



## Resource Guide

Subject:	Psychosocial/Behavioral Assessment
Facility Site Review Source:	Department of Health Care Services (DHCS) All Plan Letter 20-006, Site Reviews: Facility Site Review and Medical Record Review or any superseding APL
Relevant Law/Standard:	IDEA Part H (Public Law 99-457(1986)/ Early Start Program
Agency//Organization Source:	American Academy of Pediatrics (AAP)
Agency/Organization URL	<a href="https://www.aap.org/en-us/Pages/Default.aspx">https://www.aap.org/en-us/Pages/Default.aspx</a>

**Background:**

Behavioral and emotional problems during childhood are common, often undetected, and frequently not treated despite being responsible for significant morbidity and mortality. By current estimates, approximately 11% to 20% of children in the United States have a behavioral or emotional disorder at any given time.

**Purpose:**

Psychosocial/behavior Assessment should be done at each well child visit. This assessment should be family centered and may include an assessment of child social-emotional health, caregiver depression, and social determinants of health.

- Per AAP, social determinants of health (SDOH) are the web of interpersonal and community relationships experienced by children, parents, and families.
- Per CDC, social determinants of health (SDOH) are conditions in the places where people live, learn, work, and play that affect a wide range of health and quality of life risks and outcomes.

**Links:**

- **Promoting Optimal Development: Screening for Behavioral and Emotional Problems**  
<https://pediatrics.aappublications.org/content/135/2/384>
- **Bright Futures Tool and Resource Kit, 2nd Edition**  
<https://toolkits.solutions.aap.org/bright-futures/home>
- **Poverty and Child Health in the United States**  
<https://publications.aap.org/pediatrics/article/137/4/e20160339/81482/Poverty-and-Child-Health-in-the-United-States>
- **Integrating Social Determinants of Health Into Health Supervision Visits**  
[https://brightfutures.aap.org/Bright%20Futures%20Documents/BF\\_IntegrateSDoH\\_Tipsheet.pdf](https://brightfutures.aap.org/Bright%20Futures%20Documents/BF_IntegrateSDoH_Tipsheet.pdf)
- **About Social Determinants of Health (CDC)**  
<https://www.cdc.gov/socialdeterminants/about.html>

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