

# Important Medi-Cal Health Services for Children Under 1 Year of Age

Routine check-ups help your baby stay healthy and not get sick. These check-ups are called **well-child visits**. With Medi-Cal, your baby can get well-child visits at no cost.



## Your child's doctor can help.

Call your baby's primary care provider (PCP) to schedule a well-child visit. A PCP is your personal doctor if you need a check-up, want advice about a health problem, or get sick or hurt.

The PCP can also tell you if your child needs vaccines (shots). Vaccines keep your child from getting very sick. It also protects others around you from getting sick. Your child may need certain vaccines to go to day care or pre-school.

During a well-child visit, the PCP will check your child's weight and how they are growing. They may also test for problems with **seeing, hearing, eating**, or how they are **developing**.

If you have questions or concerns about your child, ask the PCP.

### Suggested Vaccines for Children Under 1 Include:

- **Rotavirus (RV)** prevents severe diarrhea (loose, watery stool)
- **Hepatitis B (HepB)** prevents HepB virus-related liver disease and cancer
- **Diphtheria (DTaP)** prevents breathing problems, muscle spasms, whooping cough
- **Hemophilic Influenza type B (Hib)** prevents meningitis (brain infection), pneumonia (lung infection), blood infection
- **Pneumococcal (PCV)** prevents pneumonia (lung infection), meningitis (brain infection)
- **Polio (IPV)** prevents muscle paralysis and disabilities
- **COVID-19 prevents Coronavirus disease**
- **Influenza (flu)** protects against serious illness caused by the flu (a respiratory virus)
- **Measles (MMR)** prevents pneumonia (lung infection), deafness, brain damage
- **Chickenpox (VAR)** prevents blisters, skin infections, nerve damage, loss of eyesight
- **Hepatitis A (HepA)** prevents fever, tiredness, diarrhea (loose, watery stool)



If your child misses a vaccine, you don't have to start over. Call your PCP right away to schedule a "catch-up" visit or to ask questions.

You can also get a ride to well-child visits at no cost. To ask for a ride, please call Modivcare at 1(855) 251-7098, Monday–Friday, from 8:30am–5:30pm.