



Mental Health Care Services

for San Francisco Health Plan Medi-Cal Members

Are you often depressed? Do you feel anxious? Are you concerned about your feelings? Or your child's behavior? Help is a phone call away.

San Francisco Health Plan works with a company called **Beacon Health Strategies** to help you connect with mental health services you need.

Beacon has a network of behavioral and mental health providers. They provide you with the mental health services covered by SFHP.

WHAT SERVICES ARE AVAILABLE FROM BEACON?

- Therapy – individual or group
- Psychiatric consultation
- Psychological testing
- Behavioral health treatments for Autism Spectrum Disorder (ASD)

DOES BEACON OFFER ANY SUBSTANCE USE SERVICES?

No. Beacon does not cover Medi-Cal substance use services. These services are managed by **San Francisco County Access Hotline at 1-888-246-3333**.

HOW CAN I GET HELP?

Call Beacon at **1-855-371-8117**. A mental health expert will ask you a few questions. There is no need to have a referral from your doctor to receive mental health services.

The expert will then help you find a Beacon provider nearby. You may also get help connecting with San Francisco County Access if you need more intensive services.

CAN COMMUNITY PROVIDERS MAKE REFERRALS TO BEACON?

Yes. Beacon accepts referrals from your doctors, hospitals and other community providers.

Providers can download a referral form online at: **www.sfhp.org/providers/provider-resources**.

Beacon Health Strategies

1-855-371-8117

TTY: 1-800-735-2929

Monday – Friday

8:30 a.m. – 5:00 p.m.

www.beaconhealthstrategies.com