

Date: July 1, 2024

To: Dr. Jane Smith, M.D., Internal Medicine  
123 Somewhere Court  
Any Town, CA 90000  
Email: janesmith@janesmith.com  
Fax: 1(415) 867-5309

From: John Smith, MD, Psychiatrist  
100 Anywhere Street  
Any City, CA 90000

Re: James  
DOB: 1/29/1986

Dear Dr. Smith,

**Overall Impression:** Mr. James is diagnosed with Schizoaffective Disorder (Depressive Type).

**Summary of Chief Complaints:** Mr. James, 37 years old and single, is a Caucasian man who has experienced chronic homelessness. His main symptoms include experiencing strange and paranoid beliefs, being overly focused on religious matters, hearing voices, having disorganized and irrational thought processes, and speaking in unrelated directions. These symptoms have been present since he was 21 years old. Mr. James also reported symptoms of depression including persistent sadness, feelings of hopelessness, loss of interest in activities that he used to enjoy, low energy, and hypersomnia. The most recent major depressive episode was 6 months ago which lasted for 8 weeks. These challenges have significantly impacted his ability to maintain steady employment and housing outside of incarceration. Mr. James has denied active use of any substance.

**Past Medical History:** Mr. James attended his first counseling session at the Mental Health Center. According to records, he was hesitant to talk about the events that led to his incarceration. He mentioned being in a tumultuous relationship for several years and shared that he had sought treatment at a local mental health clinic, but his girlfriend undermined his efforts by suggesting he didn't require treatment. During his time in prison, Mr. James experienced harassment from cellmates who extorted money from him and confiscated his medications.

**Treatment Plan:** The patient has been taking Risperidone 2 MG twice daily and Fluoxetine 20 mg once daily. He will continue weekly psychotherapy sessions with a psychologist. The side effects of this medication include an increase in blood glucose and cholesterol levels. Therefore, it is important to monitor the patient's LDL and A1c levels. Please check his LDL and A1c level every 12 months.

Feel free to contact me if further details are needed. I am eager to collaborate closely with you to support Mr. James effectively.

Thank you,  
Dr. John Smith