

Important Medi-Cal Health Services for Children Ages 1 Through 6

Routine check-ups help your child stay healthy and not get sick. These check-ups are called **well-child visits**. With Medi-Cal, well-child visits are no cost. You can also get a ride to and from a health visit.

Your child's doctor can help.

Call your child's primary care provider (PCP) to schedule a well-child visit. A **PCP** is your personal doctor if you need a check-up, want advice about a health problem, or get sick or hurt.

During a well-child visit, the PCP will check how your child is growing. They may also test for problems with **seeing, hearing, eating**, and their **mental health**.

If you have questions or concerns about your child, ask the PCP.



The PCP can also tell you if your child needs vaccines (shots). Vaccines keep your child from getting very sick. It also protects others around you from getting sick. Your child may need certain vaccines to go to day care or school.

Your child will also get a blood lead test at 12 months (1 years old) and 24 months (2 years old). This checks to see if your child has been exposed to lead. Being exposed to lead can have long term health problems.

Suggested Vaccines for Children Under 7 Include:

- Flu
- Hepatitis B (Hep B)
- Haemophilus influenzae type b (Hib)
- Pneumococcal conjugate (PCV15, PCV20)
- Polio (IPV)
- COVID-19
- Measles, mumps, and rubella (MMR)
- Varicella (VAR)
- Hepatitis A (HepA)
- Diphtheria, tetanus, and acellular pertussis (DTaP)



If your child misses a vaccine, you don't have to start over. Call your PCP right away to schedule a "catch-up" visit or to ask questions.