



**Call your PCP and make  
an appointment today!**

**PCP NAME**  
**PCP PHONE NUMBER**

**MEMBER NAME**  
**ADDRESS**  
**CITY, STATE, ZIP CODE**



## Take Your Child to a Well-Child Visit and Earn a \$50 Gift Card!

Your child's health is important! Well-child visits help your child grow strong and stay healthy. Medi-Cal covers these visits at no cost to you.

### Why Are Well-Child Visits Important?

At each visit, your child's primary care provider\* (PCP) will:



**Check growth and development –**  
Make sure your child is growing as expected



**Give needed vaccines –**  
Protect your child from diseases like measles, flu, and whooping cough



**Test vision and hearing –**  
Make sure your child sees and hears well



**Check mental health –**  
Support for stress, anxiety, or sadness



**Answer your questions –**  
Get help with eating habits, sleep, or school concerns

\*Your primary care provider (PCP) is your main doctor or healthcare provider who helps you stay healthy and handles your medical care.



### Earn a \$50 Gift Card!

With SFHP's Health Rewards program, you can earn gift cards for taking care of your health. After you go to a well-care visit, you will automatically get a \$50 gift card sent to your mail!

**Give your child the best start in life! Make an appointment today.**



## What Happens During a Well-Child Visit?

- The PCP will check your child's health and ask questions to learn more about their well-being.
- They will look for any signs of medical, dental, or mental health concerns.
- You and the PCP will talk about ways to keep your child healthy.
- You can ask any questions about your child's:

Growth and development

Sleep habits

Eating and nutrition

School or learning concerns

Anything else you want to know!



**Give your child the best start in life! Make an appointment today.**

## Need to Update Your Address?

To make sure you receive your gift card, call SFHP Customer Service at **1(800) 288-5555** if:

- Your address has changed lately
- You have not received your gift card after 8 weeks

## Need a Ride? SFHP Can Help!

SFHP offers free rides for Medi-Cal visits, including well-child checkups.

Call Modivcare Customer Service at **1(855) 251-7098** or SFHP Customer Service at **1(800) 288-5555** to arrange a ride.

## How to Earn Your Gift Card

- ✓ Take your child to 1 well-child visit with their PCP or OB/GYN before the end of the year.
- ✓ Telehealth (video or phone) visits do not count for this reward.
- ✓ No forms needed! Your gift card will be mailed automatically.
- ✓ You can earn one gift card per child per year.
- ✓ Allow up to 8 weeks to get your gift card in the mail.



## Schedule Your Well-Care Visit Today!

Call your child's doctor (PCP) – their number is on your SFHP ID card.  
Need help? Call SFHP at **1(415) 547-7800** or **711** (TTY).