<br>Oncology       |
| Sickle Cell Disease, Adult Information: Low Intensity | Low Intensity<br>Disease<br>11         | 7                         | Low Intensity<br>Disease               | Hematology -<br>Oncology       |
|   | 1 1                                    |                           |  |                                |

|  | Management                             | ,                         | Management                             |   |
|--|--|---------------------------|--|---|
| Sickle Cell Disease, Pediatric - Self-Care                   | Self-Management                        |                           | Self-Management                        | Pediatrics                                |
| Sickle Cell Disease, Pediatric Information:<br>Low Intensity | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Pediatrics                                |
| Sleep  | Wellness                               |                           | Monitoring and<br>Management           | Wellness                                  |
| Sleep Apnea - Self-Care                                      | Self-Management                        |                           | Self-Management                        | Thoracic Surgery and<br>Pulmonary Disease |
| Sleep Apnea Information: Low Intensity                       | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Thoracic Surgery and<br>Pulmonary Disease |
| Social Support   | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |   |
| Spinal Cord Injury - Self-Care                               | Self-Management                        |                           | Self-Management                        | Neurology                                 |
| Spinal Cord Injury Information: Low Intensity                | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                                 |
| Stasis Ulcer Management                                      | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Stroke - Self-Care   | Self-Management                        |                           | Self-Management                        | Neurology                                 |
| Stroke Information: Low Intensity                            | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                                 |
| Substance Use  | Wellness                               |                           | Monitoring and<br>Management           | Wellness                                  |
| Substance-Related Disorders - Self-Care                      | Self-Management                        |                           | Self-Management                        | Behavioral Health                         |
| Substance-Related Disorders Information:<br>Low Intensity    | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Behavioral Health                         |
| Tobacco Use  | Wellness                               |                           | Monitoring and<br>Management           | Wellness                                  |
| Tracheostomy Management                                      | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Transportation   | Psychosocial                           | Social Needs              | Social<br>Determinants of<br>Health    |   |
| Traumatic Brain Injury - Self-Care                           | Self-Management                        |                           | Self-Management                        | Neurology                                 |
| Traumatic Brain Injury Information: Low Intensity            | Low Intensity<br>Disease<br>Management |                           | Low Intensity<br>Disease<br>Management | Neurology                                 |
| Travel   | Psychosocial                           | Social Needs              | Monitoring and<br>Management           | Social/Family                             |
| Urinary Catheter Management                                  | Health Status                          | Clinical<br>Interventions | Monitoring and<br>Management           | Clinical Interventions                    |
| Urinary Symptoms   | Health Status                          | Symptoms                  | Monitoring and<br>Management           | Symptoms                                  |
| Vaccinations, Adult  | Wellness                               |                           | Monitoring and<br>Management           | Wellness                                  |
| Vaccinations, Pediatric                                      | Wellness                               | }                         | Monitoring and                         | Wellness                                  |
|  |  |                           |  |   |

|                        |               |                           | Management                   |                        |
|------------------------|---------------|---------------------------|------------------------------|------------------------|
| Venous Thromboembolism | Health Status | Symptoms                  | Monitoring and<br>Management | Symptoms               |
| Ventilator Management  | Health Status | Clinical<br>Interventions | Monitoring and<br>Management | Clinical Interventions |
| Vision                 | Psychosocial  | Communication             | Monitoring and<br>Management | Communication          |
| Weight Change          | Health Status | Symptoms                  | Monitoring and<br>Management | Symptoms               |
| Wound Management       | Health Status | Clinical<br>Interventions | Monitoring and<br>Management | Clinical Interventions |

#### **Deleted Guidelines**

One assessment has been removed from the 25th edition of Chronic Care.

| Body System                  | Group      | Guideline          | MCG<br>Code | Reason   |
|------------------------------|------------|--------------------|-------------|--|
| Monitoring and<br>Management | Medication | Medication<br>List | C-<br>1032  | Guideline deleted as it has been replaced with General Medication Management (C-1027). |

### **Home Care**

### **New Features and Changes**

#### **Therapy Referral Definition Added**

In the Clinical Indications for Admission to Home Healthcare, a new footnote was added to the bullet "Rehabilitation therapy or equipment coordination" for the 25th edition of Home Care. This footnote includes definition links for physical therapy (PT) referral, occupational therapy (OT) referral, and speech language pathology (SLP) referral to assist the clinician in determining referral appropriateness upon admission to home healthcare

#### New Definition For Rehabilitation Completed for Safe Transfer

The definition for completion of rehabilitation services was added to Stage 3 of the Clinical Status column in the General Treatment Course for the 25th edition of most Home Care guidelines to assist the clinician in determining the appropriateness or readiness for discharge.

### **New Guidelines**

One new guideline for skilled intermittent home care has been added to the Optimal Recovery Guidelines section in the 25th edition of Home Care.

| Body System Guideline |                                     | MCG Code |
|-----------------------|-------------------------------------|----------|
| Neurology             | Amyotrophic Lateral Sclerosis (ALS) | M-4010   |

## **Guideline Name Changes**

Five guideline titles have been changed in the 25th edition of Home Care. Name changes are made to ensure the guideline content best reflects the appropriate population, codes, and visit data affiliated with the guideline.

| Body System            | 24th Edition Guideline Title                            | 25th Edition Guideline Title                  | MCG<br>Code |
|------------------------|---|---|-------------|
| Urology                | Bladder Excision  | Bladder Resection                             | S-2190      |
| Pediatrics             | Cellulitis, Orbital or Periorbital Abscess, Pediatric   | Cellulitis, Orbital or Periorbital, Pediatric | P-2114      |
| Pediatrics             | Idiopathic Thrombocytopenic Purpura (ITP),<br>Pediatric | Immune Thrombocytopenia (ITP),<br>Pediatric   | P-2207      |
| Skin and Wound<br>Care | Pressure Ulcers   | Pressure Injuries                             | M-4045      |
| Orthopedics            | Pressure Ulcer Closure                                  | Pressure Injury Closure                       | S-2956      |

#### **Deleted Guidelines**

| Body System               | Guideline   | MCG<br>Code | Reason  |
|---------------------------|---|-------------|---|
| Cardiovascular<br>Surgery | Aortic Aneurysm,<br>Abdominal, Endovascular<br>Repair   | S-<br>2131  | Guideline deleted as content moved into Aortic Aneurysm, Abdominal (S-2130); the care is nearly identical.  |
| Cardiovascular<br>Surgery | Cardiac Valve: Ross<br>Procedure                        | S-<br>2291  | Guideline deleted as content moved into the Cardiac Valve Replacement or Repair (S-2290) guideline due to low claims volume and low client usage. |
| Pediatrics                | Near-Drowning or Nonfatal<br>Submersion                 | P-<br>2147  | Guideline deleted as guideline has low claims volume and low client usage.  |
| Pediatrics                | Neutropenia after<br>Chemotherapy, Pediatric            | P-<br>2300  | Guideline deleted as content moved into the Chemotherapy, Pediatric (P-2087) guideline.   |
| Pediatrics                | Pneumothorax, Pediatric                                 | P-<br>2350  | Guideline deleted as content moved into Pneumothorax (M-2500) guideline due to low claims volume and low client usage.                            |
| Pediatrics                | Slipped Upper Femoral<br>Epiphysis, Closed<br>Reduction | P-<br>2443  | Guideline deleted as guideline has low claims volume and low client usage.  |
| Pediatrics                | Syncope, Pediatric                                      | P-<br>2448  | Guideline deleted as content moved into Syncope (M-2340) guideline due to low claims volume and low client usage.                                 |
| Pediatrics                | Venom Exposure from Bite or Sting, Pediatric            | P-<br>2470  | Guideline deleted as content moved into Venom Exposure from Bite or Sting (M-2610) guideline due to low claims volume and low client usage.       |

### **Behavioral Health Care**

#### **New Features and Changes**

#### Changes to Evidence Summary Recommendation Grades for Medications

In selected Behavioral Health Care guidelines (Medications, Testing Procedures, Therapeutic Services), Recommendation Grades provide additional insight into the reasoning underlying certain recommendations and the strength of the recommendation. In the 25th edition of Behavioral Health Care, a third possible Recommendation Grade may now be assigned to Criteria annotations within the Medications section to describe indications for which evidence is insufficient or does not demonstrate a net benefit, but the specific indication has been approved for that medication by a federal regulatory agency.

The Criteria section now includes the following Recommendation Grades:

- RG A1: Evidence demonstrates at least moderate certainty of at least moderate net benefit.
- RG A2: Evidence demonstrates a net benefit, but of less than moderate certainty, and may consist of a consensus of opinion of experts, case studies, and common standard care.
- RG A3: Evidence demonstrates an incomplete assessment of net benefit vs harm; the drug is currently approved by a federal regulatory
  agency.

The Inconclusive or Non-Supportive Evidence section includes the following Recommendation Grades:

- RG B: Evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended
- RG C1: Evidence demonstrates a lack of net benefit; additional research is recommended.
- RG C2: Evidence demonstrates potential harm that outweighs benefit; additional research is recommended.

#### **New Social Determinants of Health Assessment**

A new Social Determinants of Health Assessment has been added to Behavioral Health Care in the 25th edition. Use of this assessment will help identify, upon admission (or soon thereafter), patients at higher risk for an unmet health-related social need. There is a growing body of evidence that unmet health-related social needs can have a negative impact on quality of life and health outcomes, and results from this social determinants of health assessment should inform individual treatment plans and identify potential interventions to facilitate discharge planning and transitions of care. The assessment is available in the Behavioral Health Level of Care Guidelines and in the Care Guidelines for Behavioral Health (as well as in all inpatient guidelines in Inpatient & Surgical Care and Multiple Condition Management and in Problem Oriented General Recovery Guidelines and Body System General Recovery Guidelines in General Recovery Care) and may be answered by the patient or a parent or caregiver. The assessment covers housing insecurity, food insecurity, insufficient transportation, insufficient utilities, personal safety risk, insufficient dependent care, and depression risk. The assessment can be accessed from a pop-up bullet on Day 1 in the Recovery Course.

#### Behavioral Health Care GLOS Changes

 $\label{thm:condition} \mbox{Goal Length of Stay has changed for 2 guidelines in the 25th edition of Behavioral Health Care.}$ 

| Body System | Guideline | MCG  | 24th Edition | 25th Edition |  |
|-------------|-----------|------|--------------|--------------|--|
|             | 120       | Code | GLOS         | GLOS         |  |
| 120         |           |      |              |              |  |

| Obsessive-Compulsive and Related Disorders | Obsessive-Compulsive and Related Disorders, Adult: Inpatient Care               | B-030-<br>IP | 2 days | 3 days |
|--|---|--------------|--------|--------|
| Obsessive-Compulsive and Related Disorders | Obsessive-Compulsive and Related Disorders, Child or Adolescent: Inpatient Care | B-029-<br>IP | 2 days | 3 days |

### **New Guidelines**

Six new guidelines have been added in the 25th edition of Behavioral Health Care.

| Body System           | Guideline  | MCG Code  |
|-----------------------|--|-----------|
| Therapeutic Services  | Wilderness Therapy   | B-822-T   |
| Withdrawal Management | Withdrawal Management, Adult: Inpatient Care               | B-031-IP  |
| Withdrawal Management | Withdrawal Management, Adult: Intensive Outpatient Program | B-031-IOP |
| Withdrawal Management | Withdrawal Management, Adult: Outpatient Care              | B-031-AOP |
| Withdrawal Management | Withdrawal Management, Adult: Partial Hospital Program     | B-031-PHP |
| Withdrawal Management | Withdrawal Management, Adult: Residential Care             | B-031-RES |

A corresponding Discharge Information patient handout for Withdrawal Management has also been added in the 25th edition of Behavioral Health Care.

| Body System       | Handout Title                                       |
|-------------------|---|
| Behavioral Health | Withdrawal Management, Adult: Discharge Information |

#### **Deleted Guidelines**

One guideline has been removed from the 25th edition of Behavioral Health Care.

| Body System                                | Group       | Guideline                | MCG<br>Code  | Reason  |
|--|-------------|--------------------------|--------------|---|
| Behavioral Health Level of Care Guidelines | Medications | Buprenorphine<br>Implant | B-002-<br>Rx | This medication was voluntarily discontinued by the manufacturer. |

## **Recovery Facility Care**

## **New Guidelines**

Five new guidelines have been added in the 25th edition of Recovery Facility Care.

| Body System                            | Guideline                         | MCG Code |
|--|-----------------------------------|----------|
| Cardiology                             | Hypertension                      | M-5197   |
| Cardiology                             | Peripheral Vascular Disease (PVD) | M-7087   |
| Nephrology                             | Rhabdomyolysis                    | M-7095   |
| Neurology                              | Encephalopathy                    | M-7100   |
| Thoracic Surgery and Pulmonary Disease | Rib Fracture                      | M-5545   |

## **Guideline Name Changes**

Three guideline titles have been changed in the 25th edition of Recovery Facility Care.

| Body System            | 24th Edition Guideline Title | 25th Edition Guideline Title | MCG Code |
|------------------------|------------------------------|------------------------------|----------|
| Cardiovascular Surgery | Aortic Aneurysm, Abdominal   | Aortic Aneurysm              | S-5130   |
| Skin and Wound Care    | Pressure Ulcers              | Pressure Injuries            | M-7045   |
| Orthopedics            | Pressure Ulcer Closure       | Pressure Injury Closure      | S-5956   |

#### **Deleted Guidelines**

Four guidelines have been removed from the 25th edition of Recovery Facility Care.

| Body System                                  | Guideline   | MCG<br>Code | Reason  |
|--|---|-------------|---|
| Cardiovascular<br>Surgery                    | Aortic Aneurysm, Thoracic   | S-<br>5140  | Guideline deleted as content moved into Aortic Aneurysm (S-5130) guideline (formerly Aortic Aneurysm, Abdominal) due to low claims volume and low client usage. |
| General Surgery                              | Gastric Obesity Surgery   | S-<br>5512  | Guideline deleted as guideline has low claims volume and low client usage.  |
| Neurosurgery                                 | Craniotomy, Supratentorial, for<br>Surgery of Bleeding Intracranial<br>Aneurysm | S-<br>5412  | Guideline deleted as content moved into Craniotomy, Supratentorial (S-5410) guideline due to low claims volume and low client usage.                            |
| Thoracic Surgery<br>and Pulmonary<br>Disease | Pneumonia Due to<br>Pneumocystis  | M-<br>5284  | Guideline deleted as content moved into Pneumonia (M-5282) guideline due to low claims volume and low client usage.   |

### **Transitions of Care**

## **New Features and Changes**

#### **New Quality Measures Section**

A Quality Measures section has been added and appropriate questions have been tagged with the "QM" designation in 18 monitoring and management assessments related to condition issues (eg, blood pressure monitoring, nutritional status) in the 25th edition of Transitions of Care. The preliminary depression screening questions in the diagnosis-specific Self-Management assessments have also been tagged. The Quality Measures section describes the intent of the "QM" tag and how information provided in the questions may be requested by various accrediting organizations. The quality measures are intended to highlight areas of focus for major national quality initiatives. They are presented for reference purposes only and are neither an assurance of compliance nor a prescribed measurement set. The selection of accreditation organization, quality initiatives, measurements, and data collection instruments is at the user's discretion.

### **Guideline Name Changes**

Two assessment titles have been changed in the 25th edition of Transitions of Care.

| 24th Edition Guideline Title                | 25th Edition Guideline Title   | MCG Code |
|---|--------------------------------|----------|
| Evaluation of Available Caregiver Resources | Caregiver Resources Evaluation | C-1056   |
| Evaluation of Caregiver Strain              | Caregiver Strain Evaluation    | C-1126   |

### **Patient Information**

#### **New Patient Handouts**

One handout has been added to Discharge Information in the 25th edition.

| Body System            | Handout Title   |  |
|------------------------|---|--|
| Cardiovascular Surgery | Aortic Aneurysm, Thoracic, Endovascular Repair: Discharge Information |  |

#### **Handout Name Changes**

The names of 7 handouts in Discharge Information have been changed in the 25th edition.

| <b>Body System</b>        | 24th Edition Handout Title   | 25th Edition Handout Title   |
|---------------------------|--|--|
| Cardiovascular<br>Surgery | Abdominal Aortic Aneurysm, Endovascular Repair:<br>Discharge Information                         | Aortic Aneurysm, Abdominal, Endovascular Repair:<br>Discharge Information                            |
| Urology                   | Bladder Excision: Cystectomy with Urinary Diversion, Conduit or Continent: Discharge Information | Bladder Resection: Cystectomy with Urinary Diversion,<br>Conduit or Continent: Discharge Information |
| Pediatrics                | Cellulitis, Orbital or Periorbital Abscess, Pediatric:<br>Discharge Information                  | Cellulitis, Orbital or Periorbital, Pediatric: Discharge Information                                 |
| Pediatrics                | Fundoplasty, Esophagogastric, by Laparoscopy, Pediatric: Discharge Information 122               | Fundoplication, Esophagogastric, by Laparoscopy, Pediatric: Discharge Information                    |

Fundoplasty, Esophagogastric, by Laparoscopy: Discharge Fundoplication, Esophagogastric, by Laparoscopy: General Surgery Information Discharge Information **Pediatrics** Idiopathic Thrombocytopenic Purpura (ITP), Pediatric: Immune Thrombocytopenia (ITP), Pediatric: Discharge Discharge Information Information Orthopedics Pressure Ulcer Closure by Musculocutaneous or Free Pressure Injury Closure by Musculocutaneous or Free Flap: Flap: Sacral, Ischial, or Trochanteric Region: Discharge Sacral, Ischial, or Trochanteric Region: Discharge Information Information

#### **Deleted Handouts**

Two handouts have been removed in the 25th edition of Discharge Information.

| Body<br>System | Handout Title   | Reason   |
|----------------|---|--|
| Pediatrics     | Neutropenia after Chemotherapy,<br>Pediatric: Discharge Information | Handout removed as content moved into the Chemotherapy, Pediatric: Discharge Information handout.  |
| Urology        | Ureteroileal Conduit: Discharge<br>Information                      | Handout removed as content moved into Bladder Resection: Cystectomy with Urinary Diversion, Conduit or Continent: Discharge Information handout. |

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## МЕМО

DATE: 02/10/2022

| ТО        | San Francisco Health Plan Quality Improvement Committee  |
|-----------|--|
| FROM      | Jackie Hāgg, RN, MSN, LNC, Senior Nurse Specialist, Provider Quality and Outreach Eugenia Correa, RN, BSN, Provider Quality and Outreach Nurse Edward Cho, MPH, CPH, Provider Relations Specialist |
| REGARDING | 2021 Facility Site Reviews Report  |

#### BACKGROUND

California Department of Health Care Services (DHCS) requires Medi-Cal Managed Care Plans (MCP) to conduct a Full Scope Facility Site Review (FSR) for every Primary Care Provider (PCP) site as part of the initial credentialing process and at least every 36 months thereafter (DHCS All Plan Letter 20-006, 2020). The Full Scope FSR consists of two scored components that ensure consistent compliance with DHCS administrative and clinical guidelines:

- 1. <u>Site Review Survey (SRS)</u> evaluates 156 criteria in the areas of Access & Safety, Personnel, Office Management. Clinical Services. Preventive Services, and Infection Control
- 2. <u>Medical Record Review (MRR)</u> evaluates up to 92 criteria in the areas of Format, Documentation, Continuity & Coordination of Care, and Preventive Care (Pediatric, Adult, OB/CPSP)

FSR components are scored by Certified Site Reviewers (CSRs) using standardized audit tools developed by DHCS. DHCS defines "Not Pass" as any score under 80%. The three compliance levels for DHCS FSR Reviews:

| Exempted Pass    | 90% of above without a critical element deficiency         |
|------------------|--|
| Conditional Pass | 80-89% or 90% and above with a critical element deficiency |
| Not Pass         | Below 80%  |

San Francisco Health Plan (SFHP) works collaboratively and has an active Memorandum of Understanding (MOU) with Anthem Blue Cross of California (ABC) to review all PCP sites that are jointly contracted in the City and County of San Francisco in order to ensure compliance with criteria set forth by DHCS. SFHP also collaborates with Health Plan of San Mateo (HPSM) to share oversight responsibilities for mutually contracted PCP sites in San Francisco and San Mateo Counties. Per DHCS guidelines, FSR results are shared between MCPs to avoid over-auditing.

#### SUMMARY STATEMENT

SFHP maintains an annual FSR Work Plan for ~190 unique sites. The automated FSR software, Healthy Data Systems (HDS), continues to be customized and all site review information, scores, and action items are contained in this application. The FSR data is available to the Plan and Delegated Medical Groups for credentialing and quality assessment.

#### **2021 EXECUTIVE SUMMARY**

Facility Site Reviews (FSR) are conducted to ensure that all contracted Primary Care Provider (PCP) sites have sufficient capacity to provide appropriate primary health care services and can maintain patient safety standards and practices per the Department of Health Care Services (DHCS) All Plan Letter 20-006, Facility Site Reviews (FSR) and Medical Record Reviews (MRR). The FSR confirms the PCP site operates in compliance with all applicable local, state, and federal laws and regulations before opening provider panels to members. The FSR Team assists SFHP in other site review activity compliance as specified in PL 14-004, APL 20-006, PL 12-006, APL 15-023, and APL 16-015.

On March 16, 2020, the San Francisco Department of Public Health issued Order C19-07 directing all businesses and governmental agencies to cease nonessential operations at physical locations in the County in response to the COVID-19 Pandemic. As of November 10, 2021, the timeframes set forth in Executive Order N-12-21, extended through March 31, 2022 due in part because of data showing a plateau of cases in California and "the potential beginning of a new surge in COVID-19



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<u>cases</u>". Executive Order N-12-21 further states, "as flu season approaches, it is critical that California's health care facilities, already short-staffed and backlogged from the Delta variant and with high-levels of non-COVID-19 admissions, have the flexibilities that they need for additional capacity and to prevent staffing shortages".

On August 17, 2021, DHCS provisionally approved the SFHP FSR team's written plan for addressing backlogged site review activities and strategies to complete FSRs remotely. SFHP FSR team continues to improve on our mixed method process for FSRs (See Appendix B for SFHP Facility Site Review Remote Process Map). All sites due for an FSR will have the opportunity to participate in a two-part FSR review process. The on-site audits will be scheduled once it is safe to do so, based on local public health and DHCS guidance regarding site review activities.

On December 29, 2021, DHCS announced that for health plans to evaluate the site's capacity to deliver quality care, Certified Site Reviewers (CSRs) continue to use the 2014 FSR & MRR Tools and Standards until the delivery of an updated directive from DHCS, e.g. the Standards that have been in the process of updating since 2019. DHCS is also allowing Managed Care Plans (MCPs) to continue the flexibility in conducting site reviews and will accept all FSRs during the Public Health Emergency (PHE) for an additional six months by June 31, 2022.

The following chart highlights key dates related to FSR activities during the ongoing PHE.

| Communication Date        | Description  | Highlighted<br>Dates |  |  |  |  |  |
|---------------------------|--|----------------------|--|--|--|--|--|
| 3/4/2020                  | APL 20-006 and 2020 tool released  |                      |  |  |  |  |  |
| 3/16/2020                 | COVID PHE declared   |                      |  |  |  |  |  |
| 6/8/2020                  | APL 20-011 released FSR-suspension   |                      |  |  |  |  |  |
| 7/1/2020                  | APL 20-006 and 2020 tool original implementation date- delayed   |                      |  |  |  |  |  |
| 9/9/2021                  | APL 20-011 rescinded – FSR activities to resume  |                      |  |  |  |  |  |
| 11/10/2021                | EO N-21-21: Public health emergency extended through March 31, 2022  | 3/31/2022            |  |  |  |  |  |
| 12/21/2021                | 14-004 and 2019 version of FSR/MRR tool  | 3/1/2022             |  |  |  |  |  |
| 12/22/2021                | APL 20-006 and 2022 tool implementation  | 1/1/2022             |  |  |  |  |  |
| 12/29/2021                | DHCS will accept all Facility Site Review (FSR) during emergency (PHE)   | Until 6/31/2022      |  |  |  |  |  |
| 1/5/2022 (FAQ<br>Meeting) | <ul> <li>Discussed email sent by Nayeema Wani, DHCS Chief of MMU and clarifications sent to MCP Statewide Collaborative representatives on 12/29/21 that:         <ul> <li>Virtual FSRs may be conducted until June 30, 2022.</li> <li>Since APL 20-006 may not be implemented until July 1, 2022, requirements under PLs 14-004 and 03-02 will remain in effect until then (i.e., CAP timeline, provider appeals process, CSR/CMT certification process, etc.)</li> <li>Continue to enforce Policy Letter 14-004 (and CAP timelines), current reviewer certification requirements, current FSR data submission process (spreadsheet) and FSR/MRR Tools/Standards (dated January 1, 2020) until March 1, 2022 (see Nayeema's email on 12/21/21).</li> <li>No further updates on MSRP from DHCS possibly due to the tools and standards still being revised which are currently going through public comment this week.</li> <li>MCPs to continue to revise the APL 20-006 with possible implementation on or before July 1, 2022. Krista Riganti from Molina is leading this effort. Their first work group meeting starts on 1/5/22.</li> </ul> </li> </ul> | 1/1/2022             |  |  |  |  |  |

#### 2021 FSR ACTIVITIES SUMMARY

During Calendar Year 2021, SFHP FSR team continued to address the growing site review backlog by applying the remote mixed method facility site review process that included interim monitoring of critical elements, policy and protocol attestations, interview with CSR, and completion of corrective action plan, if indicated. The FSR team partnered with several providers to establish a remote electronic medical record (EMR) access process so that medical record reviews (MRRs) could be completed 100% remotely. The following charts highlight the FSR and MRR activities and results for reviews due in 2021.



### 2021 SITE REVIEW SURVEY (SRS) SCORE DISTRIBUTION

| Review Type  | No. of<br>Reviews | Overall | AS | PE | OM  | CS | PS | IC |
|--------------|-------------------|---------|----|----|-----|----|----|----|
| Initial SRS  | 8                 | 95      | 97 | 89 | 100 | 93 | 97 | 97 |
| Periodic SRS | 14                | 96      | 95 | 97 | 98  | 95 | 99 | 99 |

Includes shared SFHP sites audited by sister plans (Anthem Blue Cross or Health Plan of San Mateo)

## 2021 MEDICAL RECORD REVIEW (MRR) SCORE DISTRIBUTION

| Review Type  | No. of<br>Reviews | Overall | FO | DO | со  | PE | AD | ОВ  |
|--------------|-------------------|---------|----|----|-----|----|----|-----|
| Initial MRR  | 4                 | 97      | 96 | 94 | 100 | 96 | 94 | NA  |
| Periodic MRR | 9                 | 85      | 88 | 85 | 99  | 89 | 76 | 100 |

Includes shared SFHP sites audited by sister plans (Anthem Blue Cross or Health Plan of San Mateo)

### 2021 PROVIDER OUTREACH & EDUCATION

SFHP highlighted FSR audit criteria or resources in the monthly Provider Newsletter Update. The following topics were covered.

| 0010100.  |  |
|-----------|--|
| Month     | Subject  |
| January   | Folic Acid Supplementation   |
| February  | American Heart Month: Heart Healthy Medical Record Review Preventive Criteria                          |
| March     | National Colon Cancer Awareness Month: Medical Record Review Preventive Criteria for Colorectal Cancer |
| April     | Early and Periodic Screening, Diagnostic and Treatment (EPSDT)   |
| May       | Recognition and Management of Perinatal and Postpartum Mental Health Conditions in Primary Care        |
| June      | Initial IHEBA (IHEBA Alternative)  |
| July      | Viral Hepatitis B & C  |
| August    | Partnering to Promote myCAvax Enrollment and Administering the COVID-19 Vaccines                       |
| September | Pediatric and Adult Alcohol Use Assessment   |
| October   | Depression Screening   |
| November  | Diabetes   |
| December  | Flu Vaccine Awareness  |
|           |  |



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#### 2021 PROJECTS & UPDATES

- 1. SFHP FSR team played a major role in organizing and implementing the 2021 Didactic Training state-wide event that included 27 health plans and 181 attendees
- Nurse assignments were adjusted (site reassignment or MCP joint review) to accommodate differences in "virtual" FSR methodology
- 3. FSR team partnered with several clinics and clinic groups to complete Medical Record Reviews remotely though remote electronic medical records (EMR) access
- 4. FSR team continues to offer 1:1 consultation with providers interested in learning more about the new FSR Standards and Tools, with a focus on preventive criteria & documentation
- 5. FSR site reviewers participated in health plan collaborative meetings
  - a. DHCS Site Review Work Group (SRWG)
  - b. Public Health Emergency Plan Work Group
    - i. FSR Backlog
  - c. FSR Database Collaborative
    - i. Technical Subgroups
    - ii. FSR Canned Comments
  - d. Site Review Data System Technical Questions and Discussion
  - e. FSR FAQ Committee (clarifications regarding new Standards and Tools)
- 6. FSR team participated in internal cross functioning work groups
  - a. Maternal Depression Screening
  - b. Alcohol Screening
  - c. CCS Collaboration

#### 2022 UPCOMING OPPORTUNITIES

- 1. FSR team will continue to collaborate with FSR teams across California at bi-annual Site Review Work Group Meetings to discuss issues and quality improvement opportunities
- 2. FSR team plans to collaborate with more clinics to explore EMR access options so that Medical Record Reviews can be conducted remotely
- 3. FSR team will be establishing a Northern California Collaborative with local FSR teams
  - a. SFHP will take the lead on piloting the platform and will work with sister plans across California interested in the program
- 4. FSR team will explore avenues to support our PCP network in complying with new DHCS FSR Standards, such as updating Emergency Kits
- 5. FSR team will continue to work with UCSF, SPMF/CPMC, and other sites to get DHCS approval for non-SHA IHEBA alternatives
- 6. FSR team will continue MRR coding project for hybrid MRR abstractions
  - a. Develop provider coding sheets specific to new DHCS MRR criteria

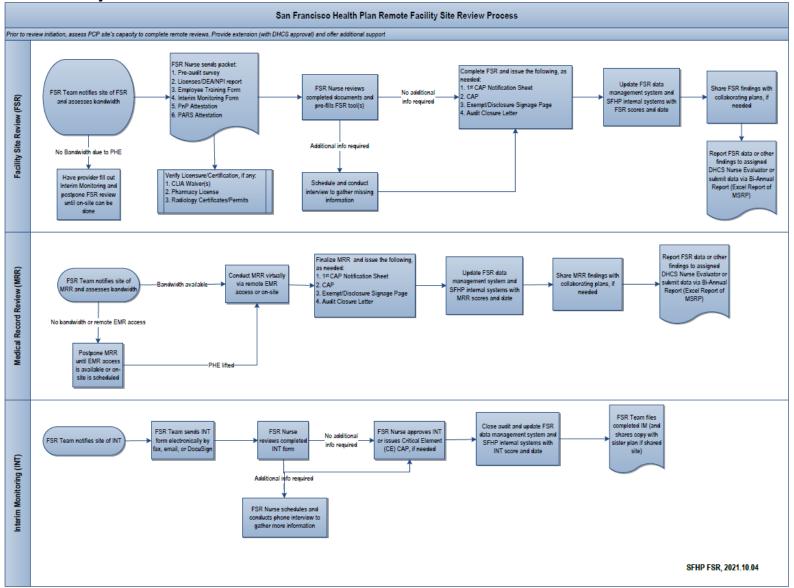


Appendix A: Abbreviations Key

|     | Key                  |     |                                 |  |  |  |  |  |
|-----|----------------------|-----|---------------------------------|--|--|--|--|--|
| FSR | Facility Site Review | MRR | Medical Record Review           |  |  |  |  |  |
| AS  | Access/Safety        | FO  | Format                          |  |  |  |  |  |
| PE  | Personnel            | DO  | Documentation                   |  |  |  |  |  |
| OM  | Office Management    | CO  | Continuity/Coordination of Care |  |  |  |  |  |
| CS  | Clinical Services    | PE  | Pediatric Preventive            |  |  |  |  |  |
| PS  | Preventive Services  | AD  | Adult Preventive                |  |  |  |  |  |
| IC  | Infection Control    | OB  | OB/CPSP Preventive              |  |  |  |  |  |



## Here for you Appendix B: SFHP Facility Site Review Remote Process



## UM Clinical Criteria

Presented by

Monica Baldzikowski RN, PHN

Matija J. Cale RN, MS

Jen Forte RN,CM



- General UM criteria overview
- SFHP internally developed criteria
- MCG Criteria (top 3 guidelines used)

# UM Clinical Criteria Hierarchy

- 1. SFHP internally developed and approved criteria
  - Genital Gender Confirmation Services
  - Non-Genital Gender Confirmation Services
  - EPSDT Private Duty Nursing
- MCG Care Guidelines
- 3. State/Federal (Medi-Cal/CMS) criteria (Medi-Cal only)
  If no Medi-Cal Criteria is available, Medicare/CMS criteria can be consulted on a case-by-case basis.
- 4. Chief Medical Officer (CMO) or physician designee (MD) review of the evidence in consultation with relevant external, independent specialty expertise obtained from SFHP's Independent Review Organization when there are no available external or internally developed and approved criteria.

# Top 3 MCG Guidelines

- #1: General Criteria: Observation
- On 5/1/20, due to the pandemic we launched the observation pilot.
  - Observation status is a hospital admission that requires providers to observe the patient for medically necessary services that are less acute than an inpatient stay.
  - Examples diagnoses include, Chest Pain, Cellulitis, Abdominal pain, and COPD
- Most diagnoses do not have an associated observation guideline, the nurses select the General Observation guideline instead.
- Criteria includes:
  - Clinical Care (testing, monitoring or treatment) needed beyond usual Emergency Dept. care
  - Clinical Care not appropriate for lower level of care
  - Clinical Conditions including allergic reaction, cardiac finding, hypertension, musculoskeletal condition, pain, wound or skin conditions, etc.

# Top 3 MCG Guidelines

- #2: Cellulitis
- Inpatient and Surgical Care Guideline
- Frequently used guideline due to number of skin infections in our patient population
- Criteria includes:
  - Hemodynamic instability
  - Failure of outpatient therapy
  - Bacteremia
  - Surgical procedure needed
  - Severe Pain

# Top 3 MCG Guidelines

- #3: Systemic or Infectious Condition
- General Recovery Guideline
- In the 24<sup>th</sup> edition of MCG, this guideline was most commonly used for COVID related admissions.
  - Note: now in 25<sup>th</sup> edition, the Acute Viral Illness Guideline was added for COVID related admissions.
- Criteria Includes:
  - Hemodynamic instability
  - Severe electrolyte abnormalities
  - Edema or lymphedema
  - Isolation that cannot be performed outside the hospital setting

## SFHP Gender Affirmation Services Criteria

- Based on WPATH Standards of Care and developed in collaboration with Gender Health SF
- 2 Sections:
  - □ Non-Genital Gender Confirmation Services Criteria
  - ☐ Genital Gender Confirmation Services Criteria

# SFHP EPSDT Private Duty Nursing Criteria

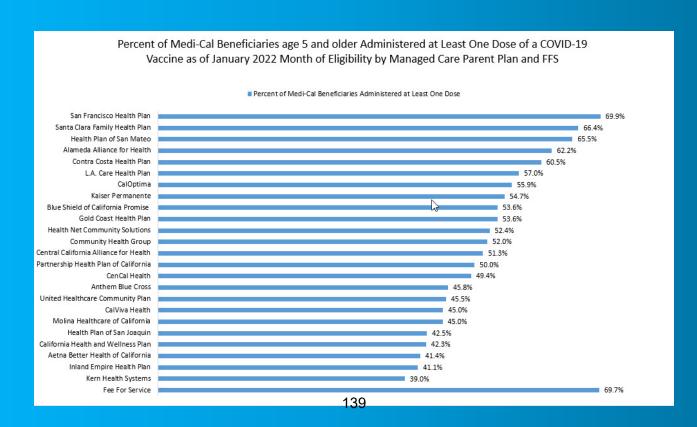
- CCS is the primary payer for EPSDT private duty nursing requests
- If CCS denies a request, then SFHP is responsible for reviewing the request for medical necessity
- Developed by the Utah Medicaid program, and is used by several local health plans in California
- It is an acuity grid that allows us to determine the appropriate number of PDN hours according to the acuity of the child's condition
- PDN Criteria



## **DHCS Quality Strategy**

Fiona Donald, MD 2/24/22 – QIC

## **COVID Vaccine Snapshot**



## **DHCS Quality Strategy**

## **BOLD GOALS:** 50x2025



Close racial/ethnic disparities in wellchild visits and immunizations by 50%





Close maternity care disparity for Black and Native American persons by 50%



Improve maternal and adolescent depression screening by 50%



Improve follow up for mental health and substance use disorder by 50%



Ensure all health plans exceed the 50th percentile for all children's preventive care measures

## DHCS – Quality Strategy



## **Health Equity Metrics**

- Colorectal Cancer Screening
- Blood Pressure Control
- Blood sugar control
- Prenatal and Postpartum Care

## Health Equity

The pursuit of health equity ought to be elevated as the fifth aim for health care improvement, purposefully including with all improvement and innovation efforts a focus on individuals and communities who need them most.

Nundy et al. JAMA Feb 8, 2022, pp. 521-522