

FSR Provider Pearl: Medical Record Review Preventive Services Depression Screening



October 10th is National Depression Screening Day ([DHCS, 2021](#)). The percentage of adults with recent symptoms of an anxiety or a depressive disorder increased from 36.4% to 41.5%, and the percentage of those reporting an unmet mental health care need increased from 9.2% to 11.7% during August 2020 to February 2021 ([MMWR Morb Mortal Wkly Rep 2021;70:490–494](#)). From Medical Record Reviews conducted by SFHP January 1, 2019 to current (September 30, 2021), 91% of eligible pediatric charts had documentation of depression screening, while 79% of eligible adult charts had documentation of depression screening.

All providers and support staff in the practice setting should be trained to facilitate depression screening and assessment of all appropriate members.



Below is a chart summarizing the requirements that are evaluated in the medical records of your members during your periodic site and medical record inspections by the Facility Site Review nurse evaluator. Consider using this chart to ensure your office practice or clinic is set-up for successfully complying with Medi-Cal Managed Care DHCS requirements.

<p>MRR_IV_C9(a): Depression Screening & Maternal Depression Screening</p>	<p>MRR_V_D6: Depression Screening</p>
<p>1-, 2-, 4-, 6-month visits (Maternal depression) 12-18 years old</p>	<p>18 years old and older</p>
<p>There should be evidence of documentation of at least one expanded screening, using a validated screening tool and brief intervention, every year.</p>	
<p>The Staying Healthy Assessment mental health question is not a validated depression screening tool. If, at any time, the PCP identifies potential depression through patient/parent questionnaires or examination, then screen further with a PHQ-2, PHQ-9, or other validated screening tools.</p>	
<p><i>Suggested validated assessment tools include, but are not limited to:</i></p> <ul style="list-style-type: none"> -Patient Health Questionnaire-2 (PHQ-2) -Patient Health Questionnaire-9 (PHQ-9) -Edinburgh Postnatal Depression Scale (Postpartum and pregnant women) -Kutcher Adolescent Depression Scale (KADS) <p>See AAP for more Mental Health Tools for Pediatrics</p>	<p><i>Suggested validated assessment tools include, but are not limited to:</i></p> <ul style="list-style-type: none"> -Patient Health Questionnaire-2 (PHQ-2) -Patient Health Questionnaire-9 (PHQ-9) -Hospital Anxiety and Depression Scales -Geriatric Depression Scale (older adults) -Edinburgh Postnatal Depression Scale (Postpartum and pregnant women)
<p>Additional screenings can be provided in a calendar year if medical necessity is documented.</p>	
<p>Resources</p> <ol style="list-style-type: none"> 1. SFHP FSR Resource Guide: Depression Screening 2. SFHP Maternal Depression Information Slides 3. Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice (Pediatrics Jan 2019, 143 (1), e20183259; DOI: 10.1542/peds.2018-3259) 	

For any questions about the Facility Site Review or Medical Record Review processes or tools, please contact Jackie at jhagg@sfhp.org or by her direct line at 1(415) 615-5637. You may also go to: [SFHP Website MRR Resources](#)

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P.O. Box 194247, San Francisco, CA 94119-4247

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